

Nationella riktlinjer 2024:

Bilaga: Metodbeskrivning

Vård vid ohälsosamma levnadsvanor

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Förord

Detta dokument är en bilaga och ingår i *Nationella riktlinjer för vård vid ohälsosamma levnadsvanor*. Dokumentet ger dels en generell beskrivning av Socialstyrelsens metod för att ta fram nationella riktlinjer för hälso- och sjukvården, socialtjänsten och tandvården, dels en beskrivning av vad som har varit specifikt i arbetet med riktlinjerna för vård vid ohälsosamma levnadsvanor.

Förutom denna bilaga består riktlinjerna även av dokumentet *Prioriteringsstöd till dig som beslutar om resurser* samt ett antal bilagor med rekommendationslista i Excelformat, kunskapsunderlag, fördjupad konsekvensanalys och räkneexempel.

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Enhetschef

Kunskapsstyrning för hälso- och sjukvården/Nationella riktlinjer och screening

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Metod för Socialstyrelsens arbete med nationella riktlinjer

Varför vi tar fram nationella riktlinjer

Socialstyrelsens mål med de nationella riktlinjerna är en god vård och omsorg på lika villkor. Riktlinjernas syfte är också att bidra till att rätt åtgärd används för rätt patientgrupp för att på så sätt höja kvaliteten i hälso- och sjukvården, socialtjänsten eller tandvården. De nationella riktlinjerna ska även bidra till att hälso- och sjukvårdens, socialtjänstens och tandvårdens resurser används effektivt, fördelas efter befolkningens behov samt styrs av systematiska och öppna prioriteringsbeslut.

Nationella riktlinjer fokuserar på områden, sociala insatser eller medicinska åtgärder där behovet av vägledning är som störst för beslutsfattare, socialtjänst-, tandvårds- samt hälso- och sjukvårdspersonal. Det kan exempelvis vara områden där kunskapsläget är osäkert, där förhållandet mellan kostnader och nytta är osäkert, eller där det finns omotiverade praxisskillnader. Ett annat skäl till att ta fram nationella riktlinjer är att stödja utvecklingen av en evidensbaserad praktik.

Nationella riktlinjer täcker därmed inte in alla frågeställningar inom ett område. En nationell riktlinje ger rekommendationer om åtgärder på gruppnivå. Riktlinjerna innehåller däremot inte rekommendationer om hur hälso- och sjukvården, socialtjänsten eller tandvården ska organisera sig. Riktlinjerna kan dock vara ett stöd när exempelvis regionerna skapar vårdprogram eller när kommuner och regioner tar fram gemensamma planer inom ett riktlinjeområde.

Beslut om vilka riktlinjer som Socialstyrelsen tar fram fattas av myndigheten. I enstaka fall ger regeringen uppdrag till myndigheten att ta fram nationella riktlinjer för ett visst område.

Varför vi tagit fram riktlinjer för vård vid ohälsosamma levnadsvanor

Riktlinjerna publicerades första gången 2011, då under namnet *Nationella riktlinjer för sjukdomsförebyggande metoder*. Riktlinjerna reviderades 2018 och bytte namn till *Nationella riktlinjer för prevention och behandling vid ohälsosamma levnadsvanor*. I denna version från 2024 är en del förändrat och annat är nytt. Vi har bland annat:

- tagit fram nya gränsvärden för riskbruk av alkohol, eftersom nya studier visar att det är mer skadligt att dricka alkohol än vi tidigare hade kunskap om
- inkluderat nikotinsnus i rekommendationerna om åtgärder vid snusning hos vuxna, och vid tobaksbruk hos unga under 18 år
- justerat prioriteten på rekommendationerna om snus, eftersom nya studier visar att det är mer skadligt att snusa än vi tidigare hade kunskap om
- uppdaterat den ekonomiska konsekvensanalysen och lagt till räkneexempel som belyser nyttan av att arbeta förebyggande
- presenterat rekommendationerna i en ny struktur för att göra dem mer överskådliga och tillgängliga.

Hur vi avgränsar ett riktlinjeområde

I inledningsfasen av arbetet med en riktlinje skapas en lista med tillstånd och åtgärder, så kallade tillstånds- och åtgärdspar. Med tillstånd menar vi ett hälsotillstånd som en person kan ha i form av en sjukdom, ett sjukdomsliknande tillstånd, en funktionsnedsättning eller en levnadsvana. Ett tillstånd kan också vara risk för en sjukdom, eller en särskild förutsättning som kan ha betydelse för vissa risker och sjukdomar. Ett tillstånd kan även vara avsaknaden av en riskfaktor eller sjukdom.

Till varje tillstånd kopplar vi en åtgärd som är möjlig att utföra. Med åtgärder menar vi allt från en behandling eller insats till förebyggande, diagnostiska och uppföljande åtgärder. Exempel på åtgärder är samtalsmetoder för att stödja förändringar i levnadsvanor och därigenom förbättra hälsa och minska risken för sjukdom.

Eftersom nationella riktlinjer fokuserar på de frågor inom ett område där det finns behov av vägledning kan det finnas många tillstånds- och åtgärdspar som vi inte tar med i listan.

Hur vi avgränsat dessa riktlinjer

Denna översyn har tagit sin utgångspunkt i *Nationella riktlinjer för prevention och behandling vid ohälsosamma levnadsvanor* som publicerades 2018.

Vid revideringen 2018 övervägdes ett antal nya åtgärder för inkludering. Exempel på åtgärder som övervägdes, men som ansågs ligga utanför området, var hälsosamtal och skolbaserade interventioner. Vad gäller skolbaserade interventioner så omfattar dessa oftast hela klasser (ges på gruppnivå), utförs av pedagoger (som inte omfattas av hälso- och sjukvårdslagen), samt har ett primärpreventivt fokus. Elevhälsan är dock en mottagare för riktlinjerna då dessa möter elever med ohälsosamma

levnadsvanor och innefattar professioner som omfattas av hälso- och sjukvårdslagen.

I riktlinjen från 2011 fanns det specifika rekommendationer för ett antal särskilda grupper, som till exempel vuxna med diabetes, cancer, hjärt-kärlsjukdom, eller vuxna med olycksfallsskada. Generellt sett är dessa grupper mindre studerade än personer utan dessa särskilda förutsättningar. Alla dessa specifika grupper ingår nu i gruppen vuxna med särskild risk. Därför ges inga enskilda rekommendationer för de specifika grupperna.

Ett antal frågeställningar, som ingick i förra versionen, ströks i och med översynen, främst för att det inte längre ansågs finnas något vägledningsbehov för hälso- och sjukvården i dessa frågor. Exempel på sådana frågeställningar är de som handlade om webbaserade interventioner. Även åtgärder som hade en FoU-rekommendation och som fortfarande inte hade vetenskapligt stöd ströks.

Hur vi bedömer tillståndets svårighetsgrad

För varje tillstånd i riktlinjerna görs en bedömning av tillståndets svårighetsgrad. Svårighetsgraden avgörs utifrån aktuellt hälsotillstånd och risken för framtida ohälsa.

Bedömningsarbetet utgår från en matris för att, på ett överskådligt sätt, kunna väga samman varje tillståndets påverkan på livskvalitet och livslängd. I matrisen beaktas symtom (fysiska eller psykiska) och funktionsnedsättningar, samt de praktiska och sociala konsekvenser som funktionsnedsättningarna medför. Även frekvensen med vilken tillståndet gör sig påmint beaktas. Matrisen tar också hänsyn till tillståndets varaktighet, risken för framtida livskvalitetspåverkan vid utebliven åtgärd och risken för förtida död.

Den sammanvägda svårighetsgraden av de olika dimensionerna bedöms sedan enligt en fyrgradig skala:

- mycket stor svårighetsgrad
- stor svårighetsgrad
- måttlig svårighetsgrad
- liten svårighetsgrad

I graderingen eftersträvas ett absolut tankesätt relaterat till ohälsa i stort, snarare än endast relativt till andra tillstånd inom det egna området. Mycket stor svårighetsgrad står med andra ord för betydande eller långvariga inskränkningar av hälsan eller stor risk för förtida död alternativt betydande nedsättning av livskvaliteten.

Hur vi bedömt tillståndets svårighetsgrad i dessa riktlinjer

I bedömningen av svårighetsgrad för de fyra olika ohälsosamma levnadsvanorna som ingår i riktlinjen, har vi utgått ifrån svårighetsgraden för ett antal allvarliga sjukdomar som är förknippade med levnadsvanan och risken att drabbas av dessa sjukdomar till följd av den ohälsosamma levnadsvanan om ingen åtgärd sätts in.

Eftersom det finns ett stort antal sjukdomar som är relaterade till respektive levnadsvana har vi utgått ifrån de vanligast förekommande sjukdomarna med allvarligast konsekvenser och vägt ihop dessa i bedömningen för respektive levnadsvana. I de fall där det finns nationella riktlinjer framtagna för någon av dessa sjukdomar så har vi använt oss av svårighetsgradsbedömningen som gjorts i dessa.

För att uppskatta risken att drabbas av dessa sjukdomar har vi tagit utgångspunkt i den samlade sjukdomsburden, Global burden of disease (GBD) för riskfaktorer i Sverige 2015. I GBD finns det angivet hur stor den relativa risken är att drabbas av ett antal allvarliga sjukdomar till följd av en ohälsosam levnadsvana. Alla uppskattade risker gäller dock endast per levnadsvana, det vill säga det finns inga data som visar hur stor risken är att drabbas av en allvarlig sjukdom om man har flera ohälsosamma levnadsvanor samtidigt.

Slutligen har vi viktat svårighetsgraden för de vanligast förekommande sjukdomarna kopplade till den ohälsosamma levnadsvanan mot risken att drabbas, vilket genererat en sammanvägd svårighetsgrad per levnadsvana (se bilaga 1).

För exempelvis rökning har vi värderat svårighetsgraden för, och risken att få, lungcancer, KOL och hjärt-kärlsjukdom. Svårighetsgraden är hämtad från tidigare riktlinjer för vård vid lungcancer, samt riktlinjer för astma-KOL, stroke och hjärtsjukvård. Den relativa risken att drabbas av sjukdomarna är hämtad från Global Burden of Disease (GBD). För snusning finns inga separata data i GBD och därför har risken värderats med hjälp av den sammanställning som Norska Folkehelseinstituttet gjorde 2019 samt en svensk studie som publicerades efter den norska sammanställningen [1, 2].

För riskbruk av alkohol har projektledningen gjort en bedömning av svårighetsgraden för cancer i mun-näsa-hals och olycksfall eftersom det saknas riktlinjer för dessa sjukdomar eller tillstånd. Projektledningen har även gjort en bedömning av svårighetsgraden av skadligt bruk eller beroende och risken för skadligt bruk eller beroende. I *Nationella riktlinjer för vård och stöd vid missbruk och beroende*, som vänder sig till både hälso- och sjukvården och socialtjänsten, finns inga svårighetsgradsbedömningar

gjorda. Det beror delvis på att det inte finns något lagligt stöd för att prioritera utifrån svårighetsgraden inom socialtjänsten.

Vi har uppdaterat gränsvärdena för riskbruk av alkohol eftersom nya studier visar att det är mer skadligt att dricka alkohol än vi tidigare hade kunskap om. De nya gränsvärdena innebär att fler män än tidigare bedöms ha ett riskbruk av alkohol. Det kan innebära att åtgärden har mindre effekt än tidigare eftersom man i studier har sett större effekt av åtgärden ju mer alkohol en person dricker [3]. Den svårare svårighetsgraden innebär att prioriteringarna skulle kunna förstärkas, medan den förväntade minskningen i effekt innebär att prioriteringarna skulle kunna försvagas. Socialstyrelsen bedömer att förändringarna är ungefär lika stora och att svårighetsgraden för riskbruk av alkohol därför inte behöver justeras.

För ohälsosamma matvanor har sjukdomarna tjocktarms- och ändtarmscancer, hjärt-kärlsjukdom och diabetes typ 2 använts för att bedöma svårighetsgraden. För att bedöma risken för sjukdom har vi använt den matvanan i GBD som gav den högsta risken för respektive sjukdom. Till exempel ger processat kött den högsta relativa risken för diabetes typ 2 och hjärt-kärlsjukdom.

För otillräcklig fysisk aktivitet är det samma sjukdomar som för ohälsosamma matvanor som legat till grund för svårighetsgradsbedömningarna.

För vissa grupper är ohälsosamma levnadsvanor mer riskfyllda än för andra och svårighetsgraden har därmed höjts ytterligare. Exempel på sådana grupper är personer som har en sjukdom, biologiska riskmarkörer, social sårbarhet, eller andra riskfaktorer (till exempel flera ohälsosamma levnadsvanor samtidigt eller en olycksfallsskada). Detta gäller även barn och unga där den ohälsosamma levnadsvanan kan påverka deras fysiska, psykiska och sociala utveckling negativt. Hos gravida som röker, snusar eller dricker alkohol har dessutom svårighetsgraden bedömts vara ytterligare förhöjd. Vid dessa tillstånd har både den gravida och fostret inkluderats i den sammanvägda bedömningen av svårighetsgrad, eftersom den gravida och fostret är biologiskt förbundna med varandra.

Projektledningen har utfört bedömningarna med visst stöd från Prioriteringscentrum i Linköping.

Hur vi tar fram kunskapsunderlag

Hur vi tar fram vetenskapligt underlag

Socialstyrelsen anlitar vetenskapligt välmeriterade experter inom aktuellt riktlinjeområde för att granska vetenskapliga studier för våra tillstånds- och

åtgärdspar. Med hjälp av Socialstyrelsens informationsspecialister gör experterna en systematisk litteratursökning efter i första hand välgjorda systematiska översikter. I andra hand söker experterna efter enskilda studier av god kvalitet.

De effekter av en åtgärd som vi avser att utvärdera ska i första hand vara individnära. Exempel på sådana mått är förbättrad överlevnad, livskvalitet och förbättrad funktionsförmåga. Beroende på det område som riktlinjerna gäller kan det dock finnas olika typer av effektmått som är viktiga att utvärdera.

De systematiska översikternas och de enskilda studiernas kvalitet granskas sedan med hjälp av särskilda mallar. Utifrån underlaget ska experterna kunna bedöma vilken effekt åtgärderna har på tillståndet och hur stark evidensen, eller den vetenskapliga grunden, är för effekten. Vi formulerar slutsatser om åtgärdens effekt på tillståndet samt anger med vilken evidensstyrka vi drar denna slutsats, exempelvis måttligt starkt vetenskapligt underlag (se tabell 1a). I det här skedet summerar vi alltså det rådande kunskapsläget men ger inte några rekommendationer.

För att värdera och gradera evidens i vetenskapliga studier använder vi GRADE (från engelskans ”The Grading of Recommendations, Assessment, Development and Evaluation”), som är en internationellt vedertagen metod. GRADE:s evidensgradering bygger på en fyrgradig skala – starkt, måttligt starkt, begränsat och otillräckligt vetenskapligt underlag. Sedan kunskapsunderlagen togs fram inför publiceringen 2018 har terminologin gällande evidensstyrka ändrats. I dessa riktlinjer använder vi den tidigare formuleringen.

Tabell 1a. Olika nivåer av evidens

Evidensstyrkan för det vetenskapliga underlaget bedöms utifrån hur tillförlitligt det vetenskapliga underlaget är

Evidensstyrka	Förklaring
Starkt vetenskapligt underlag (⊕⊕⊕⊕)	Innebär en stark tilltro till att den beräknade effekten ligger nära den verkliga effekten.
Måttligt starkt vetenskapligt underlag (⊕⊕⊕○)	Innebär viss osäkerhet, men den beräknade effekten ligger sannolikt nära den verkliga effekten.
Begränsat vetenskapligt underlag (⊕⊕○○)	Innebär en begränsad tilltro till att den beräknade effekten ligger nära den verkliga effekten.
Otillräckligt vetenskapligt underlag (⊕○○○)	Innebär ytterst begränsad tilltro till att den beräknade effekten ligger nära den verkliga effekten. Vetenskapligt underlag saknas, tillgängliga studier har låg kvalitet eller studier av likartad kvalitet är varandra motsägande.

Evidensgraderingen utgår bland annat från studiedesign, studiekvalitet, överförbarhet och studieresultatens säkerhet. Randomiserade kontrollerade studier utgår från ⊕⊕⊕⊕ medan observationsstudier utgår från ⊕⊕○○. Brister i studiernas tillförlitlighet, bristande överensstämmelse mellan studierna, bristande överförbarhet, bristande precision och hög sannolikhet för publikationsbias sänker graderingen. Graderingen för observationsstudier kan höjas om det till exempel finns stor effekt och inga sannolika förväxlingsfaktorer (confounders) eller ett tydligt dosrespons-samband.

Hur vi tagit fram det vetenskapliga underlaget i dessa riktlinjer

Socialstyrelsen har i detta riktlinjeprojekt anlitat experter för att ta fram vetenskapligt underlag för cirka hälften av frågeställningarna medan resterande frågeställningar har tagits fram av utredare på Socialstyrelsen. Breda litteratursökningar för samtliga frågeställningar, uppdelade per levnadsvaneområde, har gjorts av utredare på Socialstyrelsen (bilaga 2).

I första hand har sökningar gjorts efter systematiska översikter, men för en rad frågeställningar har även sökningar gjorts efter enskilda randomiserade kontrollerade studier. Detta gäller speciellt för barn och unga där det funnits begränsat med vetenskapliga studier. För ett antal frågeställningar har metaanalyser utförts med hjälp av Cochrane Collaborations Review Manager (RevMan) 5.3 eller RevMan web.

Utfallsmåttet för samtliga frågeställningar i riktlinjen har varit beteendeförändring, till exempel, minskning av alkoholkonsumtion eller ökning av fysisk aktivitet. Hälsorelaterade utfall, som effekter på sjukdomsutveckling, har inte utvärderats.

Efter att experter och utredare på Socialstyrelsen gallrat, sammanställt och värderat kunskapsunderlaget har områdesansvarig expert samt hela projektledningsgruppen granskat och bedömt kvaliteten på kunskapsunderlagen innan de har gått vidare till prioriteringsgruppen.

Vid denna översyn har vi sammanställt två nya kunskapsunderlag (rådgivande samtal med tillägg av skriftlig ordination av fysisk aktivitet för vuxna, id-nummer 17, respektive för vuxna med särskild risk, id-nummer 36).

När det vetenskapliga underlaget är otillräckligt

Det finns ibland åtgärder där det saknas vetenskapligt underlag från randomiserade kontrollerade studier eller där evidensstyrkan av andra orsaker bedöms som otillräcklig, vilket innebär att det inte går att uttala sig

om effekter, bieffekter eller oönskade effekter. Om det samtidigt inte förväntas någon ny forskning om en åtgärd kan Socialstyrelsen därmed överväga om det är möjligt att samla in beprövad erfarenhet av åtgärden.

Socialstyrelsen använder en modell för att systematiskt samla in beprövad erfarenhet. Modellen går ut på att – utifrån ett så kallat konsensusförfarande – bedöma om det råder enighet om en åtgärds effekt. Metoden lämpar sig dock inte när det finns starka motstående intressen eller åsikter om en åtgärd inom professionen.

Hur vi hanterat otillräckligt vetenskapligt underlag i dessa riktlinjer

I dessa riktlinjer har endast ett fåtal frågeställningar med otillräckligt vetenskapligt underlag bedömts lämpliga att genomgå ett konsensusförfarande. För de få frågeställningar där det bedömdes aktuellt att samla in beprövad erfarenhet var antalet svarande för få för att kunna bedöma om konsensus föreligger. För de tillstånds- och åtgärdspar där det inte har bedömts tillämpligt med ett konsensusförfarande eller där antalet svarande i panelen har varit för få har istället en extrapolering från andra underlag/frågeställningar gjorts. Detta gäller framför allt frågeställningarna som berör vuxna med särskild risk, där det vetenskapliga underlaget för den generella vuxna befolkningen har använts som underlag även för vuxna med särskild risk i prioriteringsarbetet.

Hur vi tar fram hälsoekonomiskt underlag

Parallellt med arbetet med övrigt vetenskapligt underlag tar hälsoekonomiska experter fram underlag om åtgärdens kostnadseffektivitet vid det aktuella hälsotillståndet och vilken evidens som finns för det. Socialtjänsten använder inte uttrycket *hälsoekonomi* om de uträkningar man gör om en insats och dess kostnadseffektivitet, men vi har valt att använda begreppet genomgående för alla våra riktlinjer.

Även de hälsoekonomiska experterna gör en systematisk litteraturgenomgång för att hitta publicerade hälsoekonomiska utvärderingar med relevans för de aktuella tillstånds- och åtgärdsparen inom riktlinjeområdet. Tillstånd och åtgärder i dessa sökningar utgår från samma sökord som i de övriga vetenskapliga underlagen. När riktlinjen innehåller flera möjliga åtgärder för ett tillstånd görs en samlad sökning för alla åtgärder. De effektmått som vi helst använder för att värdera kostnadseffektiviteten inom hälso- och sjukvården är kvalitetsjusterade levnadsår (så kallade QALY) och vunna levnadsår. Inom tandvården kan man exempelvis se på antal karierade och saknade tandytor (så kallade DMS). Inom socialtjänsten används till exempel minskad hemlöshet, ökad livskvalitet och ökat deltagande i samhällslivet som effektmått.

I de fall där vi gör bedömningen att studien är av god kvalitet och relevant för svenska förhållanden anger vi att evidensen är god (tabell 2a). I de fall där vi gör bedömningen att studien är av god kvalitet men har vissa brister när det gäller relevans för svenska förhållanden redovisar vi det som viss evidens. När det saknas relevanta studier gör experterna ofta egna modellberäkningar, kalkyler eller skattningar. Kostnadseffektiviteten klassificerar vi sedan enligt fyra kategorier eller som inte bedömbär när det saknas ett underlag för att beräkna den (tabell 2b).

Tabell 2a. Klassificering av den hälsoekonomiska evidensen

Hälsoekonomisk evidens klassas enligt fyra kategorier (förutsatt att studien är relevant) beroende på hur vi tagit fram underlaget

Hälsoekonomisk evidens	Beskrivning
God	Studie av god kvalitet med säkra resultat.
Viss	Studie av godtagbar kvalitet.
Kalkylerad	Fördjupade kalkyler.
Skattad	Egen bedömning, framtagen i dialog med faktagruppens experter.

Tabell 2b. Klassificering av kostnaden per vunnet kvalitetsjusterat levnadsår (QALY) eller vunnet levnadsår

Klassificering av kostnad	Beskrivning
Låg	Under 100 000 kr per vunnet QALY eller vunnet levnadsår.
Måttlig	100 000–499 999 kr per vunnet QALY eller vunnet levnadsår.
Hög	500 000–1 000 000 kr per vunnet QALY eller vunnet levnadsår.
Mycket hög	Över 1 000 000 kr per vunnet QALY eller vunnet levnadsår.
Ej bedömd	Åtgärdens effekt har inte bedömts.

Hur vi tagit fram det hälsoekonomiska underlaget i dessa riktlinjer

Projektledningen såg över alla frågeställningar i riktlinjerna för att identifiera åtgärder där en bedömning av kostnadseffektivitet var extra viktig att utföra. Utav fem tillstånds- och åtgärdspar, som bedömdes vara relevanta för en hälsoekonomisk bedömning, var det vetenskapliga underlaget för åtgärdens effekt otillräcklig för tre. Hälsoekonomisk bedömning gjordes därför för två tillstånds- och åtgärdspar, men där det visade sig att det hälsoekonomiska underlaget var otillräckligt för att kunna göra en

bedömning av kostnadseffektiviteten. Den hälsoekonomiska analysen gjordes av Institutet för hälso- och sjukvårdsekonomi (IHE).

I samband med översynen 2024 tog Socialstyrelsen fram fem räkneexempel tillsammans med två hälsoekonomiska experter. I exemplen utgick experterna från publicerade hälsoekonomiska studier eller gjorde egna modellberäkningar. Vi tog fram ett räkneexempel per levnadsvana och ett exempel gällande så kallade riktade hälsosamtal. Räkneexemplen användes inte för rangordningen av tillstånd och åtgärder utan som illustrativa exempel på hur förebyggande arbete kan påverka patienternas hälsa och hälso- och sjukvårdens resurser.

Hur vi tagit fram konsekvensbeskrivningen

Myndigheten beskriver de ekonomiska och organisatoriska konsekvenser som de högst prioriterade rekommendationerna kan förväntas leda till i jämförelse med nuvarande praxis. Beräkningen av de ekonomiska konsekvenserna utgår från en bedömning av gapet mellan dagens användning i praxis inom området och en förväntad nivå när Socialstyrelsens rekommendation införs i hälso- och sjukvården, socialtjänsten eller tandvården. Data och uppgifter hämtas från kvalitetsregister, Socialstyrelsens hälsodataregister, databaser hos Tandvårds- och läkemedelsförmånsverket och Statistiska centralbyrån och Sveriges kommuner och regioner samt publicerade studier och rapporter. Dessutom har vi en dialog med experter och professioner inom området. Samma arbetssätt har använts för att bedöma organisatoriska konsekvenser.

Vid översynen 2024 utgick vi från konsekvensanalyserna i riktlinjerna från 2018 och uppdaterade dem med nya data från 2022. Arbetet utfördes av Institutet för hälso- och sjukvårdsekonomi (IHE). Beskrivningen av de ekonomiska och organisatoriska konsekvenser som rekommendationerna kan förväntas leda till har försvårats av att det i stor utsträckning saknas data på nationell nivå om vilka åtgärder som utförs och i vilken utsträckning dessa utförs av hälso- och sjukvården.

Hur vi rangordnar tillstånd och åtgärder

Socialstyrelsen utformar ett förslag till rangordning där varje tillstånds- och åtgärdspar får en rekommendation efter angelägenhetsgrad baserad på en samlad bedömning av tillståndets svårighetsgrad, effekten av åtgärden, och dess evidens samt kostnadseffektiviteten. Inom socialtjänsten finns inget

lagligt stöd för att prioritera utifrån svårighetsgraden, så därför vägs i stället de övriga komponenterna samman.

Rangordningen utgår från hälso- och sjukvårdens etiska plattform i propositionen *Prioriteringar inom hälso- och sjukvården* (prop. 1996/97:60), socialtjänstlagens bärande principer och de vetenskapliga underlagen. I arbetet finns representation från olika yrkesgrupper inom riktlinjeområdet (till exempel läkare, socionomer, sjuksköterskor, psykologer och fysioterapeuter), aktuella vårdnivåer (primär- och närsjukvård, länssjukvård, regionsjukvård) eller olika verksamheter inom socialtjänsten. I arbetet finns även representation från olika delar av landet.

