

Information to Home Care staff about coronavirus Covid-19

Your work here involves taking care of people who are at risk of becoming seriously ill if infected with the coronavirus. If you do not have any symptoms, then you can continue working as usual. As long as you are well and healthy, you are needed at work.

Stay at home if you have any of the following symptoms:

- sore throat • headache • nausea • muscle and joint pain
- fever • cough • breathing problems • runny nose

Inform about the risks of receiving visitors

You may need to inform those you care for about the risk of the virus spreading through social contacts with other people. Anyone over the age of 70 or considered at increased risk of complications from the coronavirus should limit their social interactions and contacts with other people.

Hand hygiene and personal protective equipment (PPE) and clothing are essential for infection control

Please follow these rules at all times:

- Wash and disinfect your hands before and after providing care.
- Your personal protective clothing should have short sleeves and be changed at least once daily.
- If you are at risk of coming into contact with bodily fluids whilst providing care, you must wear disposable gloves and personal protective equipment and clothing. In some situations, this may include wearing a protective face mask or visor.

What if you suspect that someone you care for has Covid-19?

Please report your concerns immediately to the Nurse or Manager in charge who will advise you on what to do next. Where there is a risk of infection from Covid-19, all staff coming into contact with the person in question are required to wear appropriate personal protective equipment and clothing. Personal protective equipment and clothing should be available at the workplace.

Would you like to know more?

Visit www.socialstyrelsen.se/covid19 for advice and support on how to inform about Covid-19 in:

- Other languages
- Easy-to-read format
- Image support format
- Sign language format