Åtgärderna rangordnas i en skala från 1 till 10. Siffran 1 anger åtgärder med högst prioritet. Siffran 10 anger åtgärder som ger mycket liten nytta alternativt liten nytta i förhållande till kostnaden vid det aktuella tillståndet.

Varje riktlinjeområde rangordnas för sig, och man jämför de olika åtgärderna för ett tillstånd inom just det området. Siffran 5 betyder inte nödvändigtvis samma sak i riktlinjerna för vård vid ohälsosamma levnadsvanor som i riktlinjerna för hjärtsjukvård. Inte heller ska en åtgärd som har fått siffran 1 i en riktlinje ställas mot en som fått siffran 3 i en annan. Däremot är ramarna för rangordningen densamma i alla riktlinjer:

- Åtgärder med dokumenterad effekt eller stöd i beprövad erfarenhet kan rangordnas mellan 1 och 10.
- Svåra hälsotillstånd och effektiva åtgärder rangordnas högre än mindre allvarliga sjukdomstillstånd och mindre effektiva åtgärder (ett tillståndsvårighetsgrad är dock ingen grund för rangordning inom socialtjänsten).
- Åtgärder med stor nytta för individen i förhållande till kostnaden rangordnas högre än åtgärder med liten nytta i förhållande till kostnaden.
- Åtgärder som kan betecknas som andrahandsval rangordnas lägre än förstahandsvalet. Hur mycket lägre rangordningen blir beror på hur mycket sämre effekten eller kostnadseffektiviteten är.

Förutom rangordningssiffrorna kan tillstånds- och åtgärdspar bli klassificerade som så kallade *icke-göra*-rekommendationer eller *FoU*-rekommendationer. Icke-göra innebär att åtgärden ska utmönstras ur hälso- och sjukvården, tandvården eller socialtjänsten för att

- det finns vetenskaplig dokumentation för att åtgärden inte har någon effekt (eller mycket sämre effekt än annan behandling)
- balansen mellan negativa och positiva effekter är påtagligt ogynnsam för individen
- fyndet av den diagnostiska åtgärden inte påverkar den fortsatta handläggningen.

FoU står för forskning och utveckling och innebär att åtgärden endast ska genomföras inom ramen för forskning och utveckling i form av systematisk utvärdering för att

- det saknas ett vetenskapligt underlag för effekten
- det vetenskapliga underlaget är otillräckligt och ytterligare forskning kan tillföra ny kunskap.

När Socialstyrelsen uppdaterar riktlinjer inom ett område tittar vi särskilt igenom det vetenskapliga underlaget för FoU-rekommendationerna för att se om ny kunskap tillkommit så att vi kan rangordna dessa.

Hur vi rangordnat tillstånd och åtgärder i dessa riktlinjer

I prioriteringsgruppen har 19 personer deltagit. Av dessa är majoriteten kliniskt verksamma inom hälso- och sjukvård och med kunskaper om och erfarenhet av arbete med ohälsosamma levnadsvanor. Gruppen har bestått av läkare, sjuksköterskor, dietister, fysioterapeuter, tandläkare samt en folkhälsovetare, en barnmorska, en arbetsterapeut, en psykolog och en patientföreträdare. Gruppen har bestått av fler kvinnor än män, men representerat olika vårdnivåer och företrätt alla sjukvårdsregioner. Samtliga deltagare har deklarerat jävsförhållanden och bedömts som opartiska.

Rekrytering av representanter till prioriteringsarbetet har skett genom nomineringar från sjukvårdsregionerna. Vid översynen 2024 fick vi hjälp av det nationella programområdet (NPO) levnadsvanor att ersätta de personer som hade lämnat gruppen sedan 2018 och att komplettera med en patientrepresentant.

För att nå konsensus i prioriteringsgruppen vid rangordningen av tillstånd och åtgärder har en modifierad Delphimetod använts. I korthet innebär metoden att kunskapsunderlagen som ligger till grund för rangordningen skickas ut till prioriteringsmedlemmarna via webbenkäter. Varje deltagare har sedan gått igenom kunskapsunderlagen på egen hand och gett ett förslag på en rangordningssiffra eller rekommendation om FoU eller icke-göra för de aktuella tillstånds- och åtgärdsparerna. I enkäten har det funnits möjlighet att kommentera och motivera sitt förslag.

Resultaten och kommentarerna har sedan sammanställts och avidentifierats och skickats ut till gruppen tillsammans med en ny webbenkät. Prioriteringsmedlemmarna har därefter fått möjlighet att revidera sina tidigare svar utifrån övriga medlemmars kommentarer och förslag till rangordning.

Slutligen har prioriteringsgruppen utgått från den andra omgångens resultat och diskuterat sig fram till ett slutgiltigt förslag om rangordning som hela gruppen står bakom.

I samband med översynen 2024 justerade prioriteringsgruppen rangordningen för ett antal rekommendationer gällande snus, eftersom svårighetsgraden hade ändrats. De två uppdaterade kunskapsunderlagen som låg till grund för rekommendationerna om rådgivande samtal med tillägg av skriftlig ordination för vuxna respektive vuxna med särskild risk, bedömdes redovisa en likvärdig effekt jämfört med underlagen från 2018. Prioriteringssiffrorna förblev därför oförändrade.

Hur vi tar fram nationella indikatorer

För varje riktlinje tar Socialstyrelsen fram nationella indikatorer.

Indikatorerna är olika slags mått som man kan använda för att följa upp att hälso- och sjukvården, socialtjänsten eller tandvården utför de åtgärder som riktlinjerna rekommenderar samt olika kvalitetsaspekter i den vård och omsorg som erbjuds. En indikator kan exempelvis vara andelen personer med depression som får kognitiv beteendeterapi, andelen personer med diabetes som röker, väntetid till kranskärlsröntgen vid stabil kärlkramp och 5-årsöverlevnad vid bröst-, prostata-, tjocktarms- eller ändtarmscancer.

En indikator ska

- ha vetenskaplig rimlighet (så kallad validitet), det vill säga bygga på en kunskapsbas (vetenskap eller beprövad erfarenhet) om vad som utmärker god vård och omsorg och att den verkligen mäter det den avser mäta
- vara relevant, det vill säga ha betydelse för områden där det finns problem, behövs förbättringar och där vård- och omsorgssystemet respektive socialtjänsten kan påverka det som indikatorn mäter
- vara mätbar, det vill säga vara beskriven så att den kan mätas på ett tillförlitligt sätt – exempelvis ska termer och begrepp vara tydligt definierade.

Indikatorer i dessa riktlinjer

De allra flesta indikatorerna är utvecklingsindikatorer eftersom det inte är möjligt att inhämta uppgifter via nationella register. Men det är viktigt att påpeka att många utvecklingsindikatorer redan idag kan följas upp på lokal eller regional nivå.

Indikatorerna redovisas i rapporten [Indikatorer för vård vid ohälsosamma levnadsvanor](#) på Socialstyrelsens webbplats. När Socialstyrelsen på nytt utvärderar vården vid ohälsosamma levnadsvanor kommer samtliga indikatorer att ses över.

Referenser

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Bilaga 1. Matris svårighetsgrad

Matris för bedömning av svårighetsgrad för respektive ohälsosam levnadsvana.

Levnadsvana	Svårighetsgrad			Risk att drabbas (utan åtgärd)			Svårighetsgrad viktad mot risk			Sammanvägd svårighetsgrad
Rökning	Cancer	KOL	Hjärt-kärlsjukdom	Cancer	KOL	Hjärt-kärlsjukdom	Cancer	KOL	Hjärt-kärlsjukdom	Stor-Mycket stor
	Mycket stor	Måttlig-Stor	Stor-Mycket stor	Mycket stor	Mycket stor	Mycket stor	Mycket stor	Måttlig-Stor	Stor-Mycket stor	
Ohälsosamma matvanor	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Stor
	Mycket stor	Stor-Mycket stor	Liten-Måttlig	Stor	Stor-Mycket stor	Stor	Stor-Mycket stor	Stor	Liten	
Alkohol	Cancer	Olycka	Skadligt bruk eller beroende	Cancer	Olycka	Skadligt bruk eller beroende	Cancer	Olycka	Skadligt bruk eller beroende	Måttlig-Stor
	Stor	Måttlig-Stor	Stor	Stor	Mycket stor	Stor	Måttlig-Stor	Måttlig-Stor	Måttlig-Stor	
Otillräcklig fysisk aktivitet	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Måttlig-Stor
	Mycket stor	Stor	Liten-Måttlig	Måttlig	Stor	Stor	Stor	Måttlig-Stor	Liten	

Bilaga: Metodbeskrivning

Levnadsvana	Svårighetsgrad			Risk att drabbas (utan åtgärd)			Svårighetsgrad viktad mot risk			Sammanvägd svårighetsgrad
Snusning	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Cancer	Hjärt-kärlsjukdom	Diabetes	Måttlig
	Stor	Stor-Mycket stor	Liten-Måttlig	Stor	Stor	Stor	Måttlig-Stor	Stor	Liten	

Bilaga 2. Sökstrategier

Tobaksbruk – vuxna

Dokumentation av informationssökning

Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	133259
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	274696
3.		1. OR 2.	303414
4.	MeSH	"Tobacco Use Cessation"[Mesh]	23327
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	125326
6.		4. OR 5.	132790
7.	MeSH	Attitude to health [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh:NoExp] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Tertiary Prevention"[Mesh]	1176742
8.	FT	advice*[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR	3600337

Dokumentation av informationssökning**Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24****Ämne: NR Levnadsvanor****Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)**

Söknr	Termtyp *)	Söktermer	Antal ref.
		behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation group*[tiab] OR cessation intervention*[tiab] OR cessation program*[tiab] OR cessation strateg*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR solving[ti] OR stages of	

Dokumentation av informationssökning**Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24****Ämne: NR Levnadsvanor****Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)**

Söknr	Termtyp *)	Söktermer	Antal ref.
		change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR web*[tiab] OR written information[tiab]	
9.		7. OR 8.	4279558
10.		3. AND 6. AND 9.	22640
11.		10. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	983

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24**Ämne: NR Levnadsvanor****Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)**

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	5784
2.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	873
3.	FT/TT, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	21500
4.		1. OR 2. OR 3.	21500

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24			
Ämne: NR Levnadsvanor			
Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
5.	MeSH	MeSH descriptor: [Tobacco Use Cessation] explode all trees	3505
6.	FT/TI, AB, KW	cessation or cease or quit or quitting or stop or stopping:ti,ab,kw (Word variations have been searched)	19410
7.		5. OR 6.	19410
8.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29476
9.	MeSH	MeSH descriptor: [Behavior Therapy] explode all trees	12531
10.	MeSH	MeSH descriptor: [Counseling] explode all trees	4026
11.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3385
12.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
13.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7493
14.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4964
15.	MeSH	MeSH descriptor: [Motivation] this term only	3605
16.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4403
17.	MeSH	MeSH descriptor: [Internet] explode all trees	2546
18.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2072
19.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18594
20.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1995
21.	MeSH	MeSH descriptor: [Social Support] explode all trees	2722
22.	MeSH	MeSH descriptor: [Communication] explode all trees	11471
23.	MeSH	MeSH descriptor: [Self-Help Groups] this term only	676
24.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
25.	MeSH	MeSH descriptor: [Health Education] this term only	3313
26.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	936
28.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2624
29.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
30.	FT/TT, AB, KW	advice* or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or "cessation group*" or "cessation intervention*" or "cessation program*" or "cessation strateg*" or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or conversation* or counseling or counselling or decision balance or decisional balance or digital or ehealth or e-health or "extended intervention*" or "external referral" or feedback or "goal setting" or "group therapies" or "group therapy" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or helpline* or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavior*" or	363834

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
		"theory of reasoned action" or "Trans Theoretical Model" or "Transtheoretical Model" or web* or "written information":ti,ab,kw or communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)	
31.		8. OR 9. OR 10. OR 11. OR 12. OR 13. OR 14. OR 15. OR 16. OR 17. OR 18. OR 19. OR 20. OR 21. OR 22. OR 23. OR 24. OR 25. OR 26. OR 27. OR 28. OR 29. OR 30.	380329
32.		4. AND 7. AND 31. AND Publication Year from 2008	2624: CDSR/87 DARE/122 HTA/35

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

FT/TI, AB, KW = Fritextterm/er - sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Antal ref.
1.	DE	DE "Smokeless Tobacco" OR DE "Tobacco Smoking" OR DE "Electronic Cigarettes"	26,378
2.	FT/TI, AB, SU	TI (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR AB (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR SU (tobacco	56,703

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco)	
3.		1. OR 2.	56,703
4.	DE	DE "Nicotine Withdrawal" OR DE "Smoking Cessation"	11,075
5.	FT/TI, AB, SU	TI (cessation OR cease OR quit OR quitting OR stop OR stopping) OR AB (cessation OR cease OR quit OR quitting OR stop OR stopping) OR SU (cessation OR cease OR quit OR quitting OR stop OR stopping)	38,142
6.		4. OR 5.	38,401
7.	DE	DE "Health Attitudes" OR DE "Decision Making" OR DE "Choice Behavior" OR DE "Professional Referral" OR DE "Professional Consultation" OR DE "Self-Efficacy" OR DE "Change Strategies" OR DE "Behavior Change" OR DE "Behavior Modification" OR DE "Life Coaching" OR MM "Counseling" OR DE "Group Counseling" OR DE "Text Messaging" OR DE "Lifestyle Changes" OR DE "Motivation" OR DE "Online Social Networks" OR DE "Cellular Phones" OR DE "Audiovisual Communications Media" OR DE "Audiotapes" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Films" OR DE "Photographs" OR DE "Radio" OR DE "Television" OR DE "Television Advertising" OR DE "Videotapes" OR DE "Hot Line Services" OR DE "Blog" OR DE "Computer Mediated Communication" OR DE "Electronic Learning" OR DE "Social Media" OR DE "Telecommunications Media" OR DE "Internet" OR DE "Telephone Systems" OR DE "Behavior Therapy" OR DE "Online Therapy" OR MM "Psychotherapy" OR DE "Social Support" OR DE "Communication" OR DE "Electronic Communication" OR DE "Interpersonal Communication" OR DE "Group Discussion" OR DE "Interviewing" OR DE "Interviews" OR DE "Self-Help Techniques" OR DE "Client Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR DE "Health Education" OR DE "Prevention" OR DE "Relapse Prevention" OR DE "Motivational Interviewing" OR DE "Readiness to Change" OR DE "Stages of Change"	406,469
8.	FT/TI, AB, SU	TI (advice* OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR	2,555,362

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR "cessation group*" OR "cessation intervention*" OR "cessation program*" OR "cessation strateg*" OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR helpline* OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR web* OR "written information" OR communicat* OR counsel* OR help* OR intervention* OR interview* OR program* OR service* OR solving OR support OR system* OR therapeutic OR therapies OR therapy OR treatment*) OR AB (advice* OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*"	

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR "cessation group*" OR "cessation intervention*" OR "cessation program*" OR "cessation strateg*" OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR helpline* OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR web* OR "written information" OR communicat* OR counsel* OR help* OR intervention* OR interview* OR program* OR service* OR solving OR support OR system* OR therapeutic OR therapies OR therapy OR treatment*) OR SU (advice* OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR	

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Antal ref.
		"behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR "cessation group*" OR "cessation intervention*" OR "cessation program*" OR "cessation strateg*" OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR helpline* OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR web* OR "written information" OR communicat* OR counsel* OR help* OR intervention* OR interview* OR program* OR service* OR solving OR support OR system* OR therapeutic OR therapies OR therapy OR treatment*)	
9.		7. OR 8.	2,589,752
10.		3. AND 6. AND 9. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	7,423
11.	ZC	(ZC "systematic review") or (ZC "meta analysis")	26,694

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Antal ref.
12.		10. AND 11.	223

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZC = Methodology

Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen - Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp)	Söktermer	Antal ref.
1.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	133327
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	274885
3.		1. OR 2.	303612
4.	MeSH	"Tobacco Use Cessation"[Mesh]	23344
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	125407
6.		4. OR 5.	132875
7.	MeSH	"Tobacco Use Cessation Products"[Mesh] OR "Varenicline"[Mesh] OR "Bupropion"[Mesh]	4722
8.	FT	nicotine patch*[tiab] OR nicotine transdermal patch*[tiab] OR nicotine replacement*[tiab] OR smoking cessation product*[tiab] OR nicotine nasal spray*[tiab] OR nicotine polacrilex[tiab] OR nicotine polacrilices[tiab] OR nicotine chewing gum*[tiab] OR nicotine replacement therap*[tiab] OR nicotine gum*[tiab] OR nicotine spray*[tiab] OR nicotine inhalat*[tiab] OR nicotine inhalant*[tiab] OR nicotine lozenge*[tiab] OR varenicline[tiab] OR bupropion[tiab]	5056

Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp)	Söktermer	Antal ref.
9.		7. OR 8.	8205
10.		3. AND 6. AND 9.	5186
11.		10. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	242

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
1.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	5784
2.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	873
3.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	21500
4.		1. OR 2. OR 3.	21500
5.	MeSH	MeSH descriptor: [Tobacco Use Cessation] explode all trees	3505
6.	FT/TI, AB, KW	cessation or cease or quit or quitting or stop or stopping:ti,ab,kw (Word variations have been searched)	19413
7.		5. OR 6.	19413

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
8.	MeSH	MeSH descriptor: [Tobacco Use Cessation Products] explode all trees	291
9.	MeSH	MeSH descriptor: [Varenicline] explode all trees	170
10.	MeSH	MeSH descriptor: [Bupropion] explode all trees	571
11.	FT	"nicotine patch*" or "nicotine transdermal patch*" or "nicotine replacement*" or "smoking cessation product*" or "nicotine nasal spray*" or "nicotine polacrilex" or "nicotine polacrilices" or "nicotine chewing gum*" or "nicotine replacement therap*" or "nicotine gum*" or "nicotine spray*" or "nicotine inhalat" * or "nicotine inhalant*" or "nicotine lozenge*" or varenicline or bupropion:ti,ab,kw (Word variations have been searched)	2096
12.		8. OR 9. OR 10. OR 11. AND Publication Year from 2008	1301: CDSR/34 DARE/41 HTA/22

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	DE	DE "Smokeless Tobacco" OR DE "Tobacco Smoking" OR DE "Electronic Cigarettes"	26,358
2.	FT/TI, AB, SU	TI (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR AB (tobacco or snus or snuff or	56,640

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp)	Söktermer	Antal ref.
		smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR SU (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco)	
3.		1. OR 2.	56,640
4.	DE	DE "Nicotine Withdrawal" OR DE "Smoking Cessation"	11,069
5.	FT/TI, AB, SU	TI (cessation OR cease OR quit OR quitting OR stop OR stopping) OR AB (cessation OR cease OR quit OR quitting OR stop OR stopping) OR SU (cessation OR cease OR quit OR quitting OR stop OR stopping)	38,111
6.		4. OR 5.	38,370
7.	DE	DE "Bupropion"	860
8.	FT/TI, AB, SU	TI ("nicotine patch*" or "nicotine transdermal patch*" or "nicotine replacement*" or "smoking cessation product*" or "nicotine nasal spray*" or "nicotine polacrilex" or "nicotine polacrilices" or "nicotine chewing gum*" or "nicotine replacement therap*" or "nicotine gum*" or "nicotine spray*" or "nicotine inhalat" * or "nicotine inhalant*" or "nicotine lozenge*" or varenicline or bupropion) OR AB ("nicotine patch*" or "nicotine transdermal patch*" or "nicotine replacement*" or "smoking cessation product*" or "nicotine nasal spray*" or "nicotine polacrilex" or "nicotine polacrilices" or "nicotine chewing gum*" or "nicotine replacement therap*" or "nicotine gum*" or "nicotine spray*" or "nicotine inhalat" * or "nicotine inhalant*" or "nicotine lozenge*" or varenicline or bupropion) OR SU ("nicotine patch*" or "nicotine transdermal patch*" or "nicotine replacement*" or "smoking cessation product*" or "nicotine nasal spray*" or "nicotine polacrilex" or "nicotine polacrilices" or "nicotine chewing gum*" or "nicotine replacement therap*" or "nicotine gum*" or "nicotine spray*" or "nicotine inhalat" * or "nicotine inhalant*" or "nicotine lozenge*" or varenicline or bupropion)	2,667
9.		7. OR 8.	3,378

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Nikotinläkemedel inkl. Vareniklin och Bupropion

Söknr	Termtyp *)	Söktermer	Antal ref.
10.		3. AND 6. AND 9. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	1,297
11.	ZC	(ZC "systematic review") or (ZC "meta analysis")	26,617
12.		10. AND 11.	40

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract och ämnesord

ZC = Methodology

Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	133327
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	274885
3.		1. OR 2.	303612
4.	MeSH	"Tobacco Use Cessation"[Mesh]	23344
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	125407
6.		4. OR 5.	132875
7.	MeSH	"Aversive Therapy"[Mesh] OR "Acupuncture"[Mesh] OR "Acupuncture Therapy"[Mesh] OR "Hypnosis"[Mesh] OR "Complementary Therapies"[Mesh:NoExp]	46345
8.	FT	hypnosis[tiab] OR hypnoses[tiab] OR hypnotism[tiab] OR hypnotherap*[tiab] OR hypnotic[tiab] OR acupuncture[tiab] OR aversion therap*[tiab] OR aversive therap*[tiab] OR adversive therap*[tiab] OR	40548

Databas: PubMed Databasleverantör: NLM Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur

Söknr	Termtyp *)	Söktermer	Antal ref.
		adversion therap*[tiab] OR alternative medicine[tiab] OR complementary medicine[tiab]	
9.		7. OR 8.	61319
10.		3. AND 6. AND 9.	291
11.		10. AND Filters: Meta-Analysis, Systematic Reviews, Publication date from 2008/01/01, Danish, English, Norwegian, Swedish.	14

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

Exp = Termen söks inklusive de mer specifika termerna som finns underordnade

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

FT = Fritextterm/er

tiab = sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-09

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	5784
2.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	873
3.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	21501
4.		1. OR 2. OR 3.	21501
5.	MeSH	MeSH descriptor: [Tobacco Use Cessation] explode all trees	3505
6.	FT/TI, AB, KW	cessation or cease or quit or quitting or stop or stopping:ti,ab,kw (Word variations have been searched)	19410
7.		5. OR 6.	19410
8.	MeSH	MeSH descriptor: [Aversive Therapy] explode all trees	91

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-05-09

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
9.	MeSH	MeSH descriptor: [Acupuncture] explode all trees	160
10.	MeSH	MeSH descriptor: [Acupuncture Therapy] explode all trees	3765
11.	MeSH	MeSH descriptor: [Hypnosis] explode all trees	630
12.	MeSH	MeSH descriptor: [Complementary Therapies] this term only	429
13.	FT/TI, AB, KW	hypnosis or hypnoses or hypnotism or hypnotherap* or hypnotic or acupuncture or "aversion therap*" or "aversive therap*" or "adversive therap*" or "adversion therap*" or "alternative medicine" or "complementary medicine":ti,ab,kw (Word variations have been searched)	15246
14.		8. OR 9. OR 10. OR 11. OR 12. OR 13.	15962
15.		4. AND 7. AND 14. AND Publication Year from 2008	43: CDSR/4 DARE/4 HTA/0

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24

Ämne: NR Levnadsvanor

Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur

Söknr	Termtyp)	Söktermer	Antal ref.
1.	DE	DE "Smokeless Tobacco" OR DE "Tobacco Smoking" OR DE "Electronic Cigarettes"	26,358
2.	FT/TI, AB, SU	TI (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR AB (tobacco or snus or snuff or	56,640

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-05-24			
Ämne: NR Levnadsvanor			
Dagligt tobaksbruk hos vuxen – Aversionsterapi, hypnos, akupunktur			
Söknr	Termtyp	Söktermer	Antal ref.
)	smoking or smoker or smokers or cigar or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR SU (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco)	
3.		1. OR 2.	56,640
4.	DE	DE "Nicotine Withdrawal" OR DE "Smoking Cessation"	11,069
5.	FT/TI, AB, SU	TI (cessation OR cease OR quit OR quitting OR stop OR stopping) OR AB (cessation OR cease OR quit OR quitting OR stop OR stopping) OR SU (cessation OR cease OR quit OR quitting OR stop OR stopping)	38,111
6.		4. OR 5.	38,370
7.	DE	DE "Aversion Therapy" OR DE "Covert Sensitization" OR DE "Hypnosis" OR DE "Hypnotherapy" OR DE "Acupuncture" OR DE "Alternative Medicine"	15,637
8.	FT/TI, AB, SU	TI (hypnosis OR hypnoses OR hypnotism OR hypnotherap* OR hypnotic OR acupuncture OR "aversion therap*" OR "aversive therap*" OR "adversive therap*" OR "adversion therap*" OR "alternative medicine" OR "complementary medicine") OR AB (hypnosis OR hypnoses OR hypnotism OR hypnotherap* OR hypnotic OR acupuncture OR "aversion therap*" OR "aversive therap*" OR "adversive therap*" OR "adversion therap*" OR "alternative medicine" OR "complementary medicine") OR SU (hypnosis OR hypnoses OR hypnotism OR hypnotherap* OR hypnotic OR acupuncture OR "aversion therap*" OR "aversive therap*" OR "adversive therap*" OR "adversion therap*" OR "alternative medicine" OR "complementary medicine")	
9.		7. OR 8.	27,559
10.		3. AND 6. AND 9. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	64
11.	ZC	ZC "systematic review" OR ZC "meta analysis"	26,617
12.		10. AND 11.	3

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZC = Methodology

Tobaksbruk – vuxna inför operation

Databas: PubMed Databasleverantör: NLM Datum: 2017-12-18

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
1.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh] OR "Smoking"[Mesh]	138825
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	301594
3.		1. OR 2.	331887
4.	MeSH	"Tobacco Use Cessation"[Mesh] OR "Smoking Cessation"[Mesh]	23327
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	137519
6.		4. OR 5.	145508
7.	MeSH	Attitude to health [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh:NoExp] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Tertiary Prevention"[Mesh]	1204164
8.	FT	advice*[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior	3936960

Databas: PubMed Databasleverantör: NLM Datum: 2017-12-18

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
		<p>program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation group*[tiab] OR cessation intervention*[tiab] OR cessation program*[tiab] OR cessation strateg*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR</p>	

Databas: PubMed Databasleverantör: NLM Datum: 2017-12-18

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
		system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR web*[tiab] OR written information[tiab]	
9.		7. OR 8.	4603972
10.	Mesh	"Perioperative Period"[Mesh] OR "Surgical Procedures, Operative"[Mesh]	2812071
11.	FT	operative[tiab] OR preoperative[tiab] OR perioperative[tiab] OR postoperative[tiab] OR pre-operative[tiab] OR peri-operative[tiab] OR post-operative[tiab] OR intraoperative[tiab] OR intra-operative[tiab] OR surger*[tiab] OR surgical[tiab]	1914076
12.		10 OR 11	3712022
13.		3 AND 6 AND 9 AND 12	1134
14.		Filters: Publication date from 2016/05/01, Systematic Reviews; English	17

Databas: Cochrane library Databasleverantör: Wiley Datum: 2017-12-20

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
1.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	6434
2.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	1022
3.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	26018
4.		1. OR 2. OR 3.	26018
5.	MeSH	MeSH descriptor: [Tobacco Use Cessation] explode all trees	4049

Databas: Cochrane library Databasleverantör: Wiley Datum: 2017-12-20			
Ämne: NR Sjukdomsförebyggande metoder			
Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation			
Söknr	Termtyp	Söktermer	Databas/ Antal ref.
6.	FT/TI, AB, KW	cessation or cease or quit or quitting or stop or stopping:ti,ab,kw (Word variations have been searched)	23472
7.		5. OR 6.	23472
8.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	32843
9.	MeSH	MeSH descriptor: [Behavior Therapy] explode all trees	12531
10.	MeSH	MeSH descriptor: [Counseling] explode all trees	4792
11.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3810
12.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	700
13.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	8323
14.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	5829
15.	MeSH	MeSH descriptor: [Motivation] this term only	4068
16.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	5428
17.	MeSH	MeSH descriptor: [Internet] explode all trees	3209
18.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2332
19.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	21406
20.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2449
21.	MeSH	MeSH descriptor: [Social Support] explode all trees	3139
22.	MeSH	MeSH descriptor: [Communication] explode all trees	12794
23.	MeSH	MeSH descriptor: [Self-Help Groups] this term only	780
24.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	595
25.	MeSH	MeSH descriptor: [Health Education] this term only	3685
26.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	390

Databas: Cochrane library Databasleverantör: Wiley Datum: 2017-12-20

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	1040
28.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2871
29.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	4
30.	FT/TI, AB, KW	advice* or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or "cessation group*" or "cessation intervention*" or "cessation program*" or "cessation strateg*" or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or conversation* or counseling or counselling or decision balance or decisional balance or digital or ehealth or e-health or "extended intervention*" or "external referral" or feedback or "goal setting" or "group therapies" or "group therapy" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or helpline* or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or	567982

Databas: Cochrane library Databasleverantör: Wiley Datum: 2017-12-20			
Ämne: NR Sjukdomsförebyggande metoder			
Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation			
Söknr	Termtyp	Söktermer	Databas/ Antal ref.
		"theory of reasoned action" or "Trans Theoretical Model" or "Transtheoretical Model" or web* or "written information":ti,ab,kw or communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)	
31.		8 - 30 OR	581224
32.	Mesh	MeSH descriptor: [Perioperative Period] explode all trees	7707
33.	Mesh	MeSH descriptor: [Surgical Procedures, Operative] explode all trees	120790
34.	FT /TI, AB, KW	operative OR preoperative OR perioperative OR postoperative OR pre-operative OR peri-operative OR post-operative OR intraoperative OR intra-operative OR surger* OR surgical:ti,ab,kw (Word variations have been searched)	170234
35.		32 OR 33 OR 34	218474
36.		4 AND 7 AND 31 AND 35 Publication Year 2016-2017	CDSR 5 CENTRAL 63

Kompletterande RCT-sökningar

Databas: PubMed Databasleverantör: NLM Datum: 2018-01-25			
Ämne: NR Sjukdomsförebyggande metoder			
Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation			
Söknr	Termtyp	Söktermer	Antal ref.
1.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh] OR "Smoking"[Mesh]	139726
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	303214
3.		1 OR 2	333638

Databas: PubMed Databasleverantör: NLM Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
4.	MeSH	"Tobacco Use Cessation"[Mesh] OR "Smoking Cessation"[Mesh]	25879
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	138262
6.		4 OR 5	146293
7.	MeSH	Attitude to health [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh:NoExp] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Tertiary Prevention"[Mesh]	1211982
8.	FT	advice*[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation group*[tiab] OR cessation intervention*[tiab] OR cessation program*[tiab] OR cessation strateg*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR feedback[tiab] OR goal	3958472

Databas: PubMed Databasleverantör: NLM Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
		setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR web*[tiab] OR written information[tiab]	
9.		7 OR 8	4628736
10.	Mesh	"Perioperative Period"[Mesh] OR "Surgical Procedures, Operative"[Mesh]	2822814
11.	FT	operative[tiab] OR preoperative[tiab] OR perioperative[tiab] OR postoperative[tiab] OR pre-operative[tiab] OR peri-operative[tiab] OR post-operative[tiab] OR intraoperative[tiab] OR intra-operative[tiab] OR surger*[tiab] OR surgical[tiab]	1924602
12.		10 OR 11	3728373

Databas: PubMed Databasleverantör: NLM Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Antal ref.
13.		3 AND 6 AND 9 AND 12	1144
14.		Filters: Publication date from 2014/09/01, Randomized Controlled Trial; English	17
15.		13 AND random*[tiab] NOT Medline[sb] Filters: Publication date from 2014/09/01	6

Databas: Cochrane library Databasleverantör: Wiley Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
1.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	2413
2.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	1022
3.	MeSH	MeSH descriptor: [Smoking] explode all trees	3491
4.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	26064
5.		1. OR 2. OR 3.	26064
6.	MeSH	MeSH descriptor: [Tobacco Use Cessation] explode all trees	1867
7.	MeSH	MeSH descriptor: [Smoking Cessation] explode all trees	2194
8.	FT/TI, AB, KW	cessation or cease or quit or quitting or stop or stopping:ti,ab,kw (Word variations have been searched)	23520
9.		5. OR 6.	23520
10.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	33042
11.	MeSH	MeSH descriptor: [Behavior Therapy] explode all trees	14722
12.	MeSH	MeSH descriptor: [Counseling] explode all trees	4818

Databas: Cochrane library Databasleverantör: Wiley Datum: 2018-01-25			
Ämne: NR Sjukdomsförebyggande metoder			
Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation			
Söknr	Termtyp	Söktermer	Databas/ Antal ref.
13.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3837
14.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	701
15.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	8381
16.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	2982
17.	MeSH	MeSH descriptor: [Motivation] this term only	4101
18.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	5413
19.	MeSH	MeSH descriptor: [Internet] explode all trees	3243
20.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2347
21.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	21549
22.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2471
23.	MeSH	MeSH descriptor: [Social Support] explode all trees	3162
24.	MeSH	MeSH descriptor: [Communication] explode all trees	10336
25.	MeSH	MeSH descriptor: [Self-Help Groups] this term only	724
26.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	32040
27.	MeSH	MeSH descriptor: [Health Education] this term only	3701
28.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	395
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	1044
30.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2878
31.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	4
32.	FT/TI, AB, KW	advice* or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour	424597

Databas: Cochrane library Databasleverantör: Wiley Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
		<p>change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or "cessation group*" or "cessation intervention*" or "cessation program*" or "cessation strateg*" or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or conversation* or counseling or counselling or decision balance or decisional balance or digital or ehealth or e-health or "extended intervention*" or "external referral" or feedback or "goal setting" or "group therapies" or "group therapy" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or helpline* or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Trans Theoretical Model" or "Transtheoretical Model" or web* or "written information":ti,ab,kw</p> <p>or</p> <p>communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)</p>	
33.		8 - 30 OR	447875

Databas: Cochrane library Databasleverantör: Wiley Datum: 2018-01-25

Ämne: NR Sjukdomsförebyggande metoder

Dagligt tobaksbruk hos vuxen - Rådgivande samtal i samband med operation

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
34.	Mesh	MeSH descriptor: [Perioperative Period] explode all trees	7739
35.	Mesh	MeSH descriptor: [Surgical Procedures, Operative] explode all trees	121198
36.	FT /TI, AB, KW	operative OR preoperative OR perioperative OR postoperative OR pre-operative OR peri-operative OR post-operative OR intraoperative OR intra-operative OR surger* OR surgical:ti,ab,kw (Word variations have been searched)	170234
37.		32 OR 33 OR 34	218800
38.		4 AND 7 AND 31 AND 35 Publication Year 2014-	90 CDSR 11 CENTRAL 79

Tobaksbruk – gravida

Databas: PubMed Databasleverantör: NLM Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
1.	Mesh	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	138047
2.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	110478
3.		1 OR 2	208991
4.	Mesh	"Tobacco Use Cessation"[Mesh]	24594
5.	FT	cessation[tiab] OR cease[tiab] OR quit[tiab] OR quitting[tiab] OR stop[tiab] OR stopping[tiab]	131851
6.		4 OR 5	139641
7.	Mesh	"Pregnancy"[Mesh] OR "Pregnant Women"[Mesh] OR "Infant, Newborn"[Mesh] OR Breast Feeding[MeSH] OR Lactation[MeSH] OR Milk, Human/drug effects[MeSH] OR Postpartum Period[MeSH] OR Maternal health services [MeSH] OR "Maternal Exposure"[Mesh] OR "Pregnancy Complications"[Mesh]	1246629

Databas: PubMed Databasleverantör: NLM Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
8.	FT	pregnan*[tiab] OR expectant[tiab] OR expecting[tiab] OR gravid*[tiab] OR prepartum[tiab] OR prenatal[tiab] OR antenatal[tiab] OR maternal*[tiab] OR fetal*[tiab] OR foetal*[tiab] OR fetus[tiab] OR foetus[tiab] OR breast-feed*[tiab] OR breastfeed*[tiab] OR breast-fed [tiab] OR breastfed [tiab] OR breast milk [tiab] OR lactati*[tiab] OR postpartum[tiab] OR newborn*[tiab] OR infant[tiab]	1045479
9.		7 OR 8	1627388
10.	Mesh	Attitude to health [MeSH] OR Behaviour therapy [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	626001
11.	FT	abstinence[tiab] OR abuse prevent*[tiab] OR advice*[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR controlled drink*[tiab] OR conversation*[tiab] OR	4654094

Databas: PubMed Databasleverantör: NLM Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
		<p>counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR help-line*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR midwife[tiab] OR midwives[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR withdrawal[tiab] OR written information[tiab]</p>	

Databas: PubMed Databasleverantör: NLM Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
12.		10 OR 11	4930260
13.		3 AND 6 AND 9 AND 12	1846
14.		13 AND ("Randomized Controlled Trial" [Publication Type] OR (random*[tiab] NOT Medline[sb])) Filters: Publication date from 2008/01/01	103
Uppdatering 2017-12-11			
15.		13 AND Filters activated: Publication date from 2017/03/01 ("Randomized Controlled Trial" [Publication Type])	4
16.		13 AND random* NOT Medline[sb]	10

Databas: Cochrane Library Databasleverantör: Wiley Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
1.	Mesh	MeSH descriptor: [Tobacco Use Disorder] explode all trees	973
2.	Mesh	MeSH descriptor: [Tobacco Use] explode all trees	6093
3.	FT	tobacco or snus or snuff or nicotine or chew or chewing tobacco or polytobacco:ti,ab,kw (Word variations have been searched)	8385
4.		1 OR 2	12038
5.	Mesh	MeSH descriptor: [Tobacco Use Cessation] explode all trees	3783
6.	FT	cessation OR cease OR quit OR quitting OR stop OR stopping: ti,ab,kw (Word variations have been searched)	21606
7.		4 OR 5	21606
8.	Mesh	MeSH descriptor: [Pregnancy] explode all trees OR MeSH descriptor: [Pregnant Women] explode all trees OR MeSH descriptor: [Infant, Newborn] explode all trees OR MeSH descriptor: [Breast Feeding] explode all trees OR MeSH descriptor: [Lactation] explode all trees OR MeSH descriptor: [Milk, Human] explode all trees and with qualifier(s): [Drug effects - DE] OR MeSH descriptor:	25979

Databas: Cochrane Library Databasleverantör: Wiley Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
		[Postpartum Period] explode all trees and with qualifier(s): [Drug effects - DE] OR MeSH descriptor: [Maternal Health Services] explode all trees OR MeSH descriptor: [Maternal Exposure] explode all trees OR MeSH descriptor: [Pregnancy Complications] explode all trees	
9.	FT	Pregnant OR pregnanc* OR gravid* OR prepartum OR prenatal OR antenatal OR maternal* OR fetal* OR foetal* OR fetus OR foetus OR "breast-feed*" OR breastfeed* OR "breast-fed" OR breastfed OR "breast milk" OR lactation OR postpartum OR newborn* OR infant*: ti,ab,kw (Word variations have been searched)	78710
10.		7 OR 8	78939
11.	FT	advice* or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or "behaviour change*" or "brief intervention" or brochure* or "cessation group*" or "cessation intervention*" or "cessation program*" or "cessation strateg*" or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or conversation* or counseling or counselling or decision balance or decisional balance or digital or ehealth or e-health or "extended intervention*" or "external referral" or feedback or "goal setting" or "group therapies" or "group therapy" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or helpline* or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination	761596

Databas: Cochrane Library Databasleverantör: Wiley Datum: 2017-03-24, 2017-12-11

Ämne: Insatser för gravida kvinnor som snusar

Söknr	Termtyp	Söktermer	Databas/ Antal ref.
		theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Trans Theoretical Model" or "Transtheoretical Model" or web* or "written information" or communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti,ab,kw (Word variations have been searched)	
12.		4 AND 7 AND 10 AND 11 Publication Year 2008 -	CENTRAL 68

Uppdatering 2017-12-11

13.		12 Publication Year 2017	CENTRAL 21
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Tobaksbruk – unga under 18 år

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24; uppdaterad 2017-12-07

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	125858
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1233586
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3093746
4.	FT	adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR	1685302

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24; uppdaterad 2017-12-07

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
		child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] OR school*[tiab] OR infant*[tiab] OR toddler*[tiab]	
5.		1. OR 2. OR 3. OR 4.	4331203
6.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	134777
7.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	279238
8.		6. OR 7.	308143
9.		5. AND 8.	80480
10.		9. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	963
Uppdatering 2017-12-07			
11.		1 OR 2	1358360
12.	Mesh	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh]	2739982
13.	FT	adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR school-age*[tiab] OR school*[tiab]	1540770
14.		11 OR 12 OR 13	4160042
15.	Mesh	"Smoking"[Mesh:NoExp] OR "Pipe Smoking"[Mesh] OR "Smoking Reduction"[Mesh] OR "Tobacco Smoking"[Mesh] OR "Vaping"[Mesh] OR "Smoking Cessation"[Mesh] OR "Tobacco Use Cessation"[Mesh] OR "Smoking Prevention"[Mesh] OR "Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	150373

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24; uppdaterad 2017-12-07

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
16.	FT	tobacco[tiab] OR snus[tiab] OR snuff*[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab] OR vaping[tiab]	301317
17.		15 OR 16	332426
18.		14 AND 17	83664
19.		Filters activated: Systematic Reviews, Publication date from 2016/08/01; English	186
20.		Filters activated: Randomized Controlled Trial, Publication date from 2016/12/01; English	48
21.		18 AND random*[tiab] NOT Medline[<i>sb</i>] NOT 19	217

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

FT = Fritextterm/er

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-24, 2017-12-07

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	FT/TI,AB, KW	adolescent* or adolescence or teen* or youth* or minors or child* or preschool* or "pre-school*" or "school-age*" or schoolage* or schoolchild* or school* or infant* or toddler* or family or parent* or mother* or father*:ti,ab,kw (Word variations have been searched)	210650
2.	MeSH	MeSH descriptor: [Parents] explode all trees	3334
3.	MeSH	MeSH descriptor: [Parenting] explode all trees	854
4.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1540

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-24, 2017-12-07			
Ämne: NR Sjukdomsförebyggande metoder			
Rökning/snusning hos unga under 18 år.			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
5.	MeSH	MeSH descriptor: [Adolescent] explode all trees	85385
6.	MeSH	MeSH descriptor: [Adolescent Health Services] explode all trees	172
7.	MeSH	MeSH descriptor: [Child] explode all trees	199
8.	MeSH	MeSH descriptor: [Child Health Services] explode all trees	691
9.	MeSH	MeSH descriptor: [Child Health] explode all trees	6
10.	MeSH	MeSH descriptor: [School Health Services] explode all trees	1218
11.	MeSH	MeSH descriptor: [School Nursing] explode all trees	80
12.		1-11 OR	210664
13.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	5810
14.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	875
15.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	21786
16.		13-15 OR	21786
17.		12. AND 16. AND Publication Year from 2008	2438: CDSR/82 DARE/35 HTA/7
Uppdatering 2017-12-07			
18.	FT	adolescent* or adolescence or teen* or youth* or minors or child* or school* or famil* or parent* or mother* or father*:ti,ab,kw (Word variations have been searched)	228239
19.		2 -11	98144
20.		18 OR 19	228269
21.		16 OR MeSH descriptor: [Tobacco Use cessation] explode all trees	26018

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-24, 2017-12-07

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
22.		20 AND 21 Publication Year from 2016	807 CDSR/28 DARE/0 HTA/0 CENTRAL/77 9

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

FT/TI, AB, KW = Fritextterm/er - sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-08-24

Ämne: NR Levnadsvanor

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	FT/TI, AB	TI (adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*) OR AB (adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*)	963,766
2.	FT/TI, AB	TI (family or parent* or mother* or father*) OR AB (family or parent* or mother* or father*)	512,594
3.	DE	DE "Parents" OR DE "Mothers" OR DE "Fathers" OR DE "Parenting" OR DE "Parent Child Communication" OR DE "Parent Child Relations" OR DE "Parental Involvement" OR DE "Parental Attitudes"	123,314
4.	ZG	(ZG "adolescence (13-17 yrs)") or (ZG "childhood (birth-12 yrs)") or (ZG "infancy (2-23 mo)") or (ZG "preschool age (2-5 yrs)") or (ZG "school age (6-12 yrs)")	675,978
5.		1. OR 2. OR 3. OR 4.	1,296,016

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-08-24

Ämne: NR Levnadsvanor

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
6.	DE	DE "Smokeless Tobacco" OR DE "Tobacco Smoking" OR DE "Electronic Cigarettes"	26,781
7.	FT/TI, AB, SU	TI (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR AB (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR SU (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco)	60,156
8.		6. OR 7.	60,156
9.		5. AND 8. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	10,921
10.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	27,726
11.		9. AND 10.	157

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB = fritextsökning i fälten för titel och abstract

ZG = Age group

ZC = Methodology

+ = Termen söks inklusive de mer specifika termerna som finns underordnade

Kompletterande RCT-sökningar

Databas: PubMed Databasleverantör: NLM Datum: 2016-12-15

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	128241
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1256881

Databas: PubMed Databasleverantör: NLM Datum: 2016-12-15

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref.
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3128293
4.	FT	adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] OR school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1714747
5.		1. OR 2. OR 3. OR 4.	4392761
6.	MeSH	"Tobacco Use"[Mesh] OR "Tobacco Use Disorder"[Mesh]	136681
7.	FT	tobacco[tiab] OR snus[tiab] OR snuff[tiab] OR smoking[tiab] OR smoker[tiab] OR smokers[tiab] OR cigar*[tiab] OR cigarette[tiab] OR cigarettes[tiab] OR hookah[tiab] OR pipe[tiab] OR pipes[tiab] OR waterpipe[tiab] OR waterpipes[tiab] OR water pipe[tiab] OR water pipes[tiab] OR e-cig*[tiab] OR nicotine[tiab] OR chew[tiab] OR chewing tobacco[tiab] OR polytobacco[tiab]	285057
8.		6. OR 7.	314169
9.		5. AND 8.	82025
10.	PT/FT	"Randomized Controlled Trial" [Publication Type] OR random*[ti]	485392
11.		9. AND 10.	3045
12.		11. AND Filters: Publication date from 2012/01/01; Danish; English; Norwegian; Swedish	880

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

FT = Fritextterm/er

PT = Publication type

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-12-15

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år.

Söknr	Termtyp *)	Söktermer	Antal ref. **)
1.	FT/TI,AB, KW	adolescent* or adolescence or teen* or youth* or minors or child* or preschool* or "pre-school*" or "school-age*" or schoolage* or schoolchild* or school* or infant* or toddler* or family or parent* or mother* or father*:ti,ab,kw (Word variations have been searched)	218228
2.	MeSH	MeSH descriptor: [Parents] explode all trees	3541
3.	MeSH	MeSH descriptor: [Parenting] explode all trees	902
4.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1602
5.	MeSH	MeSH descriptor: [Adolescent] explode all trees	87542
6.	MeSH	MeSH descriptor: [Adolescent Health Services] explode all trees	175
7.	MeSH	MeSH descriptor: [Child] explode all trees	199
8.	MeSH	MeSH descriptor: [Child Health Services] explode all trees	726
9.	MeSH	MeSH descriptor: [Child Health] explode all trees	20
10.	MeSH	MeSH descriptor: [School Health Services] explode all trees	1267
11.	MeSH	MeSH descriptor: [School Nursing] explode all trees	80
12.		(or #1-#11)	218246
13.	MeSH	MeSH descriptor: [Tobacco Use] explode all trees	5966
14.	MeSH	MeSH descriptor: [Tobacco Use Disorder] explode all trees	923
15.	FT/TI, AB, KW	tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco:ti,ab,kw (Word variations have been searched)	22830
16.		(or #13-#15)	22830
17.		12. AND 16.	5500
18.	PT	randomi*:pt (Word variations have been searched)	408117
19.		17. AND 18. AND Publication Year from 2012, in Trials	897

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

PT = Publication type

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

Trials = Cochrane Central Register of Controlled Trials

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-12-15

Ämne: NR Sjukdomsförebyggande metoder

Rökning/snusning hos unga under 18 år,

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	FT/TI, AB	TI (adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*) OR AB (adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*)	978,260
2.	FT/TI, AB	TI (family or parent* or mother* or father*) OR AB (family or parent* or mother* or father*)	520,754
3.	DE	DE "Parents" OR DE "Mothers" OR DE "Fathers" OR DE "Parenting" OR DE "Parent Child Communication" OR DE "Parent Child Relations" OR DE "Parental Involvement" OR DE "Parental Attitudes"	124,931
4.	ZG	(ZG "adolescence (13-17 yrs)") or (ZG "childhood (birth-12 yrs)") or (ZG "infancy (2-23 mo)") or (ZG "preschool age (2-5 yrs)") or (ZG "school age (6-12 yrs)")	685,845
5.		1. OR 2. OR 3. OR 4.	1,315,389
6.	DE	DE "Smokeless Tobacco" OR DE "Tobacco Smoking" OR DE "Electronic Cigarettes"	27,296
7.	FT/TI, AB, SU	TI (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR AB (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco) OR SU (tobacco or snus or snuff or smoking or smoker or smokers or cigar* or cigarette or cigarettes or hookah or pipe or pipes or waterpipe or waterpipes or "e-cig*" or nicotine or chew or "chewing tobacco" or polytobacco)	61,431

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-12-15			
Ämne: NR Sjukdomsförebyggande metoder			
Rökning/snusning hos unga under 18 år,			
Söknr	Termtyp *)	Söktermer	Antal ref.
8.		6. OR 7.	61,431
9.		5. AND 8.	21,831
10.	FT/TI, AB	TI (RCT OR "random* assign*" OR "random* allocat*" OR "random* assign*" OR randomi* OR "double-blind") OR AB ("random* assign*" OR "random* allocat*" OR "random* assign*" OR (randomi?ed AND controlled AND trial*) OR (randomi?ed AND controlled AND study) OR "randomi?ed clinical*" OR "randomi?ed control*" OR "randomi?ed design*" OR "randomi?ed evaluation*" OR "randomi?ed intervention*" OR "randomi?ed method*" OR "randomi?ed study" OR "randomi?ed test*" OR "randomi?ed trial*")	76,784
11.	FT	"systematic review"	15,825
12.		10. NOT 11.	73,554
13.		9. AND 12. AND Limiters - Publication Year: 2012-; Language: Danish, English, Norwegian, Swedish	278

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT = fritextsökning i fälten för "all authors, all subjects, all keywords, all title info (including source title) and all abstracts"

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract och ämnesord

Alkoholbruk – vuxna

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-10			
Ämne: NR Levnadsvanor			
Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp *)	Söktermer	Antal ref.
Alkoholmissbruk			
1.	MeSH	"Alcohol-Related Disorders"[Mesh] OR "Alcohol Drinking"[Mesh] OR "Alcoholics"[Mesh] OR "Alcoholic Beverages"[Mesh]	154419
2.	FT/TI, AB	alcohol abus*[tiab] OR alcohol addict*[tiab] OR alcohol consumption[tiab] OR alcohol dependen*[tiab] OR alcohol disorder*[tiab] OR alcohol drink*[tiab] OR alcohol intake[tiab] OR alcohol misus*[tiab] OR alcohol problem*[tiab] OR	120560

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-10

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
3.		alcohol us*[tiab] OR alcoholic beverage*[tiab] OR alcoholics[tiab] OR alcoholism[tiab] OR alcohol-related disorder*[tiab] OR binge drink*[tiab] OR daily alcohol*[tiab] OR drinking behavio*[tiab] OR drinking pattern*[tiab] OR drinking problem*[tiab] OR episodic drink*[tiab] OR excessive alcohol*[tiab] OR excessive drink*[tiab] OR harmful drink*[tiab] OR hazardous drink*[tiab] OR heavy drink*[tiab] OR problem alcohol*[tiab] OR problem drink*[tiab] OR problematic alcohol*[tiab] OR problematic drink*[tiab] OR risk drink*[tiab] OR risky drink*[tiab]	199403
Intervention mot alkoholmissbruk			
4.	MeSH	Attitude to health [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	601156
5.	FT/TI, AB	abstinence[tiab] OR abuse prevent*[tiab] OR advice*[tiab] OR alcohol intervention*[tiab] OR alcohol prevent*[tiab] OR alcohol therap*[tiab] OR alcohol treatment*[tiab] OR alcoholics anonymous[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour	4442842

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-10

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR controlled drink*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR</p>	

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-10

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR withdrawal[tiab] OR written information[tiab]	
6.		4. OR 5.	4711613
7.		3. AND 6.	60856
8.		7. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	1305
Upptäckt av alkoholmissbruk			
9.	FT/TI, AB	detection[tiab] OR detecting[tiab] OR screen[tiab] OR screening[tiab] OR Addiction Acknowledgement Scale[tiab] OR Addiction Potential Scale[tiab] OR Alcohol Use Disorders Identification Test*[tiab] OR CAGE questionnaire[tiab] OR CAGE screen*[tiab] OR Cut down, Annoyed, Guilt, Eye opener[tiab] OR Computerized Lifestyle Assessment*[tiab] OR Drug Use Screening Inventory*[tiab] OR Five Shot Questionnaire[tiab] OR MacAndrew Alcoholism Scale*[tiab] OR Michigan Alcohol Screening Test[tiab] OR RAPS4[tiab] OR RAPS-4[tiab] OR Self-Administered Alcohol Screening Test[tiab] OR SAAST[tiab] OR Substance abuse subtly screening inventory[tiab] OR Substance abuse subtle screening inventory[tiab] OR T-ACE[tiab] OR Tolerance, Annoyed, Cut down, Eye-opener[tiab] OR (TWEAK[tiab] AND (screen*[tiab] OR test[tiab]))	1156371
10.		3. AND 9. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	255
11.		10. NOT 8.	51

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

Exp = Termen söks inklusive de mer specifika termerna som finns underordnade

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Alcohol-Related Disorders] explode all trees	3892
2.	MeSH	MeSH descriptor: [Alcohol Drinking] explode all trees	2815
3.	MeSH	MeSH descriptor: [Alcoholics] explode all trees	8
4.	MeSH	MeSH descriptor: [Alcoholic Beverages] explode all trees	440
5.	FT/Ti, AB	"alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ti or "alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ab (Word variations have been searched)	9193
6.		1. OR 2. OR 3. OR 4. OR 5.	10859
7.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29503

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
8.	MeSH	MeSH descriptor: [Communication] explode all trees	11483
9.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	181
10.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278
11.	MeSH	MeSH descriptor: [Counseling] explode all trees	4034
12.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3388
13.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	99
14.	MeSH	MeSH descriptor: [Health Education] this term only	3316
15.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4969
16.	MeSH	MeSH descriptor: [Internet] explode all trees	2555
17.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
18.	MeSH	MeSH descriptor: [Motivation] this term only	3607
19.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	715
20.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7498
21.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
22.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	150
23.	MeSH	MeSH descriptor: [Primary Prevention] this term only	940
24.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18614
25.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2077
26.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1796

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
27.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2627
28.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1999
29.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	731
30.	MeSH	MeSH descriptor: [Social Support] explode all trees	2727
31.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4413
32.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
33.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
34.	FT/TI, AB	abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or "decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop*	195461

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		<p>or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ti or abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or "decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or</p>	

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ab (Word variations have been searched)	
35.	FT/TI	communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)	296019
36.		(OR #7-#35)	443946
37.		6. AND 36.	6980
38.		37. AND Publication Year from 2008	3365: CDSR/93 DARE/120 HTA/39
Upptäckt av alkoholmissbruk 2016-06-17			
39.	FT/TI, AB, KW	detection or detecting or screen or screening or "Addiction Acknowledgement Scale" or "Addiction Potential Scale" or "Alcohol Use Disorders Identification Test*" or "CAGE questionnaire" or "CAGE screen*" or "Cut down, Annoyed, Guilt, Eye opener" or "Computerized Lifestyle Assessment*" or "Drug Use Screening Inventory*" or "Five Shot	66591

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-10, 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
		Questionnaire" or "MacAndrew Alcoholism Scale*" or "Michigan Alcohol Screening Test" or RAPS4 or "RAPS-4" or "Self-Administered Alcohol Screening Test" or SAAST or "Substance abuse subtly screening inventory" or "Substance abuse subtle screening inventory" or "T-ACE" or "Tolerance, Annoyed, Cut down, Eye-opener":ti,ab,kw or TWEAK and (screen* or test):ti,ab,kw (Word variations have been searched)	
40.		6. AND 39. AND Publication Year from 2008	815
41.		40. NOT 38.	147: CDSR/0 DARE/2 HTA/1

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Antal ref.
1.	DE	DE "Binge Drinking" OR DE "Underage Drinking" OR DE "Alcohol Drinking Patterns" OR DE "Alcohol Abuse" OR DE "Alcohol Intoxication" OR DE "Social Drinking" OR DE "Alcohol Drinking Attitudes" OR DE "Alcoholism" OR DE "Alcoholic Beverages" OR DE "Beer" OR DE "Liquor" OR DE "Wine"	59,972
2.	FT/TI, AB, SU	TI ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol disorder*" OR "alcohol drink*" OR "alcohol	90,632

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp	Söktermer	Antal ref.
)	intake" OR "alcohol misus" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*") OR AB ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol disorder*" OR "alcohol drink*" OR "alcohol intake" OR "alcohol misus*" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*") OR SU ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol disorder*" OR "alcohol drink*" OR "alcohol intake" OR "alcohol misus*" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*")	
3.		1. OR 2.	92,328
4.	DE	DE "Alcohol Rehabilitation" OR DE "Alcohol Withdrawal" OR DE "Alcoholics Anonymous" OR DE "Audiotapes" OR DE "Audiovisual Communications Media" OR DE "Behavior Change" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Blog" OR DE "Cellular Phones" OR DE "Change Strategies" OR DE "Choice Behavior" OR DE "Client Education" OR DE "Communication" OR DE	418,217

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Computer Mediated Communication" OR MM "Counseling" OR DE "Decision Making" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Electronic Communication" OR DE "Electronic Learning" OR DE "Films" OR DE "Group Counseling" OR DE "Group Discussion" OR DE "Harm Reduction" OR DE "Health Attitudes" OR DE "Health Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR DE "Hot Line Services" OR DE "Internet" OR DE "Interpersonal Communication" OR DE "Interviewing" OR DE "Interviews" OR DE "Life Coaching" OR DE "Lifestyle Changes" OR DE "Motivation" OR DE "Motivational Interviewing" OR DE "Online Social Networks" OR DE "Online Therapy" OR DE "Photographs" OR DE "Prevention" OR DE "Professional Consultation" OR DE "Professional Referral" OR MM "Psychotherapy" OR DE "Radio" OR DE "Readiness to Change" OR DE "Relapse Prevention" OR DE "Self-Efficacy" OR DE "Self-Help Techniques" OR DE "Sobriety" OR DE "Social Media" OR DE "Social Support" OR DE "Stages of Change" OR DE "Telecommunications Media" OR DE "Telephone Systems" OR DE "Television Advertising" OR DE "Television" OR DE "Text Messaging" OR DE "Videotapes"	
5.	FT/TI, AB, SU	TI (abstinence OR "abuse prevent*" OR advice* OR "alcohol intervention*" OR "alcohol prevent*" OR "alcohol therap*" OR "alcohol treatment*" OR "alcoholics anonymous" OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm	1,249,857

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR AB (abstinence OR "abuse prevent*" OR advice* OR "alcohol intervention*" OR "alcohol prevent*" OR "alcohol therap*" OR "alcohol treatment*" OR "alcoholics anonymous" OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended</p>	

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR SU (abstinence OR "abuse prevent*" OR advice* OR "alcohol intervention*" OR "alcohol prevent*" OR "alcohol therap*" OR "alcohol treatment*" OR "alcoholics anonymous" OR app OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR</p>	

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information")	
6.	FT/TI	TI communicat* OR counsel* OR help* OR intervention* OR interview* OR program* OR service* OR solving OR support OR system* OR therapeutic OR therapies OR therapy OR treatment*	561,117
7.		4. OR 5. OR 6.	1,611,767
8.		3. AND 7. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	16,187
9.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	26,830

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
10.		8. AND 9.	394
Upptäckt av alkoholmissbruk 2016-06-17			
11.	FT/TI, AB, SU	TI (detection OR detecting OR screen OR screening OR "Addiction Acknowledgement Scale" OR "Addiction Potential Scale" OR "Alcohol Use Disorders Identification Test*" OR "CAGE questionnaire" OR "CAGE screen*" OR "Cut down, Annoyed, Guilt, Eye opener" OR "Computerized Lifestyle Assessment*" OR "Drug Use Screening Inventory*" OR "Five Shot Questionnaire" OR "MacAndrew Alcoholism Scale*" OR "Michigan Alcohol Screening Test" OR RAPS4 OR "RAPS-4" OR "Self-Administered Alcohol Screening Test" OR SAAST OR "Substance abuse subtly screening inventory" OR "Substance abuse subtle screening inventory" OR "T-ACE" OR "Tolerance, Annoyed, Cut down, Eye-opener" OR (TWEAK AND (screen* OR test)) OR AB (detection OR detecting OR screen OR screening OR "Addiction Acknowledgement Scale" OR "Addiction Potential Scale" OR "Alcohol Use Disorders Identification Test*" OR "CAGE questionnaire" OR "CAGE screen*" OR "Cut down, Annoyed, Guilt, Eye opener" OR "Computerized Lifestyle Assessment*" OR "Drug Use Screening Inventory*" OR "Five Shot Questionnaire" OR "MacAndrew Alcoholism Scale*" OR "Michigan Alcohol Screening Test" OR RAPS4 OR "RAPS-4" OR "Self-Administered Alcohol Screening Test" OR SAAST OR "Substance abuse subtly screening inventory" OR "Substance abuse subtle screening inventory" OR "T-ACE" OR "Tolerance, Annoyed, Cut down, Eye-opener" OR (TWEAK AND (screen* OR test)) OR SU (detection OR detecting OR screen OR screening OR "Addiction Acknowledgement Scale" OR "Addiction Potential Scale" OR "Alcohol Use Disorders Identification Test*" OR "CAGE questionnaire" OR "CAGE screen*" OR "Cut down, Annoyed, Guilt, Eye opener" OR "Computerized Lifestyle Assessment*" OR "Drug Use Screening Inventory*" OR "Five Shot Questionnaire" OR "MacAndrew Alcoholism Scale*" OR "Michigan Alcohol Screening Test" OR RAPS4 OR "RAPS-4" OR "Self-Administered Alcohol Screening Test" OR SAAST OR "Substance abuse subtly screening inventory" OR "Substance abuse subtle screening inventory" OR "T-ACE" OR "Tolerance, Annoyed, Cut	124,620

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-06-17

Ämne: NR Levnadsvanor

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		down, Eye-opener" OR (TWEAK AND (screen* OR test))	
12.		3. AND 11. AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	2,804
13.		12. AND 9.	68
14.		13. NOT 10.	3

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZC = Methodology

Alkoholbruk – vuxna inför operation

Databas: PubMed Databasleverantör: NLM

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Antal ref.
Alkoholmissbruk			
1.	MeSH	"Alcohol-Related Disorders"[Mesh] OR "Alcohol Drinking"[Mesh] OR "Alcoholics"[Mesh] OR "Alcoholic Beverages"[Mesh]	154419
2.	FT/TI, AB	alcohol abus*[tiab] OR alcohol addict*[tiab] OR alcohol consumption[tiab] OR alcohol dependen*[tiab] OR alcohol disorder*[tiab] OR alcohol drink*[tiab] OR alcohol intake[tiab] OR alcohol misus*[tiab] OR alcohol problem*[tiab] OR alcohol us*[tiab] OR alcoholic beverage*[tiab] OR alcoholics[tiab] OR alcoholism[tiab] OR alcohol-related disorder*[tiab] OR binge drink*[tiab] OR daily alcohol*[tiab] OR drinking behavio*[tiab] OR drinking pattern*[tiab] OR drinking problem*[tiab] OR episodic drink*[tiab] OR excessive alcohol*[tiab] OR excessive drink*[tiab] OR harmful drink*[tiab] OR hazardous drink*[tiab] OR heavy drink*[tiab] OR problem alcohol*[tiab] OR problem drink*[tiab] OR problematic alcohol*[tiab] OR	120560

Databas: PubMed Databasleverantör: NLM

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Antal ref.
3.		problematic drink*[tiab] OR risk drink*[tiab] OR risky drink*[tiab]	199403
Intervention mot alkoholmissbruk			
4.	MeSH	"Attitude to health"[MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	601156
5.	FT/TI, AB	abstinence[tiab] OR abuse prevent*[tiab] OR advice*[tiab] OR alcohol intervention*[tiab] OR alcohol prevent*[tiab] OR alcohol therap*[tiab] OR alcohol treatment*[tiab] OR alcoholics anonymous[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR	4442842

Databas: PubMed Databasleverantör: NLM

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Antal ref.
		computer*[tiab] OR consultation*[tiab] OR controlled drink*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR	

Databas: PubMed Databasleverantör: NLM			
Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26			
Ämne: NR Sjukdomsförebyggande metoder			
Riskbruk av alkohol hos vuxna – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation			
Söknr	Termtyp *)	Söktermer	Antal ref.
		therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR withdrawal[tiab] OR written information[tiab]	
6.		4. OR 5.	4711613
7.		3. AND 6.	60856
Ny sökblock: operation			
8.	Mesh	"Perioperative Period"[Mesh] OR "Surgical Procedures, Operative"[Mesh]	2812071
9.	FT	operative[tiab] OR preoperative[tiab] OR perioperative[tiab] OR postoperative[tiab] OR pre-operative[tiab] OR peri-operative[tiab] OR post-operative[tiab] OR intraoperative[tiab] OR intra-operative[tiab] OR surger*[tiab] OR surgical[tiab]	1914076
10.		8 OR 9	3713187
11.		7 AND 10	3102
12.		11. AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/06/01; Danish; English; Norwegian; Swedish	19
Ny sökblock 26/01/2018: RCT			
13.		11. AND Filters: Randomized Controlled Trial ; Publication date from 2013/10/01; Danish; English; Norwegian; Swedish	20
14.		11 AND random*[tiab] NOT Medline[sb] Publication date from 2013/10/01;	8

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

Exp = Termen söks inklusive de mer specifika termerna som finns underordnade

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utsluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Alcohol-Related Disorders] explode all trees	3892
2.	MeSH	MeSH descriptor: [Alcohol Drinking] explode all trees	2815
3.	MeSH	MeSH descriptor: [Alcoholics] explode all trees	8
4.	MeSH	MeSH descriptor: [Alcoholic Beverages] explode all trees	440
5.	FT/Ti, AB	"alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or "alcoholics" or "alcoholism" or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ti or "alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or "alcoholics" or "alcoholism" or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ab (Word variations have been searched)	9193
6.		1. OR 2. OR 3. OR 4. OR 5.	10859

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
7.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29503
8.	MeSH	MeSH descriptor: [Communication] explode all trees	11483
9.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	181
10.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278
11.	MeSH	MeSH descriptor: [Counseling] explode all trees	4034
12.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3388
13.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	99
14.	MeSH	MeSH descriptor: [Health Education] this term only	3316
15.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4969
16.	MeSH	MeSH descriptor: [Internet] explode all trees	2555
17.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
18.	MeSH	MeSH descriptor: [Motivation] this term only	3607
19.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	715
20.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7498
21.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
22.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	150
23.	MeSH	MeSH descriptor: [Primary Prevention] this term only	940
24.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18614

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
25.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2077
26.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1796
27.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2627
28.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1999
29.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	731
30.	MeSH	MeSH descriptor: [Social Support] explode all trees	2727
31.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4413
32.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
33.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
34.	FT/TI, AB	abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or "decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health	195461

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		<p>promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ti</p> <p>or</p> <p>abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or "cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or</p>	

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ab (Word variations have been searched)	
35.	FT/TI	communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)	296019
36.		(OR #7-#35)	443946
37.		6 AND 36.	6980

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-10 uppdatering 2017-12-19; 2018-01-26

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos vuxna - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) i samband med operation

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
38.		37 AND Publication Year from 2008	3365: CDSR/93 DARE/120 HTA/39
39.		37 AND Publication Year from 2016	981: CDSR/23 HTA/5
Ny sökblock: operation			
40.	MeSH	MeSH descriptor: [Perioperative Period] explode all trees	7707
41.	MeSH	MeSH descriptor: [Surgical Procedures, Operative] explode all trees	120790
42.		Operative OR preoperative OR perioperative OR postoperative OR pre-operative OR peri-operative OR post-operative OR intraoperative OR intra-operative OR surger* OR surgical:ti, ab ,kw(Word variations have been searched)	218474
43.		40 OR 41 OR 42	218474
44.		39 AND 43	40 CENTRAL 39 HTA 1
45.		Uppdatering 2018-01-26 39 AND 43 Publication Year from 2013	94 CDSR 5 CENTRAL 88 HTA 1

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Alkoholbruk – gravida

Databas: PubMed Databasleverantör: NLM Datum: 2016-09-30, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos gravida – randomiserade kontrollerade studier (RCT)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Alcohol-Related Disorders"[Mesh] OR "Alcohol Drinking"[Mesh] OR "Alcoholics"[Mesh] OR "Alcoholic Beverages"[Mesh]	156131
2.	FT/TI, AB	alcohol abus*[tiab] OR alcohol addict*[tiab] OR alcohol consumption[tiab] OR alcohol dependen*[tiab] OR alcohol disorder*[tiab] OR alcohol drink*[tiab] OR alcohol intake[tiab] OR alcohol misus*[tiab] OR alcohol problem*[tiab] OR alcohol us*[tiab] OR alcoholic beverage*[tiab] OR alcoholics[tiab] OR alcoholism[tiab] OR alcohol-related disorder*[tiab] OR binge drink*[tiab] OR daily alcohol*[tiab] OR drinking behavio*[tiab] OR drinking pattern*[tiab] OR drinking problem*[tiab] OR episodic drink*[tiab] OR excessive alcohol*[tiab] OR excessive drink*[tiab] OR harmful drink*[tiab] OR hazardous drink*[tiab] OR heavy drink*[tiab] OR problem alcohol*[tiab] OR problem drink*[tiab] OR problematic alcohol*[tiab] OR problematic drink*[tiab] OR risk drink*[tiab] OR risky drink*[tiab]	122670
3.		1. OR 2.	202208
4.	MeSH	"Pregnancy"[Mesh] OR "Pregnant Women"[Mesh] OR "Maternal Health Services"[Mesh] OR ("Infant, Newborn"[Mesh] AND "Parents"[Mesh])	811272
5.	FT/TI, AB	pregnan*[tiab] OR expectant[tiab] OR expecting[tiab] OR gravid*[tiab] OR prepartum[tiab] OR prenatal[tiab] OR antenatal[tiab] OR maternal*[tiab] OR fetal*[tiab] OR foetal*[tiab] OR fetus[tiab] OR foetus[tiab]	746834
6.		4. OR 5.	1088535
7.	MeSH	Attitude to health [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary	610713

Databas: PubMed Databasleverantör: NLM Datum: 2016-09-30, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos gravida – randomiserade kontrollerade studier (RCT)

Söknr	Termtyp *)	Söktermer	Antal ref.
		Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
8.	FT/TI, AB	abstinence[tiab] OR abuse prevent*[tiab] OR advice*[tiab] OR alcohol intervention*[tiab] OR alcohol prevent*[tiab] OR alcohol therap*[tiab] OR alcohol treatment*[tiab] OR alcoholics anonymous[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR controlled drink*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR midwife[tiab] OR midwives[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivation[tiab] OR	4533636

Databas: PubMed Databasleverantör: NLM Datum: 2016-09-30, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Riskbruk av alkohol hos gravida – randomiserade kontrollerade studier (RCT)

Söknr	Termtyp *)	Söktermer	Antal ref.
		motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR withdrawal[tiab] OR written information[tiab]	
9.		7. OR 8.	4804977
10.		3. AND 6. AND 9.	3052
11.		10. AND Filters: Publication date from 2011/01/01; Danish; English; Norwegian; Swedish	889
12.		11. AND ("Randomized Controlled Trial" [Publication Type] OR random*[ti])	48
Uppdatering 2017-12-11			
13.		10 AND Filters activated: Publication date from 2016/09/30, Danish; English; Norwegian; Swedish	155
14.		13 AND ("Randomized Controlled Trial" [Publication Type])	4
15.		13 AND random*[tiab] NOT Medline[sb]	23

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

Bilaga: Metodbeskrivning

Exp = Termen söks inklusive de mer specifika termerna som finns underordnade
 NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts
 MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)
 FT = Fritextterm/er
 tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Alcohol-Related Disorders] explode all trees	3977
2.	MeSH	MeSH descriptor: [Alcohol Drinking] explode all trees	2889
3.	MeSH	MeSH descriptor: [Alcoholics] explode all trees	9
4.	MeSH	MeSH descriptor: [Alcoholic Beverages] explode all trees	444
5.	FT/Ti, AB	"alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ti or "alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ab (Word variations have been searched)	9505
6.		1. OR 2. OR 3. OR 4. OR 5.	11183
7.	MeSH	MeSH descriptor: [Pregnancy] explode all trees	6437

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp)	Söktermer	Databas/ Antal ref. **)
8.	MeSH	MeSH descriptor: [Pregnant Women] explode all trees	131
9.	MeSH	MeSH descriptor: [Maternal Health Services] explode all trees	1898
10.	MeSH	MeSH descriptor: [Infant, Newborn] explode all trees	14565
11.	MeSH	MeSH descriptor: [Parents] explode all trees	3474
12.		10. AND 11.	593
13.	FT/TI, AB	pregnan* or expectant or gravid* or prepartum or prenatal or antenatal or maternal* or fetal* or foetal* or fetus or foetus:ti or pregnan* or expectant or gravid* or prepartum or prenatal or antenatal or maternal* or fetal* or foetal* or fetus or foetus:ab (Word variations have been searched)	29585
14.		7. OR 8. OR 9. OR 12. OR 13.	31996
15.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	30204
16.	MeSH	MeSH descriptor: [Communication] explode all trees	11826
17.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	206
18.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	305
19.	MeSH	MeSH descriptor: [Counseling] explode all trees	4239
20.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3479
21.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	100
22.	MeSH	MeSH descriptor: [Health Education] this term only	3394
23.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	5144
24.	MeSH	MeSH descriptor: [Internet] explode all trees	2721
25.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	668
26.	MeSH	MeSH descriptor: [Motivation] this term only	3708

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
27.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	732
28.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7680
29.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	570
30.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	156
31.	MeSH	MeSH descriptor: [Primary Prevention] this term only	969
32.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	19193
33.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2126
34.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1840
35.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2683
36.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2103
37.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	737
38.	MeSH	MeSH descriptor: [Social Support] explode all trees	2801
39.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4641
40.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
41.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
42.	FT/TI, AB	abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or	202843

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		<p>"cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or "decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ti or abstinence or "abuse prevent*" or advice* or "alcohol intervention*" or "alcohol prevent*" or "alcohol therap*" or "alcohol treatment*" or "alcoholics anonymous" or app or apps or attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or cessation or "client education" or "cognitive analytic therap*" or</p>	

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"cognitive therapies" or "cognitive therapy" or computer* or consultation* or "controlled drink*" or conversation* or counseling or counselling or "decision balance" or "decisional balance" or digital or ehealth or "e-health" or "extended intervention*" or "external referral" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "health screening" or "helpline*" or "hot line*" or hotline* or "intensive intervention*" or "internet tablet*" or internet* or leaflet* or "lifestyle change*" or mhealth or "m-health" or "minimal intervention*" or "misuse prevention" or "mobile health" or motivation or motivational or online or "palm pilot*" or "palm top*" or palmtop* or pamphlet* or "patient education" or "personal digital assistant*" or phone or phones or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or psychotherapies or psychotherapy or quitline* or "readiness to change" or reduction or rehabilitation or reinforcement* or "screen tablet*" or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "smart tablet*" or smartphone* or sms or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "social media" or sociothera* or "stages of change" or "tablet computer*" or telephone* or "tertiary prevention*" or "text messag*" or "Theory of Planned Behavio*" or "theory of reasoned action" or "Transtheoretical Model" or "Trans Theoretical Model" or "treatment program*" or web* or withdrawal or "written information":ab (Word variations have been searched)	
43.	FT/TI	communicat* or counsel* or help* or intervention* or interview* or program* or service* or solving or support or system* or therapeutic or therapies or therapy or treatment*:ti (Word variations have been searched)	303150
44.		(or #14-#43)	456152
45.		6. AND 14. AND 44.	182
46.		45. AND Publication Year from 2011, in Trials	Central/84

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-10-10, 2017-12-11

Ämne: NR Sjukdomsförebyggande metoder

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
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Uppdatering 2017-12-11

47.	46 Publication Year from 2016, in Trials	23
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*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er - sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Central = Cochrane Central Register of Controlled Trials

Alkoholbruk – unga under 18 år

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	126043
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1234917
3.	MeSH	"Young Adult"[Mesh] OR "Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3318437
4.	FT	young adult*[tiab] OR adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR	1729317

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
		schoolchild*[tiab] OR school*[tiab] OR infant*[tiab] OR toddler*[tiab]	
5.		1. OR 2. OR 3. OR 4.	4563684
6.	MeSH	"Alcohol-Related Disorders"[Mesh] OR "Alcohol Drinking"[Mesh] OR "Alcoholics"[Mesh] OR "Alcoholic Beverages"[Mesh]	155637
7.	FT/TI, AB	alcohol abus*[tiab] OR alcohol addict*[tiab] OR alcohol consumption[tiab] OR alcohol dependen*[tiab] OR alcohol disorder*[tiab] OR alcohol drink*[tiab] OR alcohol intake[tiab] OR alcohol misus*[tiab] OR alcohol problem*[tiab] OR alcohol us*[tiab] OR alcoholic beverage*[tiab] OR alcoholics[tiab] OR alcoholism[tiab] OR alcohol- related disorder*[tiab] OR binge drink*[tiab] OR daily alcohol*[tiab] OR drinking behavio*[tiab] OR drinking pattern*[tiab] OR drinking problem*[tiab] OR episodic drink*[tiab] OR excessive alcohol*[tiab] OR excessive drink*[tiab] OR harmful drink*[tiab] OR hazardous drink*[tiab] OR heavy drink*[tiab] OR problem alcohol*[tiab] OR problem drink*[tiab] OR problematic alcohol*[tiab] OR problematic drink*[tiab] OR risk drink*[tiab] OR risky drink*[tiab]	122076
8.		6. OR 7.	201403
9.		5. AND 8.	58239
10.		9. AND Filters: Meta-Analysis, Systematic Reviews, Publication date from 2008/01/01, Danish, English, Norwegian, Swedish.	592
Uppdatering 2017-12-08			
11.		"Young Adult"[Mesh] OR "Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh:NoExp] OR "Child Health Services"[Mesh:NoExp] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh]	2830095
12.		young adult*[tiab] OR adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR school*[tiab]	1588161
13.		1 OR 2 OR 11 OR 12	4358389

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
14.		8 AND 13 Filters activated: Systematic Reviews, Publication date from 2016/08/01, english	126
Uppdatering 2018-01-08			
15.	Mesh	Attitude to health [MeSH] OR Behaviour therapy [MeSH] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	650180
16.	FT	abstinence[tiab] OR abuse prevent*[tiab] OR advice*[tiab] OR alcohol intervention*[tiab] OR alcohol prevent*[tiab] OR alcohol therap*[tiab] OR alcohol treatment*[tiab] OR alcoholics anonymous[tiab] OR app[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR	4837611

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
		computer*[tiab] OR consultation*[tiab] OR controlled drink*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decisional balance[tiab] OR digital[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR help-line*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR mhealth[tiab] OR m-health[tiab] OR mid-wife[tiab] OR midwives[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motiva-tion[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self-determination theory[tiab] OR self-efficacy[tiab] OR self-help[tiab] OR service*[ti] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support[ti] OR system*[ti] OR tablet computer*[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-24, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
		therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR withdrawal[tiab] OR written information[tiab] OR smart phone [tiab]	
17.		15 OR 16	5128843
18.		8 AND 13 AND 17 Publication date from 2016/01/01	2339
19.		18 Filters activated: Randomized Controlled Trial	159
20.		18 AND random*[tiab] NOT Medline[sb]	129

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed)

FT = Fritextterm/er

tiab= sökning i title- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-3, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	FT/TI,AB, KW	"young adult*" OR adolescent* or adolescence or teen* or youth* or minors or child* or preschool* or "pre-school*" or "school-age*" or schoolage* or schoolchild* or school* or infant* or toddler* or family or parent* or mother* or father*:ti,ab,kw (Word variations have been searched)	236041
2.	MeSH	MeSH descriptor: [Parents] explode all trees	3456
3.	MeSH	MeSH descriptor: [Parenting] explode all trees	881
4.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1577
5.	MeSH	MeSH descriptor: [Adolescent] explode all trees	86589

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-3, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
6.	MeSH	MeSH descriptor: [Adolescent Health Services] explode all trees	175
7.	MeSH	MeSH descriptor: [Child] explode all trees	192
8.	MeSH	MeSH descriptor: [Child Health Services] explode all trees	708
9.	MeSH	MeSH descriptor: [Child Health] explode all trees	13
10.	MeSH	MeSH descriptor: [School Health Services] explode all trees	1244
11.	MeSH	MeSH descriptor: [School Nursing] explode all trees	80
12.	MeSH	MeSH descriptor: [Young Adult] explode all trees	216
13.		1 - 12 OR	236055
14.	MeSH	MeSH descriptor: [Alcohol-Related Disorders] explode all trees	3962
15.	MeSH	MeSH descriptor: [Alcohol Drinking] explode all trees	2878
16.	MeSH	MeSH descriptor: [Alcoholics] explode all trees	8
17.	MeSH	MeSH descriptor: [Alcoholic Beverages] explode all trees	444
18.	FT/Ti, AB	"alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ti or "alcohol abus*" or "alcohol addict*" or "alcohol consumption" or "alcohol dependen*" or "alcohol disorder*" or "alcohol drink*" or "alcohol intake" or "alcohol misus*" or "alcohol problem*" or "alcohol us*" or "alcoholic	9441

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-3, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
		beverage*" or alcoholics or alcoholism or "alcohol-related disorder*" or "binge drink*" or "daily alcohol*" or "drinking behavio*" or "drinking pattern*" or "drinking problem*" or "episodic drink*" or "excessive alcohol*" or "excessive drink*" or "harmful drink*" or "hazardous drink*" or "heavy drink*" or "problem alcohol*" or "problem drink*" or "problematic alcohol*" or "problematic drink*" or "risk drink*" or "risky drink*":ab (Word variations have been searched)	
19.		14. OR 15. OR 16. OR 17. OR 18.	11116
20.		13. AND 19.	3417
21.		20. AND Publication Year from 2008	1988: CDSR/49 DARE/39 HTA/12
Uppdatering 2017-12-08			
22.	FT	adolescent* or adolescence or teen* or youth* or minors or child* or school* or famil* or parent* or mother* or father*:ti,ab,kw (Word variations have been searched)	228239
23.		2-12 OR 22	228997
24.		19 AND 23	12700
25.		24 Publication Year from 2016 to 2017	CDSR/9 DARE/0 HTA/1
Uppdatering 2018-01-08			
26.	FT	attitude* or "behavior change*" or "behavior modification*" or "behavior program*" or "behavior therapies" or "behavior therapy" or "behavioral change*" or "behaviour change*" or "behaviour modification*" or "behaviour program*" or "behaviour therapies" or "behaviour therapy" or "behavioural change*" or booklet* or "brief intervention" or brochure* or "client education" or "cognitive therapies" or "cognitive therapy" or consultation* or conversation* or	171450

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-3, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		counseling or counselling or "decision balance" or "decisional balance" or "dietary recommendation*" or education* or "extended intervention*" or "external referral" or "family education" or "family intervention*" or "family program*" or "family support" or "family train*" or "family therap*" or feedback or "goal setting" or "group therapies" or "group therapy" or "harm reduction" or "Health Belief Model" or "health education" or "health information*" or "health literacy" or "health promotion*" or "helpline*" or information or "intensive intervention*" or leaflet* or "lifestyle change*" or "lifestyle intervention*" or "minimal intervention*" or "misuse prevention" or motivation or motivational or "nutrition education" or "nutritional education" or "nutrition knowledge*" or "nutritional knowledge*" or pamphlet* or "parent group" or "parental group*" or "parent intervention*" or "parenting intervention*" or "parent program*" or "parental program*" or "parenting program*" or "parental education" or "parent train*" or "parental training" or "parental support*" or "parent support*" or "patient education" or "prevention program*" or "preventive medicine" or "primary prevention*" or "process of change" or "processes of change" or promot* or "readiness to change" or reinforcement* or "secondary prevention*" or "self determination theory" or "self efficacy" or "self help" or "skills training" or "social cognitive theor*" or "social ecological model" or "social learning theor*" or "stages of change" or "treatment program*" or "weight management" or "weight loss":ti,ab,kw (Word variations have been searched)	
27.	Mesh	MeSH descriptor: [Communication] explode all trees	10338
28.	Mesh	MeSH descriptor: [Consumer Health Information] explode all trees	395
29.	Mesh	MeSH descriptor: [Counseling] explode all trees	4818
30.	Mesh	MeSH descriptor: [Decision Making] explode all trees	3837

Databas: Cochrane library Databasleverantör: Wiley Datum: 2016-08-3, 2017-12-08, 2018-01-08

Ämne: NR Sjukdomsförebyggande metoder

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
31.	Mesh	MeSH descriptor: [Health Education] this term only	3701
32.	Mesh	MeSH descriptor: [Health Promotion] explode all trees	2905
33.	Mesh	MeSH descriptor: [Interview, Psychological] explode all trees	701
34.	Mesh	MeSH descriptor: [Motivation] this term only	4101
35.	Mesh	MeSH descriptor: [Pamphlets] explode all trees	803
36.	Mesh	MeSH descriptor: [Patient Education as Topic] explode all trees	8406
37.	Mesh	MeSH descriptor: [Preventive Health Services] this term only	594
38.	Mesh	MeSH descriptor: [Primary Prevention] this term only	1044
39.	Mesh	MeSH descriptor: [Self-Help Groups] explode all trees	782
40.	Mesh	MeSH descriptor: [Social Support] explode all trees	3162
41.	Mesh	MeSH descriptor: [Secondary Prevention] explode all trees	2878
42.		26-43 OR	177069
43.		24 AND 42 Publication Year from 2016 to 2018, Trials	CENTRAL/ 234

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-08-31

Ämne: NR Levnadsvanor

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	FT/TI, AB	TI ("young adult*" OR adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*) OR AB ("young adult*" OR adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR "pre-school*" OR "school-age*" OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*)	983,171
2.	FT/TI, AB	TI (family or parent* or mother* or father*) OR AB (family or parent* or mother* or father*)	513,160
3.	DE	DE "Parents" OR DE "Mothers" OR DE "Fathers" OR DE "Parenting" OR DE "Parent Child Communication" OR DE "Parent Child Relations" OR DE "Parental Involvement" OR DE "Parental Attitudes"	123,420
4.	ZG	(ZG "adolescence (13-17 yrs)") or (ZG "childhood (birth-12 yrs)") or (ZG "infancy (2-23 mo)") or (ZG "preschool age (2-5 yrs)") or (ZG "school age (6-12 yrs)") or (ZG "young adulthood (18-29 yrs)")	968,243
5.		1. OR 2. OR 3. OR 4.	1,548,169
6.	DE	DE "Binge Drinking" OR DE "Underage Drinking" OR DE "Alcohol Drinking Patterns" OR DE "Alcohol Abuse" OR DE "Alcohol Intoxication" OR DE "Social Drinking" OR DE "Alcohol Drinking Attitudes" OR DE "Alcoholism" OR DE "Alcoholic Beverages" OR DE "Beer" OR DE "Liquor" OR DE "Wine"	68,240
7.	FT/TI, AB, SU	TI ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol disorder*" OR "alcohol drink*" OR "alcohol intake" OR "alcohol misus*" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*") OR AB ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol	101,943

Databas: PsycINFO Databasleverantör: Ebsco Datum: 2016-08-31

Ämne: NR Levnadsvanor

Bruk/riskbruk av alkohol hos unga – Rådgivande samtal, brevbaserad feedback, kvalificerat rådgivande samtal individuellt/i grupp, webb- och datorbaserad rådgivning

Söknr	Termtyp *)	Söktermer	Antal ref.
		disorder*" OR "alcohol drink*" OR "alcohol intake" OR "alcohol misus*" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*") OR SU ("alcohol abus*" OR "alcohol addict*" OR "alcohol consumption" OR "alcohol dependen*" OR "alcohol disorder*" OR "alcohol drink*" OR "alcohol intake" OR "alcohol misus*" OR "alcohol problem*" OR "alcohol us*" OR "alcoholic beverage*" OR alcoholics OR alcoholism OR "alcohol-related disorder*" OR "binge drink*" OR "daily alcohol*" OR "drinking behavio*" OR "drinking pattern*" OR "drinking problem*" OR "episodic drink*" OR "excessive alcohol*" OR "excessive drink*" OR "harmful drink*" OR "hazardous drink*" OR "heavy drink*" OR "problem alcohol*" OR "problem drink*" OR "problematic alcohol*" OR "problematic drink*" OR "risk drink*" OR "risky drink*")	
8.		6. OR 7.	103,064
9.		5. AND 8.	43,542
10.		9. AND AND Limiters - Publication Year: 2008-; Language: Danish, English, Norwegian, Swedish	18,275
11.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	20,245
12.		10. AND 11.	177

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TT, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZG = Age group

ZC = Methodology

Matvanor – vuxna

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-28

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Diet, Food, and Nutrition"[Mesh] OR "Diet Records"[Mesh] OR "Diet"[Mesh] OR "Nutrition Therapy"[Mesh] OR "Diet Therapy"[Mesh] OR "Food Preferences"[Mesh] OR "Food Habits"[Mesh] OR "Meals"[Mesh] OR "Dietetics"[Mesh]	927079
2.	FT	(Beverage*[tiab] OR breakfast[tiab] OR calori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lifestyle[ti] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab] OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab]) NOT Medline[sb]	287081
3.		1 OR 2	1214160
4.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR ("Psychotherapy"[Mesh] AND Food Habits[Mesh]) OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	602919

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-28

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
5.	FT	advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR dietary recommendation*[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivational interview*[tiab] OR nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR	5255963

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-28

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR withdrawal[tiab] OR written information[tiab]	
6.		4 OR 5	5510074
7.		3 AND 6	258312
8.	FT	Child*[ti] or infant*[ti] or newborn*[ti] or school*[ti] or preschool*[ti] or adolescent*[ti] or pediatric[ti] or paediatric[ti]	1073526
9.		7 NOT 8	238298
10.	Mesh/FT	(Animals[Mesh] NOT Humans[Mesh]) OR mice[tiab] OR rats[tiab] OR horse*[tiab] OR animal*[tiab] OR dogs[tiab]	4863892
11.		9 NOT 10	179372
12.		11 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	5054
13.		Uppdatering 2017-12-14	

Databas: PubMed Databasleverantör: NLM Datum: 2016-06-28

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
14.		11 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/04/01; Danish; English; Norwegian; Swedish	2207

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	40336
2.	MeSH	MeSH descriptor: [Diet Records] explode all trees	574
3.	MeSH	MeSH descriptor: [Diet] explode all trees	14107
4.	MeSH	MeSH descriptor: [Nutrition Therapy] explode all trees	7900
5.	MeSH	MeSH descriptor: [Diet Therapy] explode all trees	4656
6.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	582
7.	MeSH	MeSH descriptor: [Food Habits] explode all trees	2000
8.	MeSH	MeSH descriptor: [Meals] explode all trees	455
9.	MeSH	MeSH descriptor: [Dietetics] explode all trees	92
10.		(or #1-#9)	42576
11.	FT/TI, AB, KW	(Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR	142701

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*)	
12.		10 OR 11	148289
13.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29503
14.	MeSH	MeSH descriptor: [Communication] explode all trees	11483
15.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	181
16.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278
17.	MeSH	MeSH descriptor: [Counseling] explode all trees	4034
18.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3388
19.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	99
20.	MeSH	MeSH descriptor: [Health Education] this term only	3316
21.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4969
22.	MeSH	MeSH descriptor: [Internet] explode all trees	2555
23.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
24.	MeSH	MeSH descriptor: [Motivation] this term only	3607
25.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	715
26.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7498
27.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
28.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	150

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	940
30.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18614
31.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2077
32.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1796
33.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2627
34.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1999
35.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	731
36.	MeSH	MeSH descriptor: [Social Support] explode all trees	2727
37.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4413
38.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
39.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
40.	FT/TI, AB, KW	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family	280017

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavior*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information")	
41.		13-40 OR	297650
42.		12 AND 41	14628
43.		42 AND Publication Year from 2008	7302 CDSR 267 DARE 234 HTA 24

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Databas/ Antal ref.)
44.		Uppdatering 2017-12-14	
45.		42 AND Publication Year from 2016	12168 CDSR 315 HTA 6

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utsluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

EED = NHS Economic Evaluation Database

Central = Cochrane Central Register of Controlled Trials

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp)	Söktermer	Antal ref.
1.	DE	DE "Diets" OR MM "Eating Behavior" OR MM "Food Preferences" OR DE "Nutrition" OR DE "Energy Drink" OR DE "Food" OR DE "Fast Food" OR DE "Food Preparation" OR DE "Food Safety" OR DE "Food Intake" OR DE "Mealtimes"	43869
2.	FT/TI,AB, SU	TI (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) OR AB (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR	283414

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) OR SU (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*)	
3.		1 OR 2	283414
4.	DE	DE "Audiotapes" OR DE "Audiovisual Communications Media" OR DE "Behavior Change" OR DE "Behavioral Intention" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Blog" OR DE "Cellular Phones" OR DE "Change Strategies" OR DE "Choice Behavior" OR DE "Client Education" OR DE "Communication" OR DE "Computer Mediated Communication" OR MM "Counseling" OR DE "Decision Making" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Electronic Communication" OR DE "Electronic Learning" OR DE "Films" OR DE "Group Counseling" OR DE "Group Discussion" OR DE "Harm Reduction" OR DE "Health Attitudes" OR DE "Health Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR DE "Hot Line Services" OR DE "Internet" OR DE "Interpersonal Communication" OR DE "Interviewing" OR DE "Interviews" OR DE "Life Coaching" OR DE "Lifestyle Changes" OR DE "Motivation" OR DE "Motivational Interviewing" OR DE "Online Social Networks" OR DE "Online Therapy" OR DE "Photographs" OR DE "Prevention" OR DE "Professional Consultation" OR DE "Professional Referral" OR MM "Psychotherapy" OR DE "Radio" OR DE "Readiness to Change" OR DE "Relapse Prevention" OR DE "Self-Efficacy" OR DE "Self-Help Techniques" OR DE "Sobriety" OR DE "Social Media" OR DE "Social Support" OR DE "Stages of Change" OR DE "Telecommunications Media" OR DE "Telephone Systems" OR DE "Television Advertising" OR DE "Television" OR DE "Text Messaging" OR DE "Videotapes"	412678

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
5.	FT/TI,AB, SU	TI (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR	1817156

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR AB (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR SU (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education"</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-06-29

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information")	
6.		4 OR 5	1905665
7.		3 AND 6	119919
8.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	26983
9.		7 AND 8 Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	822
10.	FT	Child* OR infant* OR newborn* OR school* OR preschool* OR adolescent* OR pediatric OR paediatric	490369
11.		9 NOT 10	680

DE = Descriptor (fastställt ämnesord i databasen)

FT/default fält = fritextsökning i fälten för "all authors, all subjects, all keywords, all title info (including source title) and all abstracts"

FT/TI, AB = fritextsökning i fälten för titel och abstract

ZX = Methodology

+ = Termen söks inklusive de mer specifika termerna som finns underordnade

Kompletterande RCT-sökningar

Databas: PubMed Databasleverantör: NLM Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) // RCT Vuxna

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Diet, Food, and Nutrition"[Mesh] OR "Diet Records"[Mesh] OR "Diet"[Mesh] OR "Nutrition Therapy"[Mesh] OR "Diet Therapy"[Mesh] OR "Food Preferences"[Mesh] OR "Food Habits"[Mesh] OR "Meals"[Mesh] OR "Dietetics"[Mesh]	927079
2.	FT	(Beverage*[tiab] OR breakfast[tiab] OR kalori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab] OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab])	287081
3.		1 OR 2	2 896 861
4.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR ("Psychotherapy"[Mesh] AND Food Habits[Mesh]) OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	602919

Databas: PubMed Databasleverantör: NLM Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) // RCT Vuxna

Söknr	Termtyp *)	Söktermer	Antal ref.
5.	FT	advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR dietary recommendation*[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivational interview*[tiab] OR nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive	5255963

Databas: PubMed Databasleverantör: NLM Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) // RCT Vuxna

Söknr	Termtyp *)	Söktermer	Antal ref.
		medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR withdrawal[tiab] OR written information[tiab]	
6.		4 OR 5	6 079 894
7.		3 AND 6	593 432
8.	FT	Child*[ti] or infant*[ti] or newborn*[ti] or school*[ti] or preschool*[ti] or adolescent*[ti] or pediatric[ti] or paediatric[ti]	1163438
9.		7 NOT 8	560 423
10.	Mesh	Gravidity[MeSH Terms]OR Pregnant Women[MeSH Terms]	
11.	FT	pregnan*[Title]	
12.		6 OR 7	212991
13.		9 NOT 12	556 388
14.	Mesh	Dietary Supplements [MeSH Terms]	

Databas: PubMed Databasleverantör: NLM Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) // RCT Vuxna

Söknr	Termtyp *)	Söktermer	Antal ref.
15.	FT/TI	Supplement* OR supplementation*	
16.		14 OR 15	94013
17.		13 NOT 16	539 294
18.		17 AND Filters: Humans, RCT Publication date from 2016/01/01; Danish; English; Norwegian; Swedish	1 884
19.		17 AND random*[tiab] NOT Medline[sb]; Humans Publication date from 2016/01/01	0

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna

nr	Termtyp	Söktermer	Databas/ Antal ref.
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	40336
2.	MeSH	MeSH descriptor: [Diet Records] explode all trees	574
3.	MeSH	MeSH descriptor: [Diet] explode all trees	14107
4.	MeSH	MeSH descriptor: [Nutrition Therapy] explode all trees	7900
5.	MeSH	MeSH descriptor: [Diet Therapy] explode all trees	4656
6.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	582

Databas: Cochrane library Databasleverantör: Wiley InterScience			
Datum: 2018-03-07			
Ämne: NR Levnadsvanor			
Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna			
nr	Termtyp	Söktermer	Databas/ Antal ref.
7.	MeSH	MeSH descriptor: [Food Habits] explode all trees	2000
8.	MeSH	MeSH descriptor: [Meals] explode all trees	455
9.	MeSH	MeSH descriptor: [Dietetics] explode all trees	92
10.		(or #1-#9)	48 621
11.	FT/TI, AB, KW	(Beverage* OR breakfast OR calori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice*-OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*)	174 355
12.		10 OR 11	180 505
13.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29503
14.	MeSH	MeSH descriptor: [Communication] explode all trees	11483
15.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	181
16.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278
17.	MeSH	MeSH descriptor: [Counseling] explode all trees	4034
18.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3388
19.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	99
20.	MeSH	MeSH descriptor: [Health Education] this term only	3316
21.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4969

Databas: Cochrane library Databasleverantör: Wiley InterScience			
Datum: 2018-03-07			
Ämne: NR Levnadsvanor			
Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna			
nr	Termtyp	Söktermer	Databas/ Antal ref.
22.	MeSH	MeSH descriptor: [Internet] explode all trees	2555
23.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
24.	MeSH	MeSH descriptor: [Motivation] this term only	3607
25.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	715
26.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7498
27.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
28.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	150
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	940
30.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18614
31.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2077
32.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1796
33.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2627
34.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1999
35.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	731
36.	MeSH	MeSH descriptor: [Social Support] explode all trees	2727
37.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4413
38.	MeSH	MeSH descriptor: [Temperance] explode all trees	272

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna

nr	Termt yP	Söktermer	Databas/ Antal ref.
39.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
40.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR	280017

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna

nr	Termt y p	Söktermer	Databas/ Antal ref.
		phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information"	
41.		13-40 OR	376 422
42.		12 AND 41	66 902
43.	FT/II	Child*[ti] or infant*[ti] or infanc* or newborn*[ti] or school*[ti] or preschool*[ti] or adolescent*[ti] or pediatric[ti] or paediatric[ti] or breastfeeding	87047
44.		42 NOT 43	63402
45.	MeSH	MeSH descriptor: [Gravidity] explode all trees	59
46.	MeSH	MeSH descriptor: [Pregnant Women] explode all trees	180
47.	FT/II, AB	pregnan*	37794
48.		45-47 OR	37797

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-03-07

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /RCT vuxna

nr	Termtyp	Söktermer	Databas/ Antal ref.
49.		44 NOT 48	61131
50.	Mesh	MeSH descriptor: [Dietary Supplements] explode all trees	10743
51.	FT/TI	Supplement* OR supplementation*	17843
52.		50 OR 51	22661
53.		49 NOT 52	54 024
54.		53 AND Publication Year from 2016	10334 CDSR 194) CENTRAL 10136

Matvanor – gravida

Kompletterande RCT-sökningar

Databas: PubMed Databasleverantör: NLM Datum: 2018-02-27

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) - Gravida

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Diet, Food, and Nutrition"[Mesh] OR "Diet Records"[Mesh] OR "Diet"[Mesh] OR "Nutrition Therapy"[Mesh] OR "Diet Therapy"[Mesh] OR "Food Preferences"[Mesh] OR "Food Habits"[Mesh] OR "Meals"[Mesh] OR "Dietetics"[Mesh]	1002353
2.	FT	(Beverage*[tiab] OR breakfast[tiab] OR kalori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lifestyle[ti] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab]	2416457

Databas: PubMed Databasleverantör: NLM Datum: 2018-02-27

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) - Gravida

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab])	
3.		1 OR 2	2898876
4.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR ("Psychotherapy"[Mesh] AND Food Habits[Mesh]) OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	656193
5.	FT	advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision	5803238

Databas: PubMed Databasleverantör: NLM Datum: 2018-02-27

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) - Gravida

Söknr	Termtyp *)	Söktermer	Antal ref.
		balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR dietary recommendation*[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivational interview*[tiab] OR nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2018-02-27

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) - Gravida

Söknr	Termtyp *)	Söktermer	Antal ref.
		telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR withdrawal[tiab] OR written information[tiab]	
6.		4 OR 5	6071806
7.		3 AND 6	595271
8.	Mesh	Gravidity[MeSH Terms] OR Pregnant Women[MeSH Terms]	7567
9.	FT	pregnan*[Title/Abstract]	465874
10.		8 OR 9	469418
11.		7 AND 10	13527
12.		11 AND Filters: Randomized control trials Publication date from 2015/01/01; Danish; English; Norwegian; Swedish	227
		11 AND random*[tiab] NOT Medline[<i>sb</i>]; English; Publication date from 2017/05/01	0

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience			
Datum: 2016-06-29 uppdaterad 2017-12-14			
Ämne: NR Levnadsvanor			
Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	46434
2.	MeSH	MeSH descriptor: [Diet Records] explode all trees	646
3.	MeSH	MeSH descriptor: [Diet] explode all trees	16450
4.	MeSH	MeSH descriptor: [Nutrition Therapy] explode all trees	8780
5.	MeSH	MeSH descriptor: [Diet Therapy] explode all trees	5306
6.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	738
7.	MeSH	MeSH descriptor: [Feeding Behavior] explode all trees	7967
8.	MeSH	MeSH descriptor: [Meals] explode all trees	878
9.	MeSH	MeSH descriptor: [Dietetics] explode all trees	101
10.		(or #1-#9)	48621
11.	FT/TI, AB, KW	(Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*)	179126
12.		10 OR 11	179126
13.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	33599
14.	MeSH	MeSH descriptor: [Communication] explode all trees	10490
15.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	347

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-06-29 uppdaterad 2017-12-14 Ämne: NR Levnadsvanor Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
16.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	410
17.	MeSH	MeSH descriptor: [Counseling] explode all trees	4946
18.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3940
19.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	124
20.	MeSH	MeSH descriptor: [Health Education] this term only	3770
21.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	3188
22.	MeSH	MeSH descriptor: [Internet] explode all trees	3379
23.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	707
24.	MeSH	MeSH descriptor: [Motivation] this term only	4217
25.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	820
26.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	8503
27.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	602
28.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	163
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	1060
30.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	21989
31.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2400
32.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	2038

Databas: Cochrane library Databasleverantör: Wiley InterScience			
Datum: 2016-06-29 uppdaterad 2017-12-14			
Ämne: NR Levnadsvanor			
Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
33.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2909
34.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2552
35.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	798
36.	MeSH	MeSH descriptor: [Social Support] explode all trees	3231
37.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	5580
38.	MeSH	MeSH descriptor: [Temperance] explode all trees	278
39.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	4
40.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR	357502

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-29 uppdaterad 2017-12-14

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
41.		"health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information"	376419
42.	MeSH	MeSH descriptor: [Gravidity] explode all trees	59

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2016-06-29 uppdaterad 2017-12-14

Ämne: NR Levnadsvanor

Vuxna med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
43.	MeSH	MeSH descriptor: [Pregnant Women] explode all trees	180
44.	FT/TI, AB	pregnan*	37794
45.		42-44 OR	37797
46.		12 AND 41 AND 45	2697
47.		46 AND Publication Year from 2015	968
			Central 872
			CDSR 96

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Matvanor – barn och unga under 18 år

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	125780
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1233186
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR	3093028

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	
4.	FT	Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] OR school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1684786
5.		1-4 OR	4330101
6.	Mesh	"Diet, Food, and Nutrition"[Mesh] OR "Diet Records"[Mesh] OR "Diet"[Mesh] OR "Nutrition Therapy"[Mesh] OR "Diet Therapy"[Mesh] OR "Food Preferences"[Mesh] OR "Food Habits"[Mesh] OR "Meals"[Mesh] OR "Dietetics"[Mesh]	933347
7.	FT	Beverage*[tiab] OR breakfast[tiab] OR calori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lifestyle[ti] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab] OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab]	2219797
8.		6 OR 7	2675532
9.		5 AND 8	422312
10.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR	1208786

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR ("Psychotherapy"[Mesh] AND Food Habits[Mesh]) OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
11.	FT	advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR dietary recommendation*[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family education[tiab] OR family intervention*[tiab] OR family program*[tiab] OR family support[tiab] OR family therap*[tiab] OR family train*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab]	5852884

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivational interview*[tiab] OR nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR parent group[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		weight management[tiab] OR weight treatment[tiab] OR withdrawal[tiab] OR written information[tiab]	
12.		10 OR 11	6456865
13.		9 AND 12	121916
14.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	3002
15.		Uppdatering 2017-12-06	
16.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/08/01; Danish; English; Norwegian; Swedish	733

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed);

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	40417
2.	MeSH	MeSH descriptor: [Diet Records] explode all trees	574
3.	MeSH	MeSH descriptor: [Diet] explode all trees	14137
4.	MeSH	MeSH descriptor: [Nutrition Therapy] explode all trees	7918
5.	MeSH	MeSH descriptor: [Diet Therapy] explode all trees	4669

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
6.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	584
7.	MeSH	MeSH descriptor: [Food Habits] explode all trees	2012
8.	MeSH	MeSH descriptor: [Meals] explode all trees	460
9.	MeSH	MeSH descriptor: [Dietetics] explode all trees	92
10.		1-9 OR	42661
11.	FT	(Beverage* OR breakfast OR calori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) Publication Year from 2008 to 2016, in Cochrane Reviews (Reviews and Protocols), Other Reviews and Technology Assessments	3816
12.		10 OR 11	45028
13.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29597
14.	MeSH	MeSH descriptor: [Communication] explode all trees	11528
15.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	188
16.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	280
17.	MeSH	MeSH descriptor: [Counseling] explode all trees	4067
18.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3402
19.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	100
20.	MeSH	MeSH descriptor: [Health Education] this term only	3325

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
21.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4992
22.	MeSH	MeSH descriptor: [Internet] explode all trees	2580
23.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	654
24.	MeSH	MeSH descriptor: [Motivation] this term only	3626
25.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
26.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7523
27.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	559
28.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	152
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
30.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18694
31.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2087
32.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1800
33.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
34.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2012
35.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	732
36.	MeSH	MeSH descriptor: [Social Support] explode all trees	2738
37.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4448
38.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
39.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
40.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR	290399

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information")	
41.		13-40 OR	307734
42.		12 AND 41	16512
43.		42 AND Publication Year from 2008	8240
44.	FT/TI,AB, KW	Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler* OR family or parent* or mother* or father*	210650
45.	MeSH	MeSH descriptor: [Parents] explode all trees	3334
46.	MeSH	MeSH descriptor: [Parenting] explode all trees	854
47.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1540
48.	MeSH	MeSH descriptor: [Adolescent] explode all trees	85385
49.	MeSH	MeSH descriptor: [Adolescent Health Services] explode all trees	172
50.	MeSH	MeSH descriptor: [Child] explode all trees	199
51.	MeSH	MeSH descriptor: [Child Health Services] explode all trees	691

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
52.	MeSH	MeSH descriptor: [Child Health] explode all trees	6
53.	MeSH	MeSH descriptor: [School Health Services] explode all trees	1218
54.	MeSH	MeSH descriptor: [School Nursing] explode all trees	80
55.		44-54 OR	210664
56.		43 AND 55 Publication Year from 2008	3281 CDSR 181 DARE 98 HTA 12
57.			
58.		43 AND 55 Publication Year from 2016	993 CDSR 443 HTA 1

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	DE	DE "Diets" OR MM "Eating Behavior" OR MM "Food Preferences" OR DE "Nutrition" OR DE "Energy Drink" OR DE "Food" OR DE "Fast Food" OR DE "Food Preparation" OR DE "Food Safety" OR DE "Food Intake" OR DE "Mealtimes"	45719

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
2.	FT/TI, AB, SU	TI (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) OR AB (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) OR SU (Beverage* OR breakfast OR kalori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*)	321574
3.		1 OR 2	321574
4.	DE	DE "Audiotapes" OR DE "Audiovisual Communications Media" OR DE "Behavior Change" OR DE "Behavioral Intention" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Blog" OR DE "Cellular Phones" OR DE "Change Strategies" OR DE "Choice Behavior" OR DE "Client Education" OR DE "Communication" OR DE "Computer Mediated Communication" OR MM "Counseling" OR DE "Decision Making" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Electronic Communication" OR DE "Electronic Learning" OR DE "Films" OR DE "Group Counseling" OR DE "Group Discussion" OR DE "Harm Reduction" OR DE "Health Attitudes" OR DE "Health Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR DE "Hot Line Services" OR DE "Internet" OR DE "Interpersonal Communication" OR DE "Interviewing" OR DE "Interviews" OR DE "Life Coaching" OR DE "Lifestyle Changes" OR DE	507529

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Motivation" OR DE "Motivational Interviewing" OR DE "Online Social Networks" OR DE "Online Therapy" OR DE "Photographs" OR DE "Prevention" OR DE "Professional Consultation" OR DE "Professional Referral" OR MM "Psychotherapy" OR DE "Radio" OR DE "Readiness to Change" OR DE "Relapse Prevention" OR DE "Self-Efficacy" OR DE "Self-Help Techniques" OR DE "Sobriety" OR DE "Social Media" OR DE "Social Support" OR DE "Stages of Change" OR DE "Telecommunications Media" OR DE "Telephone Systems" OR DE "Television Advertising" OR DE "Television" OR DE "Text Messaging" OR DE "Videotapes"	
5.	FT/TI,AB,S U	TI (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education"	197284

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR AB (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>intervention*" OR "external referral" OR "family therap*" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information") OR SU (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-23

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information")	
6.		4 OR 5	207034
7.	FT/TI,AB	TI (Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*) OR AB (Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*)	964371
8.	FT/TI,AB	TI (family or parent* or mother* or father*) OR AB (family or parent* or mother* or father*)	513160
9.	DE	DE "Parents" OR DE "Mothers" OR DE "Fathers" OR (DE "Parenting" OR DE "Parent Child Communication" OR DE "Parent Child Relations" OR DE "Parental Involvement" OR DE "Parental Attitudes"	123420
10.	ZG	(ZG "childhood (birth-12 yrs)") or (ZG "infancy (2-23 mo)") or (ZG "preschool age (2-5 yrs)") or (ZG "school age (6-12 yrs)") or (ZG "adolescence (13-17 yrs)")	676589
11.		7-10 OR	1297267
12.		3 AND 6 AND 11	43557
13.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	27766
14.		12 AND 13 Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	352

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TI, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZC = Methodology

ZG = Åldersgrupper

Kompletterande RCT-sökningar (barn)

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-17

Ämne: NR Levnadsvanor

Föräldrar och barn ohälsosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	129407
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1267588
3.		1 OR 2	1300110
4.	MeSH	"Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "Infant"[Mesh]	2204203
5.	FT	child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1454094
6.		4 OR 5	2573622
7.		3 AND 6	401234
8.	Mesh	"Diet, Food, and Nutrition"[Mesh] OR "Diet"[Mesh] OR "Food Preferences"[Mesh] OR "Meals"[Mesh] OR "Pediatric Obesity"[Mesh] OR "Life Style"[Mesh]	980631
9.	FT	Beverage*[tiab] OR breakfast[tiab] OR kalori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lifestyle[ti] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab] OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab] OR obesity[tiab] OR overweight[tiab] OR life style[tiab] OR lifestyle[tiab]	2445833
10.		8 OR 9	2922657
11.	MeSH	"Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm	315568

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-17

Ämne: NR Levnadsvanor

Föräldrar och barn ohälsosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
		Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr]	
12.	FT	nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR Behaviour*[tiab] OR behavior[tiab] OR brief intervention[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR family education[tiab] OR family intervention*[tiab] OR family-based[tiab] OR family program*[tiab] OR family support[tiab] OR family train*[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health screening[tiab] OR help*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR minimal intervention*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR physical activity program*[tiab] OR prevention program*[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR readiness to change[tiab] OR self determination	3318287

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-17

Ämne: NR Levnadsvanor

Föräldrar och barn ohälsosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
		theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR skills training[tiab] OR support*[ti] OR treatment*[ti] OR treatment program*[tiab] OR weight management[tiab] OR weight loss[tiab]	
13.		11 OR 12	3479528
14.		7 AND 10 AND 13	23394
15.		14 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/08/01; Danish; English; Norwegian; Swedish	59
16.		14 Randomized Controlled Trial, Publication date from 2014/01/01	424
17.		Uppdatering 2017-12-06	
18.		14 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2017/01/01; Danish; English; Norwegian; Swedish	105
19.		14 AND Filters: Randomized Controlled Trial, Publication date from 2017/01/01;	75

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar och Barn. Ohälsosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	42673
2.	MeSH	MeSH descriptor: [Diet] explode all trees	15016
3.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	632

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar och Barn. Ohälosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
4.	MeSH	MeSH descriptor: [Food Habits] explode all trees	2256
5.	Mesh	MeSH descriptor: [Pediatric Obesity] explode all trees	286
6.	Mesh	MeSH descriptor: [Life Style] explode all trees	3896
7.	FT/ti, ab, kw	Beverage* or breakfast or calori* or carbohydrate* or diet or dietary or dinner or drinks or eating or "eating behav*" or "eating habit*" or energy* or fish* or food* or "food habit*" or "food behav*" or fruit* or juice* or lifestyle or lunch* or macronutrient* or meal* or meat or nutrition* or protein* or snack* or soda or sweetened or sweets or sugar* or vegetable* or wholegrain* or obesity or overweight or "life style" or lifestyle:ti,ab,kw (Word variations have been searched)	162568
8.		1-7 OR	168620
9.	MeSH	MeSH descriptor: [Communication] explode all trees	12296
10.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	327
11.	MeSH	MeSH descriptor: [Counseling] explode all trees	4415
12.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3598
13.	MeSH	MeSH descriptor: [Health Education] this term only	3487
14.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	5362
15.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	679
16.	MeSH	MeSH descriptor: [Motivation] this term only	3838
17.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
18.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7932
19.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	579

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar och Barn. Ohälosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
20.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
21.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
22.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	752
23.	MeSH	MeSH descriptor: [Social Support] explode all trees	2906
24.	FT/TI, AB, KW	attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR "client education" OR "cognitive therapies" OR "cognitive therapy" OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR education* OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "helpline*" OR information OR "intensive intervention*" OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR "minimal intervention*" OR "misuse prevention" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "prevention program*" OR "preventive medicine" OR "primary	148893

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar och Barn. Ohälosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		prevention*" OR "process of change" OR "processes of change" OR promot* OR "readiness to change" OR reinforcement* OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "stages of change" OR "treatment program*" OR "weight management" OR "weight loss" ":ti,ab,kw (Word variations have been searched)	
25.		9-24 OR	155933
26.		MeSH descriptor: [Child, Preschool] explode all trees	67
27.		MeSH descriptor: [Child Health Services] explode all trees	749
28.		MeSH descriptor: [Child Health] explode all trees	25
29.	FT/TI,AB, KW	child* OR preschool* OR pre-school* OR infant* OR toddler*	117073
30.	MeSH	26-29 OR	117100
31.	MeSH	MeSH descriptor: [Parents] explode all trees	3656
32.	MeSH	MeSH descriptor: [Parenting] explode all trees	940
33.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1644
34.	MeSH	parent or parents or parental or parenthood or family or parenting:ti,ab,kw (Word variations have been searched)	30535
35.		31-34 OR	31497
36.		8 AND 25 AND 30 AND 35	2653
37.		36 AND Publication Date from Aug 2016	9 CDSR 9
38.		36 NOT (breastfeeding OR prenatal: ti, ab, kw) Publication Date from 2014	CENTRAL 677
39.		Uppdatering 2017-12-06	

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar och Barn. Ohälosamma matvanor. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
40.		36 AND Publication Date from Jan 2017	21 CDSR 2
41.		36 NOT (breastfeeding OR prenatal: ti, ab, kw) Publication Date from 2017	CENTRAL 18

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Kompletterande RCT-sökningar (unga under 18 år)

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22 uppdaterade 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	125780
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1233186
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3093028

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22 uppdaterade 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
4.	FT	Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] OR school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1684786
5.		1-4 OR	4330101
6.	Mesh	"Diet, Food, and Nutrition"[Mesh] OR "Diet Records"[Mesh] OR "Diet"[Mesh] OR "Nutrition Therapy"[Mesh] OR "Diet Therapy"[Mesh] OR "Food Preferences"[Mesh] OR "Food Habits"[Mesh] OR "Meals"[Mesh] OR "Dietetics"[Mesh]	933347
7.	FT	Beverage*[tiab] OR breakfast[tiab] OR kalori*[tiab] OR carbohydrate*[tiab] OR diet[tiab] OR dietary[tiab] OR dinner[tiab] OR drinks[tiab] OR eating[ti] OR eating behav*[tiab] OR eating habit*[tiab] OR energy*[tiab] OR fish*[tiab] OR food*[ti] OR fast food[tiab] OR food habit*[tiab] OR food behav*[tiab] OR fruit*[tiab] OR juice*[tiab] OR lifestyle[ti] OR lunch*[tiab] OR macronutrient*[tiab] OR meal*[tiab] OR meat[tiab] OR nutrition*[tiab] OR protein*[ti] OR snack*[tiab] OR soda[tiab] OR sweetened[tiab] OR sweets[tiab] OR sugar*[tiab] OR supper[tiab] OR weight loss[ti] OR vegetable*[tiab] OR wholegrain*[tiab]	2219797
8.		6 OR 7	2675532
9.		5 AND 8	422312
10.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] OR "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR	1208786

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22 uppdaterade 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Psychotherapy"[Majr] OR ("Psychotherapy"[Mesh] AND Food Habits[Mesh]) OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
11.	FT	advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR cessation[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR dietary recommendation*[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family education[tiab] OR family intervention*[tiab] OR family program*[tiab] OR family support[tiab] OR family therap*[tiab] OR family train*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti]	5852884

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22 uppdaterade 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR misuse prevention[tiab] OR mobile health[tiab] OR motivational interview*[tiab] OR nutrition education[tiab] or nutritional education[tiab] OR nutrition knowledge*[tiab] OR nutritional knowledge*[tiab] OR motivation[tiab] OR motivational[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR parent group[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR personal digital assistant*[tiab] OR phone[tiab] OR phones[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight	

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-22 uppdaterade 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		treatment[tiab] OR withdrawal[tiab] OR written information[tiab]	
12.		10 OR 11	6456865
13.		9 AND 12	121916
14.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	3002
		Uppdatering 2017-12-06	
		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/08/01; Danish; English; Norwegian; Swedish	733
Unga och matvanor, RCT, 2017-04-20			
15.		"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab]	1855390
16.		8 AND 12 AND 15 Filters: Randomized Controlled Trial; Publication date from 2014/01/01, English	966
17.		8 AND 12 AND 15 AND random*[tiab] NOT Medline[sb], English	206
		Uppdatering 2017-12-06	
		8 AND 12 AND 15 Filters: Randomized Controlled Trial; Publication date from 2016/08/01, English	263
		8 AND 12 AND 15 AND random*[tiab] NOT Medline[sb], Publication date from 2016/08/01, English	154

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed);

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24, uppdaterad 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Diet, Food, and Nutrition] explode all trees	40417
2.	MeSH	MeSH descriptor: [Diet Records] explode all trees	574
3.	MeSH	MeSH descriptor: [Diet] explode all trees	14137
4.	MeSH	MeSH descriptor: [Nutrition Therapy] explode all trees	7918
5.	MeSH	MeSH descriptor: [Diet Therapy] explode all trees	4669
6.	MeSH	MeSH descriptor: [Food Preferences] explode all trees	584
7.	MeSH	MeSH descriptor: [Food Habits] explode all trees	2012
8.	MeSH	MeSH descriptor: [Meals] explode all trees	460
9.	MeSH	MeSH descriptor: [Dietetics] explode all trees	92
10.		1-9 OR	42661
11.	FT	(Beverage* OR breakfast OR calori* OR carbohydrate* OR diet OR dietary OR dinner OR drinks OR eating OR "eating behav*" OR "eating habit*" OR energy* OR fish* OR food* OR "food habit*" OR "food behav*" OR fruit* OR juice* OR lifestyle OR lunch* OR macronutrient* OR meal* OR meat OR nutrition* OR protein* OR snack* OR soda OR sweetened OR sweets OR sugar* OR vegetable* OR wholegrain*) Publication Year from 2008 to 2016, in Cochrane Reviews (Reviews and Protocols), Other Reviews and Technology Assessments	3816
12.		10 OR 11	45028
13.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29597
14.	MeSH	MeSH descriptor: [Communication] explode all trees	11528
15.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	188
16.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	280

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24, uppdaterad 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
17.	MeSH	MeSH descriptor: [Counseling] explode all trees	4067
18.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3402
19.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	100
20.	MeSH	MeSH descriptor: [Health Education] this term only	3325
21.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4992
22.	MeSH	MeSH descriptor: [Internet] explode all trees	2580
23.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	654
24.	MeSH	MeSH descriptor: [Motivation] this term only	3626
25.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
26.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7523
27.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	559
28.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	152
29.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
30.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18694
31.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2087
32.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1800
33.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
34.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2012
35.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	732
36.	MeSH	MeSH descriptor: [Social Support] explode all trees	2738

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24, uppdaterad 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
37.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4448
38.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
39.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
40.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR	290399

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24, uppdaterad 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information"	
41.		13-40 OR	307734
42.		12 AND 41	16512
43.		42 AND Publication Year from 2008	8240
44.	FT/TI,AB, KW	Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler* OR family or parent* or mother* or father*	210650
45.	MeSH	MeSH descriptor: [Parents] explode all trees	3334
46.	MeSH	MeSH descriptor: [Parenting] explode all trees	854
47.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1540
48.	MeSH	MeSH descriptor: [Adolescent] explode all trees	85385

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-24, uppdaterad 2017-12-06

Ämne: NR Levnadsvanor

Barn och unga med ohälsosamma matvanor – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
49.	MeSH	MeSH descriptor: [Adolescent Health Services] explode all trees	172
50.	MeSH	MeSH descriptor: [Child] explode all trees	199
51.	MeSH	MeSH descriptor: [Child Health Services] explode all trees	691
52.	MeSH	MeSH descriptor: [Child Health] explode all trees	6
53.	MeSH	MeSH descriptor: [School Health Services] explode all trees	1218
54.	MeSH	MeSH descriptor: [School Nursing] explode all trees	80
55.		44-54 OR	210664
56.		43 AND 55 Publication Year from 2008	3281 CDSR 181 DARE 98 HTA 12
Uppdatering 2017-12-06			
		43 AND 55 Publication Year from 2016	993 CDSR 443 HTA 1
Unga och matvanor, RCT. 2017-04-20			
57.		adolescen* or teen* or youth*:ti,ab,kw (Word variations have been searched)	114409
58.		48 OR 49 OR 57	114409
59.		42 AND 59 Publication Year from 2014-	740 CENTRAL 659
Uppdatering 2017-12-06			
		42 AND 59 Publication Year from 2016-	381 CENTRAL 265

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords
**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Fysisk aktivitet – vuxna

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	Exercise[Mesh] OR Physical Exertion[Mesh] OR Physical Fitness[Mesh] OR Motor Activity [Mesh:NoExp] OR Exercise Movement Techniques[Mesh] OR Exercise Therapy[Mesh] OR Motor Skills[Mesh] OR Sports[Mesh] OR Dancing[Mesh] OR Sedentary Lifestyle[Mesh]	376469
2.	FT	(aerobics[tiab] OR aerobic training[tiab] OR dance[tiab] OR circuit-training[tiab] OR dancing[tiab] OR energy expenditure[tiab] OR exercise*[tiab] OR inactive lifestyle*[tiab] OR occupational sitting[tiab] OR Physical activity[tiab] OR physically active[tiab] OR physical inactivity[tiab] OR physically inactive[tiab] OR physical training[tiab] OR sedentary*[tiab] OR sitting time[tiab] OR sport*[tiab] OR strength training[tiab] OR training program*[tiab] OR yoga[tiab] OR walking[tiab]) NOT Medline[sb]	54438
3.		1 OR 2	430907
4.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Physical Education and Training"[Mesh] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social	616953

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
5.	FT	Accelerometer*[tiab] OR advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR exercise intervention*[tiab] OR ((exercise[tiab] or physical activity[tiab]) AND (prescription[tiab] OR prescribe*[tiab] OR prescribing[tiab])) OR exercise class*[tiab] OR exercise program*[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family therap*[tiab] OR feedback[tiab] OR green prescription[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR logs[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motion-sensing technolog*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab]	5269972

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR pedometer[tiab] OR personal digital assistant*[tiab] OR physical activity prescription[tiab] OR phone[tiab] OR phones[tiab] OR physical activity program*[tiab] OR prescribed exercise*[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR referral schemes[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR step counter*[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telehealth[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treadmill[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR ((wearable[tiab] OR self-monitor*[tiab]) AND (device*[tiab] OR technolog*[tiab])) OR withdrawal[tiab] OR written information[tiab]	
6.		4 OR 5	5532966
7.		3 AND 6	167902
8.	FT	Child*[ti] or infant*[ti] or newborn*[ti] or school*[ti] or preschool*[ti] or adolescent*[ti] or pediatric[ti] or paediatric[ti]	1075131

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
9.	Mesh/FT	(Animals[Mesh] NOT Humans[Mesh]) OR mice[tiab] OR rats[tiab] OR horse*[tiab] OR animal*[tiab] OR dogs[tiab]	4869061
10.		7 NOT 8 NOT 9	126345
11.		10 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	5196
12.		Uppdatering 2017-12-15	
13.		10 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/04/01; Danish; English; Norwegian; Swedish	2512

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Exercise] explode all trees	16834
2.	MeSH	MeSH descriptor: [Physical Exertion] explode all trees	3509
3.	MeSH	MeSH descriptor: [Physical Fitness] explode all trees	2450
4.	MeSH	MeSH descriptor: [Motor Activity] explode all trees	19641
5.	MeSH	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1552
6.	MeSH	MeSH descriptor: [Exercise Therapy] explode all trees	9114

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
7.	MeSH	MeSH descriptor: [Motor Skills] explode all trees	1556
8.	MeSH	MeSH descriptor: [Sedentary Lifestyle] explode all trees	544
9.	FT/TI, AB, KW	aerobics or "aerobic training" or dance* or "circuit-training" or dancing or "energy expenditure" or exercise* or "inactive lifestyle*" or "movement therapy" or "occupational sitting" or "physical activity" or "physically active" or "physical inactivity" or "physical fitness" or "physically inactive" or "physical training" or "screen time" or sedentary* or "sitting time" or sport* or "strength training" or "training program*" or yoga or walking: ti,ab,kw (Word variations have been searched)	70077
10.		1 - 9 OR	73551
11.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29503
12.	MeSH	MeSH descriptor: [Communication] explode all trees	11483
13.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	181
14.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	278
15.	MeSH	MeSH descriptor: [Counseling] explode all trees	4034
16.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3388
17.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	99
18.	MeSH	MeSH descriptor: [Health Education] this term only	3316
19.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4969
20.	MeSH	MeSH descriptor: [Internet] explode all trees	2555
21.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	653
22.	MeSH	MeSH descriptor: [Motivation] this term only	3607

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
23.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	715
24.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7498
25.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	558
26.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	150
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	940
28.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18614
29.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2077
30.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1796
31.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2627
32.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	1999
33.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	731
34.	MeSH	MeSH descriptor: [Social Support] explode all trees	2727
35.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4413
36.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
37.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
38.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR "client education" OR	279632

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		<p>"cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR "exercise class*" OR "exercise program*" OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociotherap* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR (wearable OR self-monitor*) AND (device* OR</p>	

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		technolog*) OR withdrawal OR "written information"	
39.		11—38 OR	297185
40.	FT/TI	Child* or infant* or newborn* or school* or preschool* or adolescent* or pediatric or paediatric:ti (Word variations have been searched)	72761
41.		10 AND 39 NOT 40	34389
42.		41 AND Publication Year from 2008	20370 CDSR/503 DARE/378 HTA/38
43.		Uppdatering 2017-12-15	
44.		41 AND Publication Year from 2016	7363 CDSR 154

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	DE	DE "Physical Activity" OR DE "Exercise" OR DE "Aerobic Exercise" OR DE "Yoga" OR DE "Physical Fitness" OR DE "Movement Therapy" OR DE "Dance Therapy" OR DE "Motor Skills" OR DE "Sports" OR DE "Sports (Attitudes Toward)" OR DE "Dance" OR DE "Swimming" OR DE "Active Living" OR DE	56766

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Screen Time" OR DE "Walking" OR DE "Sedentary Behavior"	
2.	FT	aerobics OR "aerobic training" OR dance* OR "circuit-training" OR dancing OR "energy expenditure" OR exercise* OR "inactive lifestyle*" OR "movement therapy" OR "occupational sitting" OR "physical activity" OR "physically active" OR "physical inactivity" OR "physical fitness" OR "physically inactive" OR "physical training" OR "screen time" OR sedentary* OR "sitting time" OR sport* OR "strength training" OR "training program*" OR yoga OR walking	145962
3.		1 OR 2	150205
4.		DE "Audiotapes" OR DE "Audiovisual Communications Media" OR DE "Behavior Change" OR DE "Behavioral Intention" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Blog" OR DE "Cellular Phones" OR DE "Change Strategies" OR DE "Choice Behavior" OR DE "Client Education" OR DE "Communication" OR DE "Computer Mediated Communication" OR MM "Counseling" OR DE "Decision Making" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Electronic Communication" OR DE "Electronic Learning" OR DE "Films" OR DE "Group Counseling" OR DE "Group Discussion" OR DE "Harm Reduction" OR DE "Health Attitudes" OR DE "Health Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR DE "Hot Line Services" OR DE "Internet" OR DE "Interpersonal Communication" OR DE "Interviewing" OR DE "Interviews" OR DE "Life Coaching" OR DE "Lifestyle Changes" OR DE "Motivation" OR DE "Motivational Interviewing" OR DE "Online Social Networks" OR DE "Online Therapy" OR DE "Physical Education" OR DE "Photographs" OR DE "Prevention" OR DE "Professional Consultation" OR DE "Professional Referral" OR MM "Psychotherapy" OR DE "Radio" OR DE "Readiness to Change" OR DE "Relapse Prevention" OR DE "Self-Efficacy" OR DE "Self-Help Techniques" OR DE "Sobriety" OR DE "Social Media" OR DE "Social Support" OR DE "Stages of Change" OR DE "Telecommunications Media" OR DE "Telephone Systems" OR DE "Television"	416120

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		Advertising" OR DE "Television" OR DE "Text Messaging" OR DE "Videotapes"	
5.	FT	TI (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* OR physical activity) AND (prescription OR prescribe* OR prescribing)) OR "exercise class*" OR "exercise program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills	1819200

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information") OR AB (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information") OR SU (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information")	
6.		4 OR 5	1907714
7.		3 AND 6	88422
8.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	27032
9.		7 AND 8 Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	822
10.	FT	TI (Child* OR infant* OR newborn* OR school* OR preschool* OR adolescent* OR pediatric OR paediatric)	173952

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-07-07

Ämne: NR Levnadsvanor

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
11.		9 NOT 10	826

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Kompletterande RCT-sökningar (gravida)

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07, uppdaterad 2017-12-15

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	Exercise[Mesh] OR Physical Exertion[Mesh] OR Physical Fitness[Mesh] OR Motor Activity [Mesh:NoExp] OR Exercise Movement Techniques[Mesh] OR Exercise Therapy[Mesh] OR Motor Skills[Mesh] OR Sports[Mesh] OR Dancing[Mesh] OR Sedentary Lifestyle[Mesh]	
2.	FT	(aerobics[tiab] OR aerobic training[tiab] OR dance[tiab] OR circuit-training[tiab] OR dancing[tiab] OR energy expenditure[tiab] OR exercise*[tiab] OR inactive lifestyle*[tiab] OR occupational sitting[tiab] OR Physical activity[tiab] OR physically active[tiab] OR physical inactivity[tiab] OR physically inactive[tiab] OR physical training[tiab] OR sedentary*[tiab] OR sitting time[tiab] OR sport*[tiab] OR strength training[tiab] OR training program*[tiab] OR yoga[tiab] OR walking[tiab]) NOT Medline[sb]	
3.		1 OR 2	680 907
4.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr]	616953

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07, uppdaterad 2017-12-15

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Physical Education and Training"[Mesh] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
5.	FT	Accelerometer*[tiab] OR advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR exercise intervention*[tiab] OR ((exercise[tiab] or physical activity[tiab]) AND (prescription[tiab] OR prescribe*[tiab] OR prescribing[tiab])) OR exercise class*[tiab] OR exercise program*[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR	5269972

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07, uppdaterad 2017-12-15

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		family therap*[tiab] OR feedback[tiab] OR green prescription[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health promotion*[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR logs[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motion-sensing technolog*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR patient education[tiab] OR pedometer[tiab] OR personal digital assistant*[tiab] OR physical activity prescription[tiab] OR phone[tiab] OR phones[tiab] OR physical activity program*[tiab] OR prescribed exercise*[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR referral schemes[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR step counter*[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telehealth[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2016-07-07, uppdaterad 2017-12-15

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treadmill[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR ((wearable[tiab] OR self-monitor*[tiab]) AND (device*[tiab] OR technolog*[tiab])) OR withdrawal[tiab] OR written information[tiab]	
6.		4 OR 5	6 087 683
7.	Mesh	Gravidity"[Mesh] OR "Pregnant Women"[Mesh]	7567
8.	FT	pregnan*[Title/Abstract]	465874
9.		7 OR 8	469418
10.		3 AND 6 AND 9	3870
11.		10 AND Filters: Randomized Control Trials Publication date from 2015/01/01; Danish; English; Norwegian; Swedish	121
12.		10 AND random*[tiab] NOT Medline[<i>sb</i>]; Publication date from 2015/01/01; Danish; English; Norwegian; Swedish	0

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-02-28

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /gravida

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Exercise] explode all trees	20645

Databas: Cochrane library Databasleverantör: Wiley InterScience			
Datum: 2018-02-28			
Ämne: NR Sjukdomsförebyggande metoder			
Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /gravida			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
2.	MeSH	MeSH descriptor: [Physical Exertion] explode all trees	3696
3.	MeSH	MeSH descriptor: [Physical Fitness] explode all trees	2819
4.	MeSH	MeSH descriptor: [Motor Activity] explode all trees	22649
5.	MeSH	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1894
6.	MeSH	MeSH descriptor: [Exercise Therapy] explode all trees	11509
7.	MeSH	MeSH descriptor: [Motor Skills] explode all trees	1757
8.	MeSH	MeSH descriptor: [Sedentary Lifestyle] explode all trees	824
9.	FT/TI, AB, KW	aerobics or "aerobic training" or dance* or "circuit-training" or dancing or "energy expenditure" or exercise* or "inactive lifestyle*" or "movement therapy" or "occupational sitting" or "physical activity" or "physically active" or "physical inactivity" or "physical fitness" or "physically inactive" or "physical training" or "screen time" or sedentary* or "sitting time" or sport* or "strength training" or "training program*" or yoga or walking: tj,ab,kw (Word variations have been searched)	87361
10.		1 - 9 OR	73551
11.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	33599
12.	MeSH	MeSH descriptor: [Communication] explode all trees	10490
13.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	347
14.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	410
15.	MeSH	MeSH descriptor: [Counseling] explode all trees	4946

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-02-28

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /gravida

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
16.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3940
17.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	124
18.	MeSH	MeSH descriptor: [Health Education] this term only	3770
19.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	3188
20.	MeSH	MeSH descriptor: [Internet] explode all trees	3379
21.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	707
22.	MeSH	MeSH descriptor: [Motivation] this term only	4217
23.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	820
24.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	8503
25.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	602
26.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	163
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	1060
28.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	21989
29.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2400
30.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	2038
31.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2909
32.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2552
33.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	798
34.	MeSH	MeSH descriptor: [Social Support] explode all trees	3231

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-02-28

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /gravida

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
35.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	5580
36.	MeSH	MeSH descriptor: [Temperance] explode all trees	278
37.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	4
38.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR digital OR education* OR "educational intervention*" OR "educational program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR motivation OR motivational OR "nutrition education" OR "nutritional education" OR "nutrition knowledge*" OR "nutritional knowledge*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive	357502

Databas: Cochrane library Databasleverantör: Wiley InterScience

Datum: 2018-02-28

Ämne: NR Sjukdomsförebyggande metoder

Vuxna med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media) /gravida

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "tablet computer*" OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR withdrawal OR "written information"	
39.		13-40 OR	376419
40.	MeSH	MeSH descriptor: [Gravidity] explode all trees	59
41.	MeSH	MeSH descriptor: [Pregnant Women] explode all trees	180
42.	FT/TI, AB	pregnan*	37794
43.		40-42 OR	37797
44.		12 AND 39 AND 43	887
45.		44 AND Publication Year from 2015	CDSR 24 CENTRAL 305

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er - sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Sökning 2024 (rådgivande samtal med tillägg av skriftlig ordination av fysisk aktivitet)

Databas: PubMed Databasleverantör: NLM Datum: 2024-03-26			
Ämne: Skriftlig ordination för att främja fysisk aktivitet			
Söknr	Termtyp *)	Söktermer	Databas/ Antal ref.
1.	FT/tiab	exercise referral*[tiab] OR physical activity referral*[tiab] OR exercise on prescription[tiab] OR prescribed physical exercise*[tiab] OR prescribed physical activit*[tiab] OR physical activity prescription*[tiab] OR "physical activity on prescription" OR prescribe physical exercise[tiab] OR prescribed exercise[ti] OR prescribe exercise*[ti] OR exercise prescription*[ti]	1,299
2.	Mesh/FT/tiab	"Exercise"[Majr:NoExp] OR "Exercise Therapy"[Majr] OR physical activit*[tiab] OR physical exercise[tiab] OR exercise[ti]	331,054
3.	Mesh/FT/tiab	"Referral and Consultation"[Majr:NoExp] OR referral schem*[tiab] OR written referral*[tiab] OR written prescription*[tiab] OR prescri*[ti] OR written[ti]	85,903
4.		1 OR (2 AND 3)	2,325
5.	Mesh/FT/tiab	4 NOT ("Child"[Mesh] OR child*[ti] OR adolescen*[ti] OR school*[ti] OR pediatric*[ti] OR paediatric*[ti]) NOT (adult*[ti] AND (child*[ti] OR adolescen*[ti]))	2,199
6.	Mesh/FT/tiab	5 NOT "Europe, Eastern"[Mesh] OR "Africa"[Mesh] OR "Asia"[Mesh] OR "Latin America"[Mesh] OR "Developing Countries"[Mesh] OR developing countries[tiab] OR low-income countries[tiab] OR Africa*[tiab] OR India*[tiab] OR Bangladesh[tiab] OR China[tiab]	2,129
7.	Mesh/FT/tiab	6 AND "Systematic Review" [Publication Type] OR "Meta-Analysis" [Publication Type] OR systematic review[tiab] OR comprehensive review[tiab] OR integrative review[tiab] OR systematic literature review[tiab] OR comprehensive literature review[tiab] OR integrative literature review[tiab] OR systematic literature search[tiab] OR meta-analysis[tiab] OR meta-analyses[tiab] OR meta-analytic review[tiab] OR (systematic[ti] AND review[ti]) Filters applied: Publication date from 2014- Filters applied: Danish, English, Norwegian, Swedish,	107
8.	Mesh/FT/tiab	6 AND Clinical Trial[pt] OR "Cross-Over Studies"[Mesh] OR "Control Groups"[Mesh] OR	231

Databas: PubMed Databasleverantör: NLM Datum: 2024-03-26

Ämne: Skriftlig ordination för att främja fysisk aktivitet

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref.
		"Comparative Study" [Publication Type] OR ((Random*[tiab] OR control group*[tiab] OR control trial[tiab] OR controlled trial[tiab] OR control study[tiab] OR controlled study[tiab] OR clinical trial[tiab] OR clinical study[tiab] OR cross- over study[tiab] OR crossover study[tiab] OR cross- over design[tiab] OR crossover design[tiab] OR comparative study[tiab]) NOT Medline[sb]) Filters applied: Publication date from 2014 - Filters applied: Danish, English, Norwegian, Swedish,	

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed). Exp = Termen söks inklusive de mer specifika termerna som finns underordnade. NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts. MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln). SB = PubMeds filter för: systematiska, översikter (systematic[sb]), alla MeSH-indexerade artiklar (medline[sb]). FT = Fritextterm/er. tiab= sökning i title- och abstractfälten.ot = Other term: ämnesord (keyword) som oftast inte finns som MeSH-term

Databas: Cochrane Library Databasleverantör: Wiley Datum: 2024-03-26

Ämne: Skriftlig ordination för att främja fysisk aktivitet

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	FT/TI, AB, KW	(exercise NEXT referral*):ti,ab,kw OR (physical NEXT activity NEXT referral*):ti,ab,kw OR ("exercise on prescription"):ti OR ("prescribed physical exercise"):ti,ab,kw OR (prescribed NEXT physical NEXT activity):ti,ab,kw OR ("physical activity prescription"):ti OR ("physical activity on prescription"):ti OR ("prescribe physical exercise"):ti,ab,kw OR ("prescribed exercise" OR "prescribe exercise" OR "exercise prescription"):ti	379
2.	MeSH FT/TI, AB, KW	MeSH descriptor: [Exercise] this term only OR MeSH descriptor: [Exercise Therapy] this term only OR (physical NEXT activit*):ti,ab,kw OR (physical NEXT exercise):ti,ab,kw OR (exercise):ti,ab,kw	153239
3.	FT/TI, AB, KW	(referral NEXT schem*):ti,ab,kw OR (written NEXT referral*):ti,ab,kw OR (written NEXT prescription*):ti,ab,kw	92
4.		1 OR (2 AND 3)	390
5.		4 AND publication date from 2014-01-01-- English	CDSR 0 CDSR Protocol 1 Central 275

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library). Explode = Termen söks inklusive de mer specifika termerna som finns underordnade. This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts. Qualifier = aspekt av ämnet. FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords.

**)

CDSR = The Cochrane Database of Systematic Reviews. DARE = Database of Abstracts of Reviews of Effects. HTA = Health Technology Assessment Database. EED = NHS Economic Evaluation Database. Central = Cochrane Central Register of Controlled Trials.

Databas: Cinahl, PsycInfo, PsycArticles Databasleverantör: Ebsco Datum: 2024-03-26

Ämne: Skriftlig ordination för att främja fysisk aktivitet

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref.
1.	FT/ti, ab	TI ("exercise referral*" OR "physical activity referral*" OR "exercise on prescription" OR "prescribed physical exercise*" OR "prescribed physical activit*" OR "physical activity prescription*" OR "physical activity on prescription" OR "prescribe physical exercise") OR AB ("exercise referral*" OR "physical activity referral*" OR "exercise on prescription" OR "prescribed physical exercise*" OR "prescribed physical activit*" OR "physical activity prescription*" OR "physical activity on prescription" OR "prescribe physical exercise")	611
2.	FT/ti	TI ("prescribed exercise" OR "prescribe exercise*" OR "exercise prescription*")	540
3.		1 OR 2	1,138
4.	DE/FT/ti, ab	(MM "Exercise") OR TI ("physical activit*" OR "physical exercise" OR exercise) OR AB ("physical activit*" OR "physical exercise")	214,459
5.	DE/FT/ti, ab	(MM "Referral and Consultation") OR TI ("referral schem*" OR "written referral*" OR "written prescription*" OR prescri* OR written) OR AB ("referral schem*" OR "written referral*" OR "written prescription*")	66,420
6.		3 OR (4 AND 5)	1,867
7.		6 NOT (child* OR adolescen* OR school* OR pediatric* OR paediatric*)	1,573
8.		7 AND TI ("systematic review" OR "comprehensive review" OR "integrative review" OR "systematic literature review" OR "comprehensive literature review" OR "integrative literature review" OR "systematic literature search" OR "meta-analysis" OR "meta-analyses" OR "meta-analytic review" OR systematic AND review) OR AB ("systematic review" OR "comprehensive review" OR "integrative review" OR "systematic literature review" OR	49

Databas: Cinahl, PsycInfo, PsycArticles Databasleverantör: Ebsco Datum: 2024-03-26

Ämne: Skriftlig ordination för att främja fysisk aktivitet

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref.
		"comprehensive literature review" OR "integrative literature review" OR "systematic literature search" OR "meta-analysis" OR "meta-analyses" OR "meta-analytic review") Academic journals ; Publication Date: 20140101-20231231	
9.	FT/ti, ab	7 AND TI (Random* OR "control group*" OR "control trial" OR "controlled trial" OR "control study" OR "controlled study" OR "clinical trial" OR "clinical study" OR "cross-over study" OR "crossover study" OR "cross-over design" OR "crossover design" OR "comparative study") OR AB (Random* OR "control group*" OR "control trial" OR "controlled trial" OR "control study" OR "controlled study" OR "clinical trial" OR "clinical study" OR "cross-over study" OR "crossover study" OR "cross-over design" OR "crossover design" OR "comparative study") Academic journals ; Publication Date: 20140101-20231231	141

*)

DE = Descriptor (fastställt ämnesord i databasen). FT/default fält = fritextsökning i fälten för "all authors, all subjects, all keywords, all title info (including source title) and all abstracts". FT/TI, AB = fritextsökning i fälten för titel och abstract. ZX = Methodology. + = Termen söks inklusive de mer specifika termerna som finns underordnade.

Fysisk aktivitet – barn och unga under 18 år

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	125956
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1234526

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30			
Ämne: NR Levnadsvanor			
Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)			
Söknr	Termtyp *)	Söktermer	Antal ref.
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3094892
4.	FT	Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] or school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1686402
5.		1-4 OR	4333457
6.	MeSH	Exercise[Mesh] OR Physical Exertion[Mesh] OR Physical Fitness[Mesh] OR Motor Activity [Mesh:NoExp] OR Exercise Movement Techniques[Mesh] OR Exercise Therapy[Mesh] OR Motor Skills[Mesh] OR Sports[Mesh] OR Dancing[Mesh] OR Sedentary Lifestyle[Mesh]	379496
7.	FT	aerobics[tiab] OR aerobic training[tiab] OR dance[tiab] OR circuit-training[tiab] OR dancing[tiab] OR energy expenditure[tiab] OR exercise*[tiab] OR inactive lifestyle*[tiab] OR occupational sitting[tiab] OR outdoor play[tiab] OR Physical activity[tiab] OR physically active[tiab] OR physical inactivity[tiab] OR physically inactive[tiab] OR physical training[tiab] OR sedentary*[tiab] OR screen time[tiab] OR sitting time[tiab] OR sport*[tiab] OR strength training[tiab] OR training program*[tiab] OR yoga[tiab] OR walking[tiab]	428209
8.		6 OR 7	621605
9.		5 AND 8	142837
10.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR	621235

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"Physical Education and Training"[Mesh] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
11.	FT	Accelerometer*[tiab] OR advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR exercise intervention*[tiab] OR ((exercise[tiab] or physical activity[tiab]) AND (prescription[tiab] OR prescribe*[tiab] OR prescribing[tiab])) OR exercise class*[tiab] OR exercise program*[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family education[tiab] OR family intervention*[tiab] OR family program*[tiab] OR family support[tiab] OR family train*[tiab] OR family therap*[tiab] OR feedback[tiab] OR green prescription[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab]	5865106

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR logs[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motion-sensing technolog*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR parent group[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR pedometer[tiab] OR personal digital assistant*[tiab] OR physical activity prescription[tiab] OR phone[tiab] OR phones[tiab] OR physical activity program*[tiab] OR prescribed exercise*[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR referral schemes[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR step counter*[tiab] OR support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telehealth[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treadmill[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR ((wearable[tiab] OR self-monitor*[tiab]) AND (device*[tiab] OR technolog*[tiab])) OR withdrawal[tiab] OR written information[tiab]	
12.		10 OR 11	6119942
13.		9 AND 12	63643
14.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	2071
15.		Uppdatering 2017-12-04	
16.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/09/01; Danish; English; Norwegian; Swedish	558

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Exercise] explode all trees	16856
2.	MeSH	MeSH descriptor: [Physical Exertion] explode all trees	3510
3.	MeSH	MeSH descriptor: [Physical Fitness] explode all trees	2456
4.	MeSH	MeSH descriptor: [Motor Activity] explode all trees	19670

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
5.	MeSH	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1557
6.	MeSH	MeSH descriptor: [Exercise Therapy] explode all trees	9132
7.	MeSH	MeSH descriptor: [Motor Skills] explode all trees	1556
8.	MeSH	MeSH descriptor: [Sedentary Lifestyle] explode all trees	548
9.	FT/TI, AB, KW	aerobics or "aerobic training" or dance* or "circuit-training" or dancing or "energy expenditure" or exercise* or "inactive lifestyle*" or "movement therapy" or "occupational sitting" or "outdoor play" or "physical activity" or "physically active" or "physical inactivity" or "physical fitness" or "physically inactive" or "physical training" or "screen time" or sedentary* or "sitting time" or sport* or "strength training" or "training program*" or yoga or walking:ti,ab,kw (Word variations have been searched)	70630
10.		1-9 OR	74106
11.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29597
12.	MeSH	MeSH descriptor: [Communication] explode all trees	11528
13.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	188
14.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	280
15.	MeSH	MeSH descriptor: [Counseling] explode all trees	4067
16.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3402
17.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	100
18.	MeSH	MeSH descriptor: [Health Education] this term only	3325
19.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4992

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
20.	MeSH	MeSH descriptor: [Internet] explode all trees	2580
21.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	654
22.	MeSH	MeSH descriptor: [Motivation] this term only	3626
23.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
24.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7523
25.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	559
26.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	152
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
28.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18694
29.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2087
30.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1800
31.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
32.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2012
33.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	732
34.	MeSH	MeSH descriptor: [Social Support] explode all trees	2738
35.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4448
36.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
37.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
38.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR	289009

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		<p>"behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR "exercise class*" OR "exercise program*" OR ehealth OR "e-health" OR "extended intervention*" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen</p>	

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociotherap* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information"	
39.		11-38 OR	306244
40.		10 AND 39	38608
41.		40 AND Publication Year from 2008	23350
42.	FT/TI,AB, KW	Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler* OR family or parent* or mother* or father*	210650
43.		MeSH descriptor: [Parents] explode all trees	3334
44.		MeSH descriptor: [Parenting] explode all trees	854
45.		MeSH descriptor: [Parent-Child Relations] explode all trees	1540
46.		MeSH descriptor: [Adolescent] explode all trees	85385
47.		MeSH descriptor: [Adolescent Health Services] explode all trees	172
48.		MeSH descriptor: [Child] explode all trees	199
49.		MeSH descriptor: [Child Health Services] explode all trees	691
50.		MeSH descriptor: [Child Health] explode all trees	6

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
51.		MeSH descriptor: [School Health Services] explode all trees	1218
52.		MeSH descriptor: [School Nursing] explode all trees	80
53.		42-52 OR	210668
54.		41 AND 53	5288 CDSR 194 DARE 117 HTA 3
55.		Uppdatering 2017-12-04	
56.		41 AND 53 Publication Year from 2016	1725 CDSR 66

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er - sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	DE	DE "Physical Activity" OR DE "Exercise" OR DE "Aerobic Exercise" OR DE "Yoga" OR DE "Physical Fitness" OR DE "Movement Therapy" OR DE "Dance Therapy" OR DE "Motor Skills" OR DE "Sports" OR DE "Sports (Attitudes Toward)" OR DE "Dance" OR DE "Swimming" OR DE "Active Living" OR DE "Screen Time" OR DE "Walking" OR DE "Sedentary Behavior"	73301

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
2.	FT/TI,AB,S U	TI (aerobics OR "aerobic training" OR dance* OR "circuit-training" OR dancing OR "energy expenditure" OR exercise* OR "inactive lifestyle*" OR "movement therapy" OR "occupational sitting" OR "outdoor play" OR "physical activity" OR "physically active" OR "physical inactivity" OR "physical fitness" OR "physically inactive" OR "physical training" OR "screen time" OR sedentary* OR "sitting time" OR sport* OR "strength training" OR "training program*" OR yoga OR walking) OR AB (aerobics OR "aerobic training" OR dance* OR "circuit-training" OR dancing OR "energy expenditure" OR exercise* OR "inactive lifestyle*" OR "movement therapy" OR "occupational sitting" OR "outdoor play" OR "physical activity" OR "physically active" OR "physical inactivity" OR "physical fitness" OR "physically inactive" OR "physical training" OR "screen time" OR sedentary* OR "sitting time" OR sport* OR "strength training" OR "training program*" OR yoga OR walking) OR SU (aerobics OR "aerobic training" OR dance* OR "circuit-training" OR dancing OR "energy expenditure" OR exercise* OR "inactive lifestyle*" OR "movement therapy" OR "occupational sitting" OR "outdoor play" OR "physical activity" OR "physically active" OR "physical inactivity" OR "physical fitness" OR "physically inactive" OR "physical training" OR "screen time" OR sedentary* OR "sitting time" OR sport* OR "strength training" OR "training program*" OR yoga OR walking)	151792
3.		1 OR 2	165292
4.	DE	DE "Audiotapes" OR DE "Audiovisual Communications Media" OR DE "Behavior Change" OR DE "Behavioral Intention" OR DE "Behavior Modification" OR DE "Behavior Therapy" OR DE "Blog" OR DE "Cellular Phones" OR DE "Change Strategies" OR DE "Choice Behavior" OR DE "Client Education" OR DE "Communication" OR DE "Computer Mediated Communication" OR MM "Counseling" OR DE "Decision Making" OR DE "Digital Video" OR DE "Educational Audiovisual Aids" OR DE "Electronic Communication" OR DE "Electronic Learning" OR DE "Films" OR DE "Group Counseling" OR DE "Group Discussion" OR DE "Harm Reduction" OR DE "Health Attitudes" OR DE "Health Education" OR DE "Health Knowledge" OR DE "Health Literacy" OR DE "Health Promotion" OR	507529

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		DE "Hot Line Services" OR DE "Internet" OR DE "Interpersonal Communication" OR DE "Interviewing" OR DE "Interviews" OR DE "Life Coaching" OR DE "Lifestyle Changes" OR DE "Motivation" OR DE "Motivational Interviewing" OR DE "Online Social Networks" OR DE "Online Therapy" OR DE "Photographs" OR DE "Prevention" OR DE "Professional Consultation" OR DE "Professional Referral" OR MM "Psychotherapy" OR DE "Radio" OR DE "Readiness to Change" OR DE "Relapse Prevention" OR DE "Self-Efficacy" OR DE "Self-Help Techniques" OR DE "Sobriety" OR DE "Social Media" OR DE "Social Support" OR DE "Stages of Change" OR DE "Telecommunications Media" OR DE "Telephone Systems" OR DE "Television Advertising" OR DE "Television" OR DE "Text Messaging" OR DE "Videotapes"	
5.	FT/TI, AB,SU	TI (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR "exercise class*" OR "exercise program*" OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet*	197656

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information") OR AB (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>"cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		<p>counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information") OR SU (advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR cessation OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR "controlled drink*" OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital[tiab] OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR digital OR ehealth OR "e-health" OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "misuse prevention" OR "mobile health" OR "motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR</p>	

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		"parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociothera* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavior*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR "weight management" OR "weight treatment" OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information")	
6.		4 OR 5	2073840
7.	FT	TI (Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*) OR AB (Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler*)	964371
8.	FT	TI (family or parent* or mother* or father*) OR AB (family or parent* or mother* or father*)	513160
9.		DE "Parents" OR DE "Mothers" OR DE "Fathers" OR (DE "Parenting" OR DE "Parent Child Communication" OR DE "Parent Child Relations"	123420

Databas: PsycInfo Databasleverantör: EBSCO Datum: 2016-08-30

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		OR DE "Parental Involvement" OR DE "Parental Attitudes"	
10.	ZG	(ZG "childhood (birth-12 yrs)") or (ZG "infancy (2-23 mo)") or (ZG "preschool age (2-5 yrs)") or (ZG "school age (6-12 yrs)") or (ZG "adolescence (13-17 yrs)")	676589
11.		7-10 OR	1297267
12.		3 AND 6 AND 11	35792
13.	ZC	(ZC "systematic review") OR (ZC "meta analysis")	27766
14.		12 AND 13 Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	403

*)

DE = Descriptor (fastställt ämnesord i databasen)

FT/TT, AB, SU = fritextsökning i fälten för titel, abstract, ämnesord

ZC = Methodology

Kompletterande RCT-sökningar (barn)

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar med barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	129407
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1267588
3.		1 OR 2	1300110
4.	MeSH	"Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "Infant"[Mesh]	2204203
5.	FT	child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1454094
6.		4 OR 5	2573622

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar med barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
7.	MeSH	Exercise[Mesh] OR Exercise Movement Techniques[Mesh] OR Sports[Mesh] OR Dancing[Mesh] OR Sedentary Lifestyle[Mesh]	233150
8.	FT	exercise*[tiab] OR inactive lifestyle*[tiab] OR outdoor play[tiab] OR Physical activit*[tiab] OR physically active[tiab] OR physical inactivity[tiab] OR physically inactive[tiab] OR physical training[tiab] OR sedentary*[tiab] OR screen time[tiab] OR sitting time[tiab] OR sport*[tiab] OR training program*[tiab]	384748
9.		7 OR 8	490303
10.	MeSH	"Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health Promotion"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Preventive Health Services"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr]	621235
11.	FT	Behaviour*[tiab] OR behavior[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR brief intervention[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR family education[tiab] OR family intervention*[tiab] OR family-based[tiab] OR family program*[tiab] OR family support[tiab] OR family	5865106

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar med barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
		train*[tiab] OR family therap*[tiab] OR feedback[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health screening[tiab] OR help*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR minimal intervention*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR physical activity program*[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR readiness to change[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR skills training[tiab] OR support*[ti] OR treatment*[ti] OR treatment program*[tiab] OR weight management[tiab] OR weight treatment[tiab]	
12.		10 OR 11	3437159
13.		3 AND 6 AND 9 AND 12	7307
14.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/08/01, English	37
15.		Filters activated: Randomized Controlled Trial, Publication date from 2014/01/01, English	219
16.		13 AND random*[tiab] NOT Medline[<i>sb</i>], Publication date from 2014/01/01, English	129
17.		Uppdatering 2017-12-04	
18.		3 AND 6 AND 9 AND 12 Publication date from 2017/02/01, English	592
19.		18 AND Filters activated: Meta-Analysis; Systematic Reviews	55

Databas: PubMed Databasleverantör: NLM Datum: 2017-02-21

Ämne: NR Levnadsvanor

Föräldrar med barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Antal ref.
20.		18 AND Filters activated: Randomized Controlled Trial,	24
21.		18 AND random*[tiab] NOT Medline[sb],	73

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-22

Ämne: NR Levnadsvanor

Föräldrar och barn med otillräcklig fysisk aktivitet. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Exercise] explode all trees	18173
2.	MeSH	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1655
3.	MeSH	MeSH descriptor: [Sedentary Lifestyle] explode all trees	655
4.	MeSH	exercise* or "inactive lifestyle*" or "outdoor play" or "physical activity" or "physically active" or "physical inactivity" or "physical fitness" or "physically inactive" or "physical training" or "screen time" or sedentary* or "sitting time" or sport* or "training program*":ti,ab,kw (Word variations have been searched)	67220
5.	Mesh	1-4 OR	69247
6.	MeSH	MeSH descriptor: [Communication] explode all trees	12296
7.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	327
8.	MeSH	MeSH descriptor: [Counseling] explode all trees	4415

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-22

Ämne: NR Levnadsvanor

Föräldrar och barn med otillräcklig fysisk aktivitet. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
9.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3598
10.	MeSH	MeSH descriptor: [Health Education] this term only	3487
11.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	5362
12.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	679
13.	MeSH	MeSH descriptor: [Motivation] this term only	3838
14.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
15.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7932
16.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	579
17.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
18.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
19.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	752
20.	MeSH	MeSH descriptor: [Social Support] explode all trees	2906
21.	FT/TI, AB, KW	attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR brochure* OR "client education" OR "cognitive therapies" OR "cognitive therapy" OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR "dietary recommendation*" OR education* OR "extended intervention*" OR "external referral" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "family therap*" OR feedback OR "goal	148885

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-22

Ämne: NR Levnadsvanor

Föräldrar och barn med otillräcklig fysisk aktivitet. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "helpline*" OR information OR "intensive intervention*" OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR "minimal intervention*" OR "misuse prevention" OR motivation OR motivational OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR "readiness to change" OR reinforcement* OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "skills training" OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "stages of change" OR "treatment program*" OR "weight management" OR "weight loss" ":ti,ab,kw (Word variations have been searched)	
22.		6-23 OR	155924
23.		MeSH descriptor: [Child, Preschool] explode all trees	67
24.		MeSH descriptor: [Child Health Services] explode all trees	749
25.		MeSH descriptor: [Child Health] explode all trees	25
26.	FT/TI,AB, KW	child* OR preschool* OR pre-school* OR infant* OR toddler*	117073
27.	MeSH	26-29 OR	117100
28.	MeSH	MeSH descriptor: [Parents] explode all trees	3656
29.	MeSH	MeSH descriptor: [Parenting] explode all trees	940
30.	MeSH	MeSH descriptor: [Parent-Child Relations] explode all trees	1644

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2017-02-22

Ämne: NR Levnadsvanor

Föräldrar och barn med otillräcklig fysisk aktivitet. Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
31.	MeSH	parent or parents or parental or parenthood or family or parenting:ti,ab,kw (Word variations have been searched)	30535
32.		31-34 OR	31497
33.		8 AND 25 AND 30 AND 35	1245
34.		36 AND Publication Date from Aug 2016	4 CDSR 4
35.		36 AND Publication Date from 2014	CENTRAL 412
36.		Uppdatering 2017-12-04	
37.		33 AND Publication Date from 2017-01-01	370 CDSR 25

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utelämnas

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database

Kompletterande RCT-sökningar (unga under 18 år)

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
1.	MeSH	"Parents"[Mesh] OR "Parenting"[Mesh] OR "Parent-Child Relations"[Mesh]	125956

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
2.	FT	parent[tiab] OR parental[tiab] OR parents[tiab] OR parenting[tiab] OR parenthood[tiab] OR famil*[tiab] OR mother*[tiab] OR father*[tiab]	1234526
3.	MeSH	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR "Child"[Mesh] OR "Child Health Services"[Mesh] OR "Child Health"[Mesh] OR "School Health Services"[Mesh] OR "School Nursing"[Mesh] OR "Infant"[Mesh]	3094892
4.	FT	Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab] OR child*[tiab] OR preschool*[tiab] OR pre-school*[tiab] OR school-age*[tiab] OR schoolage*[tiab] OR schoolchild*[tiab] or school*[tiab] OR infant*[tiab] OR toddler*[tiab]	1686402
5.		1-4 OR	4333457
6.	MeSH	Exercise[Mesh] OR Physical Exertion[Mesh] OR Physical Fitness[Mesh] OR Motor Activity [Mesh:NoExp] OR Exercise Movement Techniques[Mesh] OR Exercise Therapy[Mesh] OR Motor Skills[Mesh] OR Sports[Mesh] OR Dancing[Mesh] OR Sedentary Lifestyle[Mesh]	379496
7.	FT	aerobics[tiab] OR aerobic training[tiab] OR dance[tiab] OR circuit-training[tiab] OR dancing[tiab] OR energy expenditure[tiab] OR exercise*[tiab] OR inactive lifestyle*[tiab] OR occupational sitting[tiab] OR outdoor play[tiab] OR Physical activity[tiab] OR physically active[tiab] OR physical inactivity[tiab] OR physically inactive[tiab] OR physical training[tiab] OR sedentary*[tiab] OR screen time[tiab] OR sitting time[tiab] OR sport*[tiab] OR strength training[tiab] OR training program*[tiab] OR yoga[tiab] OR walking[tiab]	428209
8.		6 OR 7	621605
9.		5 AND 8	142837
10.	MeSH	Attitude to health [MeSH] OR "Behavior Therapy"[Mesh] OR "Communication"[Majr] OR "Computers, Handheld"[Mesh] OR "Consumer Health Information"[Mesh] OR "Counseling"[Majr] OR "Decision Making"[Mesh] OR "Harm Reduction"[Mesh] "Health Education"[Mesh:NoExp] OR "Health Literacy"[Mesh] OR "Health	621235

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		Promotion"[Mesh] OR "Internet"[Mesh] OR "Interview, Psychological"[Mesh] OR "Motivation"[Mesh:NoExp] OR "Pamphlets"[Mesh] OR "Patient Education as Topic"[Mesh:NoExp] OR "Physical Education and Training"[Mesh] OR "Preventive Health Services"[Mesh:NoExp] OR "Preventive Medicine"[Mesh:NoExp] OR "Primary Prevention"[Mesh:NoExp] OR "Psychotherapy"[Majr] OR Referral and consultation [MeSH] OR "Reinforcement (Psychology)"[Mesh] OR "Secondary Prevention"[Mesh] OR "Self Efficacy"[Mesh] OR "Self-Help Groups"[Mesh] OR "Social Support"[Majr] OR "Telecommunications"[Mesh] OR "Temperance"[Mesh] OR "Tertiary Prevention"[Mesh]	
11.	FT	Accelerometer*[tiab] OR advice*[tiab] OR app[tiab] OR application*[tiab] OR apps[tiab] OR attitude*[tiab] OR behavior change*[tiab] OR behavior modification*[tiab] OR behavior program*[tiab] OR behavior therapies[tiab] OR behavior therapy[tiab] OR behavioral change*[tiab] OR behaviour change*[tiab] OR behaviour modification*[tiab] OR behaviour program*[tiab] OR behaviour therapies[tiab] OR behaviour therapy[tiab] OR behavioural change*[tiab] OR booklet*[tiab] OR brief intervention[tiab] OR brief message*[tiab] OR brochure*[tiab] OR client education[tiab] OR cognitive analytic therap*[tiab] OR cognitive therapies[tiab] OR cognitive therapy[tiab] OR communicat*[ti] OR computer*[tiab] OR consultation*[tiab] OR conversation*[tiab] OR counsel*[ti] OR counseling[tiab] OR counselling[tiab] OR decision balance[tiab] OR decision making[tiab] OR decisional balance[tiab] OR digital[tiab] OR education*[ti] OR educational intervention*[tiab] OR educational program*[tiab] OR ehealth[tiab] OR e-health[tiab] OR exercise intervention*[tiab] OR ((exercise[tiab] or physical activity[tiab]) AND (prescription[tiab] OR prescribe*[tiab] OR prescribing[tiab])) OR exercise class*[tiab] OR exercise program*[tiab] OR extended intervention*[tiab] OR external referral[tiab] OR family education[tiab] OR family intervention*[tiab] OR family program*[tiab] OR family support[tiab] OR family train*[tiab] OR family therap*[tiab] OR	5865106

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		feedback[tiab] OR green prescription[tiab] OR goal setting[tiab] OR group therapies[tiab] OR group therapy[tiab] OR harm reduction[tiab] OR Health Belief Model[tiab] OR health education[tiab] OR health information*[tiab] OR health literacy[tiab] OR health screening[tiab] OR help*[ti] OR helpline*[tiab] OR hot line*[tiab] OR hotline*[tiab] OR intensive intervention*[tiab] OR internet tablet*[tiab] OR internet*[tiab] OR intervention*[ti] OR interview*[ti] OR leaflet*[tiab] OR lifestyle change*[tiab] OR lifestyle intervention*[tiab] OR log book[tiab] OR logs[tiab] OR mhealth[tiab] OR m-health[tiab] OR minimal intervention*[tiab] OR mobile health[tiab] OR motion-sensing technolog*[tiab] OR motivation[tiab] OR motivational[tiab] OR movement technolog*[tiab] OR online[tiab] OR palm pilot*[tiab] OR palm top*[tiab] OR palmtop*[tiab] OR pamphlet*[tiab] OR parent group[tiab] OR parental group*[tiab] OR parent intervention*[tiab] OR parenting intervention*[tiab] OR parent program*[tiab] OR parental program*[tiab] OR parenting program*[tiab] OR parental education[tiab] OR parental support*[tiab] OR parent support*[tiab] OR parent training*[tiab] OR parental training[tiab] OR patient education[tiab] OR pedometer[tiab] OR personal digital assistant*[tiab] OR physical activity prescription[tiab] OR phone[tiab] OR phones[tiab] OR physical activity program*[tiab] OR prescribed exercise*[tiab] OR prevention program*[tiab] OR preventive medicine[tiab] OR primary prevention*[tiab] OR process of change[tiab] OR processes of change[tiab] OR program*[ti] OR promot*[tiab] OR psychotherapies[tiab] OR psychotherapy[tiab] OR quitline*[tiab] OR readiness to change[tiab] OR reduction[tiab] OR referral schemes[tiab] OR rehabilitation[tiab] OR reinforcement*[tiab] OR screen tablet*[tiab] OR secondary prevention*[tiab] OR self determination theory[tiab] OR self efficacy[tiab] OR self help[tiab] OR service*[ti] OR short message service[tiab] OR short messaging service*[tiab] OR skills training[tiab] OR smart tablet*[tiab] OR smartphone*[tiab] OR sms[tiab] OR social cognitive theor*[tiab] OR social ecological model[tiab] OR social learning theor*[tiab] OR social media[tiab] OR sociothera*[tiab] OR solving[ti] OR stages of change[tiab] OR step counter*[tiab] OR	

Databas: PubMed Databasleverantör: NLM Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn med otillräcklig fysisk aktivitet - Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Antal ref.
		support*[ti] OR system*[ti] OR tablet computer*[tiab] OR teach-back[tiab] OR telehealth[tiab] OR telephone*[tiab] OR tertiary prevention*[tiab] OR text messag*[tiab] OR Theory of Planned Behavio*[tiab] OR theory of reasoned action[tiab] OR therapeutic[ti] OR therapies[ti] OR therapy[ti] OR Transtheoretical Model[tiab] OR Trans Theoretical Model[tiab] OR treadmill[tiab] OR treatment*[ti] OR treatment program*[tiab] OR web*[tiab] OR weight management[tiab] OR weight treatment[tiab] OR ((wearable[tiab] OR self-monitor*[tiab]) AND (device*[tiab] OR technolog*[tiab])) OR withdrawal[tiab] OR written information[tiab]	
12.		10 OR 11	6119942
13.		5 AND 9 AND 12	63643
14.		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2008/01/01; Danish; English; Norwegian; Swedish	2071
Uppdatering 2017-12-04			
		13 AND Filters: Meta-Analysis; Systematic Reviews; Publication date from 2016/09/01; Danish; English; Norwegian; Swedish	558
Fysisk aktivitet för unga, RCT, 2017-04-20			
15.	Mesh/FT	"Adolescent"[Mesh] OR "Minors"[Mesh] OR "Adolescent Health Services"[Mesh] OR Adolescent*[tiab] OR adolescence[tiab] OR teen*[tiab] OR youth*[tiab] OR minors[tiab]	1855390
16.		8 AND 12 AND 15	38346
17.		16 AND Filters activated: Randomized Controlled Trial, Publication date from 2014/01/01, English	1000
18.		16 AND random*[tiab] NOT Medline[<i>sb</i>]	292
Uppdatering 2017-12-04			
19.		16 AND Filters activated: Randomized Controlled Trial, Publication date from 2017/04/01, English	69
20.		16 AND random*[tiab] NOT Medline[<i>sb</i>]	142

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed):

Bilaga: Metodbeskrivning

Vid sökning på MeSH-termer i PubMed inkluderas automatiskt de mer specifika underordnade termer som ev. kan finnas under resp. term

NoExp = Endast den termen söks, de mer specifika, underordnade termerna utesluts

MAJR = MeSH Major Topic (termen beskriver det huvudsakliga innehållet i artikeln)

FT = Fritextterm/er

tiab= sökning i titel- och abstractfälten

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
1.	MeSH	MeSH descriptor: [Exercise] explode all trees	16856
2.	MeSH	MeSH descriptor: [Physical Exertion] explode all trees	3510
3.	MeSH	MeSH descriptor: [Physical Fitness] explode all trees	2456
4.	MeSH	MeSH descriptor: [Motor Activity] explode all trees	19670
5.	MeSH	MeSH descriptor: [Exercise Movement Techniques] explode all trees	1557
6.	MeSH	MeSH descriptor: [Exercise Therapy] explode all trees	9132
7.	MeSH	MeSH descriptor: [Motor Skills] explode all trees	1556
8.	MeSH	MeSH descriptor: [Sedentary Lifestyle] explode all trees	548
9.	FT/TI, AB, KW	aerobics or "aerobic training" or dance* or "circuit-training" or dancing or "energy expenditure" or exercise* or "inactive lifestyle*" or "movement therapy" or "occupational sitting" or "outdoor play" or "physical activity" or "physically active" or "physical inactivity" or "physical fitness" or "physically inactive" or "physical training" or "screen time" or sedentary* or "sitting time" or sport* or "strength training" or "training program*" or yoga or walking:ti,ab,kw (Word variations have been searched)	70630
10.		1-9 OR	74106
11.	MeSH	MeSH descriptor: [Attitude to Health] explode all trees	29597
12.	MeSH	MeSH descriptor: [Communication] explode all trees	11528
13.	MeSH	MeSH descriptor: [Computers, Handheld] explode all trees	188

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
14.	MeSH	MeSH descriptor: [Consumer Health Information] explode all trees	280
15.	MeSH	MeSH descriptor: [Counseling] explode all trees	4067
16.	MeSH	MeSH descriptor: [Decision Making] explode all trees	3402
17.	MeSH	MeSH descriptor: [Harm Reduction] explode all trees	100
18.	MeSH	MeSH descriptor: [Health Education] this term only	3325
19.	MeSH	MeSH descriptor: [Health Promotion] explode all trees	4992
20.	MeSH	MeSH descriptor: [Internet] explode all trees	2580
21.	MeSH	MeSH descriptor: [Interview, Psychological] explode all trees	654
22.	MeSH	MeSH descriptor: [Motivation] this term only	3626
23.	MeSH	MeSH descriptor: [Pamphlets] explode all trees	719
24.	MeSH	MeSH descriptor: [Patient Education as Topic] this term only	7523
25.	MeSH	MeSH descriptor: [Preventive Health Services] this term only	559
26.	MeSH	MeSH descriptor: [Preventive Medicine] this term only	152
27.	MeSH	MeSH descriptor: [Primary Prevention] this term only	944
28.	MeSH	MeSH descriptor: [Psychotherapy] explode all trees	18694
29.	MeSH	MeSH descriptor: [Referral and Consultation] explode all trees	2087
30.	MeSH	MeSH descriptor: [Reinforcement (Psychology)] explode all trees	1800
31.	MeSH	MeSH descriptor: [Secondary Prevention] explode all trees	2640
32.	MeSH	MeSH descriptor: [Self Efficacy] explode all trees	2012

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
33.	MeSH	MeSH descriptor: [Self-Help Groups] explode all trees	732
34.	MeSH	MeSH descriptor: [Social Support] explode all trees	2738
35.	MeSH	MeSH descriptor: [Telecommunications] explode all trees	4448
36.	MeSH	MeSH descriptor: [Temperance] explode all trees	272
37.	MeSH	MeSH descriptor: [Tertiary Prevention] explode all trees	2
38.	FT/TI, AB	advice* OR app OR application* OR apps OR attitude* OR "behavior change*" OR "behavior modification*" OR "behavior program*" OR "behavior therapies" OR "behavior therapy" OR "behavioral change*" OR "behaviour change*" OR "behaviour modification*" OR "behaviour program*" OR "behaviour therapies" OR "behaviour therapy" OR "behavioural change*" OR booklet* OR "brief intervention" OR "brief message*" OR brochure* OR "client education" OR "cognitive analytic therap*" OR "cognitive therapies" OR "cognitive therapy" OR computer* OR consultation* OR conversation* OR counseling OR counselling OR "decision balance" OR "decisional balance" OR digital OR education* OR "educational intervention*" OR "educational program*" OR ((exercise* or physical activity) AND (prescription OR prescribe* OR prescribing)) OR "exercise class*" OR "exercise program*" OR ehealth OR "e-health" OR "extended intervention*" OR "family education" OR "family intervention*" OR "family program*" OR "family support" OR "family train*" OR "external referral" OR "family therap*" OR feedback OR "goal setting" OR "group therapies" OR "group therapy" OR "harm reduction" OR "Health Belief Model" OR "health education" OR "health information*" OR "health literacy" OR "health promotion*" OR "health screening" OR "helpline*" OR "hot line*" OR hotline* OR information OR "intensive intervention*" OR "internet tablet*" OR internet* OR leaflet* OR "lifestyle change*" OR "lifestyle intervention*" OR mhealth OR "m-health" OR "minimal intervention*" OR "mobile health" OR	289009

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
		"motion-sensing technolog*" OR motivation OR motivational OR "movement technolog*" OR online OR "palm pilot*" OR "palm top*" OR palmtop* OR pamphlet* OR "parent group" OR "parental group*" OR "parent intervention*" OR "parenting intervention*" OR "parent program*" OR "parental program*" OR "parenting program*" OR "parental education" OR "parent train*" OR "parental training" OR "parental support*" OR "parent support*" OR "patient education" OR "personal digital assistant*" OR phone OR phones OR "prevention program*" OR "preventive medicine" OR "primary prevention*" OR "process of change" OR "processes of change" OR promot* OR psychotherapies OR psychotherapy OR quitline* OR "readiness to change" OR reduction OR rehabilitation OR reinforcement* OR "screen tablet*" OR "secondary prevention*" OR "self determination theory" OR "self efficacy" OR "self help" OR "short message service*" OR "short messaging service*" OR "skills training" OR "smart tablet*" OR smartphone* OR sms OR "social cognitive theor*" OR "social ecological model" OR "social learning theor*" OR "social media" OR sociotherap* OR "stages of change" OR "step counter*" OR "tablet computer*" OR telehealth OR telephone* OR "tertiary prevention*" OR "text messag*" OR "Theory of Planned Behavio*" OR "theory of reasoned action" OR "Transtheoretical Model" OR "Trans Theoretical Model" OR "treatment program*" OR web* OR ((wearable OR self-monitor*) AND (device* OR technolog*)) OR withdrawal OR "written information"	
39.		11-38 OR	306244
40.		10 AND 39	38608
41.		40 AND Publication Year from 2008	23350
42.	FT/TI,AB, KW	Adolescent* OR adolescence OR teen* OR youth* OR minors OR child* OR preschool* OR pre-school* OR school-age* OR schoolage* OR schoolchild* OR school* OR infant* OR toddler* OR family or parent* or mother* or father*	210650
43.		MeSH descriptor: [Parents] explode all trees	3334

Databas: Cochrane library Databasleverantör: Wiley InterScience Datum: 2016-08-30 uppdaterad 2017-12-04

Ämne: NR Levnadsvanor

Barn och unga med otillräcklig fysisk aktivitet – Enkla råd, rådgivande samtal eller kvalificerat rådgivande samtal (inkl. rådgivning via telefon, digitala media)

Söknr	Termtyp *)	Söktermer	Databas/ Antal ref. **)
44.		MeSH descriptor: [Parenting] explode all trees	854
45.		MeSH descriptor: [Parent-Child Relations] explode all trees	1540
46.		MeSH descriptor: [Adolescent] explode all trees	85385
47.		MeSH descriptor: [Adolescent Health Services] explode all trees	172
48.		MeSH descriptor: [Child] explode all trees	199
49.		MeSH descriptor: [Child Health Services] explode all trees	691
50.		MeSH descriptor: [Child Health] explode all trees	6
51.		MeSH descriptor: [School Health Services] explode all trees	1218
52.		MeSH descriptor: [School Nursing] explode all trees	80
53.		42-52 OR	210668
54.		41 AND 53 Publication Year from 2008	5288 CDSR 194 DARE 117 HTA 3
Uppdatering 2017-12-04			
		41 AND 53 Publication Year from 2016	1725 CDSR 66
Fysisk aktivitet för unga, RCT, 2017-04-20			
55.		adolescen* or teen* or youth*:ti,ab,kw (Word variations have been searched)	114409
56.		46 OR 47 OR 55	114409
57.		40 AND 56 Publication Year from 2014-	1525 CENTRAL 1478
Uppdatering 2017-12-04			
		40 AND 56 Publication Year from 2016-	806 CDSR 22

Bilaga: Metodbeskrivning

*)

MeSH = Medical subject headings (fastställda ämnesord i Medline/PubMed, som även används i Cochrane library)

Explode = Termen söks inklusive de mer specifika termerna som finns underordnade

This term only = Endast den termen söks, de mer specifika, underordnade termerna utesluts

Qualifier = aspekt av ämnet

FT/TI, AB, KW = Fritextterm/er – sökning i fälten för titel, abstract, keywords

**)

CDSR = The Cochrane Database of Systematic Reviews

DARE = Database of Abstracts of Reviews of Effects

HTA = Health Technology Assessment Database